

SIAB TRACK & FIELD RESULTS (BOYS)

1961	S	100y	1	Roger Hallett	Scotland		9.7s
1961	S	100y	2	James Barry	England	Leicestershire	9.8s
1961	S	100y	3	K. Batstone	Wales		9.9s
1961	S	220y	1	John Mason	England	Warwickshire	22.8s
1961	S	220y	2	Roger Impett	England	Warwickshire	22.9s
1961	S	220y	3	M. Jones	Wales		23.3s
1961	S	440y	1	Roderic Smith	England	Gloucestershire	49.8s
1961	S	440y	2	Leonard Ross	Scotland		50.1s
1961	S	440y	3	Allan Skirving	Wales		50.1s
1961	S	880y	1	Robert S. Izon	England	Warwickshire	1m 54.6s
1961	S	880y	2	Jack Palmer	England	Yorkshire	1m 55.3s
1961	S	880y	3	C. Lewis	Wales		1m 57.1s
1961	S	1M	1	W. Hugh Barrow	Scotland		4m 21.0s
1961	S	1M	2	David Wilkinson	England	Lancashire	4m 21.1s
1961	S	1M	3	Mark Gillespie	England	Cheshire	4m 21.2s
1961	S	120yH	1	Stuart E. Storey	England	Lincolnshire	14.9s
1961	S	120yH	2	Andrew Leach	Scotland		15.0s
1961	S	120yH	3	Paul Booth	England	Essex	15.0s
1961	S	200yH	1	Clive Webb	England	Hampshire	22.9s
1961	S	200yH	2	Andrew Leach	Scotland		22.9s
1961	S	200yH	3	Alexander C. Robertson	Scotland		23.0s
1961	S	4 x 110y	1	England			43.4s
1961	S	4 x 110y	2	Wales			43.6s
1961	S	4 x 110y	3	Scotland			44.6s
1961	S	HJ	1	Trevor Gratton	England	Derbyshire	6' 0"
1961	S	HJ	2	Peter Gates	England	Surrey	5' 10"
1961	S	HJ	3	P.G. Williams	Wales		5' 10"
1961	S	PV	1	Martin Higdon	England	Middlesex	11' 6"
1961	S	PV	2	John Verity	England	Yorkshire	11' 6"
1961	S	PV	3	John Evans	Wales		11' 6"
1961	S	LJ	1	Neil Humphries	England	Lancashire	23' 3½"
1961	S	LJ	2	Lynn Davies	Wales		23' 0¼"
1961	S	LJ	3	Geoff Beales	England	Sussex	22' 7¾"
1961	S	TJ	1	John Simpson	England	Essex	47' 7½"
1961	S	TJ	2	N.P.O. Green	Wales		47' 7"
1961	S	TJ	3	Lynn Davies	Wales		47' 4"
1961	S	SP	1	Alan Carter	England	Gloucestershire	57' 4¾"
1961	S	SP	2	Alan Lowe	England	Yorkshire	55' 0¼"
1961	S	SP	3	Alexander 'Sandy' Sutherland	Scotland		53' 6½"
1961	S	DT	1	Reginald Reid	England	Kent	173' 9½"
1961	S	DT	2	Peter Nimmo	England	Middlesex	162' 0"
1961	S	DT	3	Alexander 'Sandy' Sutherland	Scotland		157' 1"
1961	S	HT	1	Peter Gibbs	England	Middlesex	178' 7½"
1961	S	HT	2	Laurence M. Bryce	Scotland		162' 1½"
1961	S	HT	3	Robert Smitham	England	Bedfordshire	146' 2½"
1961	S	JT	1	John Greasley	England	Hertfordshire	224' 9½"
1961	S	JT	2	John Gibbs	England	Norfolk	196' 9"
1961	S	JT	3	D. Tristram	Wales		185' 1"
1962	S	100y	1	Bob Frith	England	Middlesex	10.4s
1962	S	100y	2	J. Arrowsmith	Wales		10.5s
1962	S	100y	3	P. Hearne	Wales		10.6s
1962	S	220y	1	Andy Ronay	England	Middlesex	22.5s
1962	S	220y	2	Alan Skirving	Wales		22.7s
1962	S	220y	3	James Gribben	Scotland		23.0s
1962	S	440y	1	Alan Skirving	Wales		49.5s
1962	S	440y	2	James Stewart	Scotland		50.3s

1962	S	440y	3	Michael Hauck	England	Middlesex	50.5s
1962	S	880y	1	Peter Butlin	England	Lancashire	1m 55.2s
1962	S	880y	2	Michael Green	England	Essex	1m 56.9s
1962	S	880y	3	C. Lewis	Wales		1m 57.4s
1962	S	1M	1	W. Hugh Barrow	Scotland		4m 14.6s
1962	S	1M	2	Eric Haslam	England	Lancashire	4m 18.8s
1962	S	1M	3	P. Hatcher	England	Essex	4m 20.8s
1962	S	120yH	1	Rodney Morrod	England	Yorkshire	15.2s
1962	S	120yH	2	Roy Sleigh	England	Devon	15.7s
1962	S	120yH	3	Anthony Hogarth	Scotland		15.7s
1962	S	200yH	1	Clive Webb	England	Hampshire	22.8s
1962	S	200yH	2	Andrew Leach	Scotland		23.4s
1962	S	200yH	3	Michael Beever	England	Hertfordshire	23.9s
1962	S	4 x 110y	1	England			43.2s
1962	S	4 x 110y	2	Scotland			43.5s
1962	S	4 x 110y	3	Wales			dq
1962	S	SP	1	Alan Carter	England	Gloucestershire	60' 9¼"
1962	S	SP	2	Barry King	England	Middlesex	57' 3"
1962	S	SP	3	Douglas Edmunds	Scotland		51' 9"
1962	S	DT	1	Dennis Roscoe	England	Cheshire	169' 2½"
1962	S	DT	2	John Hillier	England	London	147' 1"
1962	S	DT	3	Denis Day	Wales		145' 4"
1962	S	HJ	1	Mike Campbell	England	Hertfordshire	6' 4"
1962	S	HJ	2	Mike Selby	England	London	5' 10"
1962	S	HJ	3	Andrew Murray	Scotland		5' 9"
1962	S	PV	1	Martin Higdon	England	Middlesex	13' 4"
1962	S	PV	2	Norman Foster	Scotland		13' 0"
1962	S	PV	3	L. Jones	Wales		11' 6"
1962	S	LJ	1	Geoff Beales	England	Sussex	22' 0"
1962	S	LJ	2	John Fryatt	England	Durham	21' 3½"
1962	S	LJ	3	Gordon Muir	Scotland		20' 11½"
1962	S	TJ	1	Gwyn Jones	Wales		44' 6¾"
1962	S	TJ	2	John Myers	England	Essex	44' 5¼"
1962	S	TJ	3	David Macbeth	England	Buckinghamshire	44' 0½"
1962	S	HT	1	Peter Aston	England	Essex	182' 8"
1962	S	HT	2	Jeffrey Stamatakis	England	Leicestershire	147' 1"
1962	S	HT	3	Hugh Cameron	Scotland		144' 2"
1962	S	JT	1	William Peet	England	Essex	208' 0"
1962	S	JT	2	Victor Mitchell	Scotland		204' 11"
1962	S	JT	3	Stuart Hill	Scotland		198' 7½"
1963	S	100y	1	Bob Frith	England	Middlesex	10.2s
1963	S	100y	2	James Gribben	Scotland		10.4s
1963	S	100y	3	Nicholas Noton	England	Leicestershire	10.4s
1963	S	220y	1	Andy Ronay	England	Middlesex	22.4s
1963	S	220y	2	James Gribben	Scotland		22.4s
1963	S	220y	3	Robin Jolliffe	England	Northamptonshire	22.7s
1963	S	440y	1	Mike Hauck	England	Middlesex	48.7s
1963	S	440y	2	James Grant	Scotland		49.9s
1963	S	440y	3	D. Bevan	Wales		50.3s
1963	S	880y	1	Peter Abell	England	Lancashire	1m 53.5s
1963	S	880y	2	Timothy Taylor	England	Somerset	1m 55.6s
1963	S	880y	3	David Henry	Scotland		1m 56.8s
1963	S	1M	1	Philip Richards	England	Yorkshire	4m 17.4s
1963	S	1M	2	Graeme Grant	Scotland		4m 21.1s
1963	S	1M	3	Chris Looseley	Wales		4m 22.3s
1963	S	120yH	1	Howard Rooks	Wales		15.4s
1963	S	120yH	2	Paul Sweet	England	Essex	15.5s
1963	S	120yH	3	R. Megrn	N. Ireland		16.1s
1963	S	200yH	1	Keri Jones	Wales		23.2s

1963	S	200yH	2	Gilroy Borthwick	Scotland		23.2s
1963	S	200yH	3	R. Hodel	Scotland		23.5s
1963	S	1500mST	1	Mike Dixon	England	Hertfordshire	4m 21.4s
1963	S	1500mST	2	J. Chesher	England	Essex	4m 27.2s
1963	S	1500mST	3	T. James	Wales		4m 35.2s
1963	S	4 x 110y	1	England			42.9s
1963	S	4 x 110y	2	Scotland			43.6s
1963	S	4 x 110y	3	Wales			44.5s
1963	S	HJ	1	Alan Robertson	England	Lancashire	6' 4½"
1963	S	HJ	2	William C. Ross	N. Ireland		5' 9"
1963	S	HJ	3	Alan Porter	England	Durham	5' 9"
1963	S	PV	1	Norrie Foster	Scotland		13' 4½"
1963	S	PV	2	John Dickinson	England	Yorkshire	12' 6"
1963	S	PV	3	L. Jones	Wales		12' 1"
1963	S	LJ	1	David Gaskin	England	Lancashire	21' 8"
1963	S	LJ	2	W. Jones	Wales		20' 11½"
1963	S	LJ	3	Hamish C. Robertson	Scotland		20' 10½"
1963	S	TJ	1	Malcolm McDonald	England	Northumberland	46' 11"
1963	S	TJ	2	John Myers	England	Essex	46' 8½"
1963	S	TJ	3	Graham Webb	Wales		45' 7"
1963	S	SP	1	Barry King	England	Middlesex	57' 6½"
1963	S	SP	2	Cornelius Ellerbrook	England	Norfolk	55' 6½"
1963	S	SP	3	Loarn Robertson	Scotland		45' 6"
1963	S	DT	1	Brian Gillo	England	Berkshire	180' 4"
1963	S	DT	2	John Hillier	England	London	161' 10½"
1963	S	DT	3	P. Griffiths	Wales		141' 5"
1963	S	HT	1	Peter Aston	England	Essex	195' 3½"
1963	S	HT	2	Christopher Melliush	England	Surrey	177' 1"
1963	S	HT	3	Hugh Cameron	Scotland		166' 7"
1963	S	JT	1	Dave Travis	England	Middlesex	190' 10½"
1963	S	JT	2	D. Lewis	Wales		182' 0"
1963	S	JT	3	Tony Edwards	England	Kent	179' 0"
1964	S	100y	1	James Gribben	Scotland		9.8s
1964	S	100y	2	Jim Kilpatrick	N. Ireland		9.9s
1964	S	100y	3	Michael Gray	England	Wiltshire	10.0s
1964	S	220y	1	Richard Simonsen	England	Hampshire	21.9s
1964	S	220y	2	James Gribben	Scotland		22.2s
1964	S	220y	3	Nigel Rice	England	Buckinghamshire	22.2s
1964	S	440y	1	Neil Palmer	England	Northamptonshire	49.5s
1964	S	440y	2	T. Humberstone	Wales		49.9s
1964	S	440y	3	D. Bevan	Wales		50.1s
1964	S	880y	1	Dave Cropper	England	Nottinghamshire	1m 54.2s
1964	S	880y	2	Peter Butlin	England	Lancashire	1m 54.4s
1964	S	880y	3	David Henry	Scotland		1m 55.7s
1964	S	1M	1	Mike Tagg	England	Norfolk	4m 16.3s
1964	S	1M	2	Chris Stewart	England	Somerset	4m 16.3s
1964	S	1M	3	Joseph Reilly	Scotland		4m 23.7s
1964	S	120yH	1	William Day	England	Lancashire	15.0s
1964	S	120yH	2	John Kinahan	England	Buckinghamshire	15.1s
1964	S	120yH	3	Hugh Baillie	Scotland		15.6s
1964	S	200yH	1	John Lewis	Wales		22.8s
1964	S	200yH	2	Hamish C. Robertson	Scotland		22.9s
1964	S	200yH	3	John Day	England	Nottinghamshire	23.0s
1964	S	1500mST	1	John Caine	England	Durham	4m 21.9s
1964	S	1500mST	2	J.R. Alistair Blamire	Scotland		4m 24.4s
1964	S	1500mST	3	Roderick Campbell	Scotland		4m 29.4s
1964	S	4 x 110y	1	England			43.3s
1964	S	4 x 110y	2	Wales			43.5s
1964	S	4 x 110y	3	N. Ireland			44.0s

1964	S	HJ	1	Alan Murrell	England	Essex	6' 2"
1964	S	HJ	2	John Gayford	England	Dorset	6' 0"
1964	S	HJ	3	David McIntosh	Scotland		5' 9"
1964	S	PV	1	Mike Bull	N. Ireland		13' 1"
1964	S	PV	2	John Dickinson	England	Yorkshire	12' 6"
1964	S	PV	3	Jeremy Marlow	England	Warwickshire	12' 0"
1964	S	LJ	1	Terence Harry	Wales		22' 5"
1964	S	LJ	2	G. Laycock	Wales		21' 9¼"
1964	S	LJ	3	Kendrick Jackson	England	Staffordshire	21' 7¾"
1964	S	TJ	1	Peter Drew	England	Warwickshire	48' 2½"
1964	S	TJ	2	John Vernon	England	Nottinghamshire	48' 1½"
1964	S	TJ	3	Hamish Robertson	Scotland		47' 11"
1964	S	SP	1	Christopher Cogswell	England	Surrey	52' 11¾"
1964	S	SP	2	George Willett	England	Cambridgeshire	51' 7¾"
1964	S	SP	3	Loarn Robertson	Scotland		48' 9½"
1964	S	DT	1	Brian Gillo	England	Berkshire	168' 6"
1964	S	DT	2	John Brunner	England	Dorset	158' 0"
1964	S	DT	3	Alex Black	Scotland		152' 9¾"
1964	S	HT	1	Bruce Fraser	England	Northumberland	184' 0½"
1964	S	HT	2	Anthony Swain	England	Suffolk	162' 5½"
1964	S	HT	3	R. Beard	Wales		151' 7"
1964	S	JT	1	Dave Travis	England	Middlesex	213' 3½"
1964	S	JT	2	Tony Edwards	England	Kent	186' 3"
1964	S	JT	3	Alan Heath	Scotland		183' 2½"
1965	S	100y	1	Anthony Oke	England	Surrey	10.0s
1965	S	100y	2	James Vivian	England	Surrey	10.0s
1965	S	100y	3	Douglas Bruce	Scotland		10.2s
1965	S	220y	1	Brian Simms	England	Yorkshire	22.1s
1965	S	220y	2	Christopher Mossop	England	Cumberland	22.2s
1965	S	220y	3	Michael Forrest	N. Ireland		23.02.1s
1965	S	440y	1	Martin Winbolt Lewis	England	Wiltshire	48.7s
1965	S	440y	2	Richard Green	England	Warwickshire	49.4s
1965	S	440y	3	Lindsay Galloway	Scotland		50.6s
1965	S	880y	1	Billett Potter	England	Bedfordshire	1m 55.8s
1965	S	880y	2	David Wilcox	England	Nottinghamshire	1m 56.4s
1965	S	880y	3	W. Shearn	Wales		1m 56.4s
1965	S	1M	1	Chris Stewart	England	Somerset	4m 21.4s
1965	S	1M	2	Mike Tagg	England	Norfolk	4m 21.4s
1965	S	1M	3	Jack Macfie	Scotland		4m 23.7s
1965	S	120yH	1	Andy Todd	England	Sussex	14.5s
1965	S	120yH	2	John Lewis	Wales		14.6s
1965	S	120yH	3	John Kinahan	England	Buckinghamshire	15.0s
1965	S	200yH	1	John Lewis	Wales		22.6s
1965	S	200yH	2	Mervyn Boast	England	Norfolk	23.1s
1965	S	200yH	3	John Day	England	Nottinghamshire	23.2s
1965	S	1500mST	1	Barry Davies	England	Lancashire	4m 24.0s
1965	S	1500mST	2	Douglas Gillon	Scotland		4m 24.2s
1965	S	1500mST	3	James Mackay	Scotland		4m 33.8s
1965	S	4 x 110y	1	England			43.0s
1965	S	4 x 110y	2	N. Ireland			43.5s
1965	S	4 x 110y	3	Wales			43.8s
1965	S	HJ	1	Martin Brockie	England	Derbyshire	6' 0"
1965	S	HJ	2	Lindsay Stewart	N. Ireland		5' 10"
1965	S	HJ	3	Michael Evans	England	Northumberland	5' 8"
1965	S	PV	1	Roger Constantine	England	Staffordshire	11' 6"
1965	S	PV	2	Leslie Johnson	England	Durham	11' 6"
1965	S	PV	3	A. Hodges	Wales		10' 6"
1965	S	LJ	1	Alan Lowndes	England	Yorkshire	23' 1¼"
1965	S	LJ	2	Hamish Robertson	Scotland		22' 4¼"

1965	S	LJ	3	A. Lowe	Wales		21' 9"
1965	S	TJ	1	Hamish Robertson	Scotland		46' 9"
1965	S	TJ	2	Lindsay Stewart	N. Ireland		45' 11"
1965	S	TJ	3	N. Morgan	Wales		44' 1"
1965	S	SP	1	Christopher Cogswell	England	Surrey	54' 10½"
1965	S	SP	2	Ian Mowat	N. Ireland		53' 10½"
1965	S	SP	3	Alexander Vymeris	England	Yorkshire	53' 10"
1965	S	DT	1	Andy Drzewiecki	England	Staffordshire	166' 10½"
1965	S	DT	2	Nicholas Martin	England	Cambridgeshire	165' 4"
1965	S	DT	3	T. Beney	Scotland		129' 11½"
1965	S	HT	1	Anthony Swain	England	Suffolk	178' 1"
1965	S	HT	2	Barry Williams	England	Cheshire	177' 8"
1965	S	HT	3	Alexander Cameron	Scotland		133' 5"
1965	S	JT	1	Dick Perkins	England	Nottinghamshire	211' 6"
1965	S	JT	2	Kenneth Holmes	England	Herefordshire	192' 10½"
1965	S	JT	3	D. Powell	Wales		176' 9½"
1966	S	100y	1	David Wood	England	Durham	10.1s
1966	S	100y	2	J.J. Williams	Wales		10.1s
1966	S	100y	3	Alan Jones	England	Staffordshire	10.2s
1966	S	220y	1	Ralph Banthorpe	England	Staffordshire	22.3s
1966	S	220y	2	John Harrison	England	Cheshire	22.4s
1966	S	220y	3	James Craig	Scotland		22.8s
1966	S	440y	1	John Wilson	England	London	48.7s
1966	S	440y	2	Jan Luitz	England	Surrey	49.6s
1966	S	440y	3	Lindsay Galloway	Scotland		50.4s
1966	S	880y	1	John Davies	England	Cheshire	1m 55.1s
1966	S	880y	2	Bob Steele	England	Warwickshire	1m 56.6s
1966	S	880y	3	Andrew Gillespie	Scotland		1m 57.6s
1966	S	1M	1	John Rix	England	Surrey	4m 13.1s
1966	S	1M	2	Andrew Herrity	England	Warwickshire	4m 20.3s
1966	S	1M	3	Alec McNab	Wales		4m 21.5s
1966	S	120yH	1	Alan Pascoe	England	Hampshire	15.1s
1966	S	120yH	2	John Perry	N. Ireland		15.3s
1966	S	120yH	3	Alun James	Wales		15.4s
1966	S	200yH	1	Graham Gower	England	Kent	22.7s
1966	S	200yH	2	Gareth Edwards	England	Somerset	22.9s
1966	S	200yH	3	Douglas Bruce	Scotland		23.1s
1966	S	2000mST	1	Steve Hollings	England	Yorkshire	5m 58.5s
1966	S	2000mST	2	R. Evans	Wales		6m 13.4s
1966	S	2000mST	3	Malcolm Edger	N. Ireland		6m 18.2s
1966	S	4 x 110y	1	Scotland			43.0s
1966	S	4 x 110y	2	England			43.0s
1966	S	4 x 110y	3	N. Ireland			43.7s
1966	S	HJ	1	Peter Lance	Wales		6' 0"
1966	S	HJ	2	Phil Taylor	England	Cheshire	6' 0"
1966	S	HJ	3	Robert McKibben	N. Ireland		5' 10"
1966	S	PV	1	Gordon Rule	Scotland		12' 6"
1966	S	PV	2	Peter Rooke	England	Staffordshire	12' 0"
1966	S	PV	3	Crispin Heath	Scotland		11' 6"
1966	S	LJ	1	John Elias	Wales		22' 6"
1966	S	LJ	2	Gregory Maddocks	England	Hampshire	22' 5½"
1966	S	LJ	3	S. Williams	Wales		22' 4½"
1966	S	TJ	1	Anthony Shoebridge	England	Berkshire	46' 8"
1966	S	TJ	2	J. Davies	Wales		45' 9¾"
1966	S	TJ	3	Robert Drummond	Scotland		45' 9"
1966	S	SP	1	Mike Winch	England	Sussex	53' 10"
1966	S	SP	2	James Jamieson	Scotland		49' 1½"
1966	S	SP	3	Alan Martin	Wales		48' 5½"
1966	S	DT	1	Mike Winch	England	Sussex	165' 8"

1966	S	DT	2	Robert Boyd	England	Huntingdonshire	163' 3"
1966	S	DT	3	C. Clark	Scotland		137' 4"
1966	S	HT	1	Christopher Davison	England	Northumberland	188' 1"
1966	S	HT	2	Alexander Cameron	Scotland		150' 2"
1966	S	HT	3	D. Evans	Wales		145' 3"
1966	S	JT	1	Dick Perkins	England	Nottinghamshire	208' 4"
1966	S	JT	2	Dave Sorrell	England	Essex	193' 9"
1966	S	JT	3	C. Mills	N. Ireland		187' 2"
1967	S	100y	1	J.J. Williams	Wales		10.1s
1967	S	100y	2	Chris Cheetham	England	Hampshire	10.2s
1967	S	100y	3	Peter Wiltshire	England	Warwickshire	10.2s
1967	S	220y	1	J.J. Williams	Wales		21.9s
1967	S	220y	2	D. Thomas	England	Essex	21.9s
1967	S	220y	3	James Craig	Scotland		22.1s
1967	S	440y	1	John Wilson	England	London	49.3s
1967	S	440y	2	John Sayers	N. Ireland		49.5s
1967	S	440y	3	Trevor Rodwell	England	Gloucestershire	49.9s
1967	S	880y	1	David Burden	England	Somerset	1m 55.4s
1967	S	880y	2	Vincent James	Wales		1m 55.9s
1967	S	880y	3	Alan Gibson	Scotland		1m 57.4s
1967	S	1M	1	Norman Morrison	England	Surrey	4m 14.0s
1967	S	1M	2	A. McNab	Wales		4m 19.1s
1967	S	1M	3	J. Powell	Wales		4m 21.2s
1967	S	120yH	1	Alan Davis	England	Devon	14.8s
1967	S	120yH	2	Alun James	Wales		15.0s
1967	S	120yH	3	Charles (CJ) Kirkpatrick	N. Ireland		15.7s
1967	S	200yH	1	Alun James	Wales		23.1s
1967	S	200yH	2	Colin Sergeant	England	Kent	23.2s
1967	S	200yH	3	Ian Ray	England	Norfolk	23.2s
1967	S	2000mST	1	Ian Forster	England	Durham	5m 57.2s
1967	S	2000mST	2	Keith Falla	England	Hampshire	6m 00.4s
1967	S	2000mST	3	Cyril Pennington	N. Ireland		6m 12.4s
1967	S	4 x 110y	1	England			43.1s
1967	S	4 x 110y	2	Wales			43.8s
1967	S	4 x 110y	3	Scotland			44.0s
1967	S	HJ	1	Peter Lance	Wales		6' 3"
1967	S	HJ	2	Robert Taylor	England	Kent	6' 2"
1967	S	HJ	3	S. Gough	Scotland		5' 10"
1967	S	PV	1	Gordon Rule	Scotland		13' 1"
1967	S	PV	2	John Faircloth	England	Kent	11' 0"
1967	S	PV	3	R. Williams	Wales		10' 0"
1967	S	LJ	1	John Williams	England	Cheshire	23' 0"
1967	S	LJ	2	John Elias	Wales		22' 9½"
1967	S	LJ	3	Anthony Shoebridge	England	Berkshire	22' 7½"
1967	S	TJ	1	Anthony Shoebridge	England	Berkshire	45' 10½"
1967	S	TJ	2	Kevin Nicholls	N. Ireland		45' 2½"
1967	S	TJ	3	J. Davies	Wales		44' 11"
1967	S	SP	1	Kazimierz Kicinski	England	Buckinghamshire	54' 8"
1967	S	SP	2	Andy Drzewiecki	England	Staffordshire	52' 10½"
1967	S	SP	3	Alan Martin	Wales		50' 0¾"
1967	S	DT	1	Andy Drzewiecki	England	Staffordshire	182' 2"
1967	S	DT	2	Kazimierz Kicinski	England	Buckinghamshire	145' 4½"
1967	S	DT	3	Robin Tolbert	Scotland		144' 9½"
1967	S	HT	1	Paul Dickenson	England	Northumberland	196' 11½"
1967	S	HT	2	Alan Martin	Wales		150' 1"
1967	S	HT	3	J. Lang	Scotland		126' 3½"
1967	S	JT	1	Adrian Diffey	England	Sussex	200' 3½"
1967	S	JT	2	Robert McFarland	N. Ireland		186' 2"
1967	S	JT	3	D. Kemp	Wales		175' 11"

1968	S	100y	1	Ford Dennis	England	Somerset	10.0s
1968	S	100y	2	John Bagley	England	Yorkshire	10.0s
1968	S	100y	3	Adrian Thomas	Wales		10.1s
1968	S	220y	1	John Harrison	England	Cheshire	21.9s
1968	S	220y	2	Trevor Rodwell	England	Gloucestershire	22.3s
1968	S	220y	3	Ciaran Coakley	Ireland		22.5s
1968	S	440y	1	Jonathan English	England	Derbyshire	49.1s
1968	S	440y	2	David Jenkins	Scotland		49.4s
1968	S	440y	3	J.B. Morrison	Scotland		49.4s
1968	S	880y	1	Alan Sutton	England	London	1m 56.7s
1968	S	880y	2	John Cherry	Scotland		1m 57.0s
1968	S	880y	3	Barry Hennebry	Ireland		1m 57.2s
1968	S	1M	1	Paul Dennis	England	Norfolk	4m 15.4s
1968	S	1M	2	David Wright	England	Northumberland	4m 16.1s
1968	S	1M	3	F. Thomas	Wales		4m 18.6s
1968	S	120yH	1	Steve Black	England	Essex	14.5s
1968	S	120yH	2	Charles (CJ) Kirkpatrick	Ireland		14.6s
1968	S	120yH	3	Philip Aylward	England	Lancashire	14.7s
1968	S	3M	1	John King	England	Warwickshire	14m 12s
1968	S	3M	2	Eddie Leddy	Ireland		14m 19s
1968	S	3M	3	John Boggis	England	Leicestershire	15m 1s
1968	S	2000mST	1	Colin Taylor	England	Yorkshire	5m 53.2s
1968	S	2000mST	2	Ian Barnard	England	Nottinghamshire	5m 55.0s
1968	S	2000mST	3	J. Brian Morrison	Scotland		6m 07.4s
1968	S	4 x 110y	1	England			42.9s
1968	S	4 x 110y	2	Scotland			43.7s
1968	S	4 x 110y	3	Wales			43.8s
1968	S	HJ	1	Roger Stennett	Wales		6' 0"
1968	S	HJ	2	Robert Taylor	England	Kent	6' 0"
1968	S	HJ	3	Douglas Guild	Scotland		5' 11"
1968	S	LJ	1	Geoff Hignett	England	Lancashire	22' 9¼"
1968	S	LJ	2	David Kidner	England	Middlesex	22' 1½"
1968	S	LJ	3	Ray Hamill	Wales		21' 10½"
1968	S	PV	1	John Faircloth	England	Kent	14' 0"
1968	S	PV	2	John Fenge	England	London	12' 6"
1968	S	PV	3	Ian Sillers-Jones	Wales		11' 9"
1968	S	TJ	1	John Magee	Ireland		46' 3"
1968	S	TJ	2	Kevin Nicholls	Ireland		46' 0¾"
1968	S	TJ	3	Eri Njoku	England	Cambridgeshire	45' 7"
1968	S	SP	1	Martin Lockley	England	Berkshire	55' 5"
1968	S	SP	2	Mark Churchward	England	Surrey	52' 8"
1968	S	SP	3	Pat Hartigan	Ireland		47' 2½"
1968	S	DT	1	Antony Gummerson	England	Yorkshire	155' 9"
1968	S	DT	2	Anthony Newton	England	Hampshire	149' 11"
1968	S	DT	3	J. Davies	Wales		137' 6"
1968	S	HT	1	Paul Dickenson	England	Northumberland	200' 5"
1968	S	HT	2	Jan Skrybant	England	Warwickshire	191' 0"
1968	S	HT	3	Thomas Campbell	Scotland		162' 5"
1968	S	JT	1	Adrian Diffey	England	Sussex	218' 5"
1968	S	JT	2	Anthony Harper	England	Hampshire	196' 1"
1968	S	JT	3	M. Gange	Wales		181' 0"
1969	S	100m	1	Paul Pinnington	England	Middlesex	11.2s
1969	S	100m	2	E. Thomas	Wales		11.5s
1969	S	100m	3	D.J. Abbot	Scotland		11.5s
1969	S	200m	1	Howard Bolton	England	Lancashire	22.7s
1969	S	200m	2	John Cardwell	Scotland		32.1s
1969	S	200m	3	Joe Chivers	Ireland		23.2s
1969	S	400m	1	David Jenkins	Scotland		50.0s

1969	S	400m	2	Peter Beavan	England	Lancashire	50.3s
1969	S	400m	3	Edward Coffey	England	Essex	50.3s
1969	S	800m	1	Martin Mills	England	Warwickshire	1m 54.8s
1969	S	800m	2	John Cherry	Scotland		1m 57.1s
1969	S	800m	3	Ian Scales	Scotland		1m 57.6s
1969	S	1500m	1	Richard Hollings	England	Yorkshire	3m 51.5s
1969	S	1500m	2	Tom Gregan	Ireland		3m 52.7s
1969	S	1500m	3	Ray Smedley	England	Warwickshire	3m 54.4s
1969	S	5000m	1	Eddie Leddy	Ireland		15m 07.0s
1969	S	5000m	2	Jim Kendrick	England	Warwickshire	15m 17.6s
1969	S	5000m	3	Philip Walker	England	Staffordshire	15m 47.4s
1969	S	110mH	1	Nick Winter	England	Cheshire	15.0s
1969	S	110mH	2	Alexander W. Robertson	Scotland		15.4s
1969	S	110mH	3	B. Price	Wales		15.4s
1969	S	400mH	1	John Allen	England	Berkshire	57.6s
1969	S	400mH	2	B. Williams	Wales		58.0s
1969	S	400mH	3	George Morton	Ireland		58.1s
1969	S	2000mST	1	John Wheway	England	Warwickshire	6m 17.0s
1969	S	2000mST	2	Steve Mitchell	England	Surrey	6m 17.0s
1969	S	2000mST	3	John Allen	Ireland		6m 20.0s
1969	S	4 x 100m	1	England			43.0s
1969	S	4 x 100m	2	Scotland			43.0s
1969	S	4 x 100m	3	Ireland			43.3s
1969	S	HJ	1	David Wilson	Scotland		1.86m
1969	S	HJ	2	Martin Norval	Scotland		1.83m
1969	S	HJ	3	Christopher Alexander	England	London	1.83m
1969	S	PV	1	Stuart Tufton	England	Essex	4.19m
1969	S	PV	2	Steve Chappell	England	Buckinghamshire	4.03m
1969	S	PV	3	David Booth	Ireland		3.73m
1969	S	LJ	1	Andrew Dougall	Scotland		6.62m
1969	S	LJ	2	Ray Hamill	Wales		6.40m
1969	S	LJ	3	Aidan Hayes	Ireland		6.18m
1969	S	TJ	1	Brian Hull	England	Sussex	14.87m
1969	S	TJ	2	Darrell Bunn	England	Lincolnshire	14.10m
1969	S	TJ	3	Andrew Dougall	Scotland		13.42m
1969	S	SP	1	Harry Bosworth	England	Warwickshire	16.38m
1969	S	SP	2	Jon Wood	England	Devon	16.28m
1969	S	SP	3	Martin O'Carroll	Ireland		13.83m
1969	S	DT	1	Martin MacAuley	Scotland		46.06m
1969	S	DT	2	John McGowan	Scotland		44.36m
1969	S	DT	3	Ian Chipchase	England	Northumberland	44.24m
1969	S	HT	1	Ian Chipchase	England	Northumberland	56.34m
1969	S	HT	2	Thomas Campbell	Scotland		53.38m
1969	S	HT	3	Terry Gent	Ireland		50.80m
1969	S	JT	1	Adrian Diffey	England	Sussex	66.48m
1969	S	JT	2	Anthony Harper	England	Somerset	59.62m
1969	S	JT	3	John Roberts	Wales		59.22m
1970	S	100m	1	Chris Monk	England	Leicestershire	10.8s
1970	S	100m	2	Tony Flannery	Ireland		10.9s
1970	S	100m	3	Ian Carmichael	Scotland		11.2s
1970	S	200m	1	Chris Monk	England	Leicestershire	22.0s
1970	S	200m	2	MacDonald Blackman	England	Essex	22.6s
1970	S	200m	3	Michael Kelly	Ireland		22.7s
1970	S	400m	1	Peter Beaven	England	Lancashire	48.7s
1970	S	400m	2	MacDonald Blackman	England	Essex	49.5s
1970	S	400m	3	Denis O'Connell	Ireland		49.5s
1970	S	800m	1	Martin Mills	England	Warwickshire	1m 52.4s
1970	S	800m	2	David McMeekin	Scotland		1m 53.1s
1970	S	800m	3	Ian Graham	England	Bedfordshire	1m 54.9s

1970	S	1500m	1	Tom Gregan	Ireland		3m 51.2s
1970	S	1500m	2	Ray Smedley	England	Warwickshire	3m 55.5s
1970	S	1500m	3	Frank Clement	Scotland		3m 56.9s
1970	S	5000m	1	Julian Goater	England	Hertfordshire	14m 35.6s
1970	S	5000m	2	Eddie Leddy	Ireland		14m 44.0s
1970	S	5000m	3	John Wheway	England	Warwickshire	14m 48.2s
1970	S	110mH	1	Peter Kelly	England	Staffordshire	14.7s
1970	S	110mH	2	Alexander W. Robertson	Scotland		14.9s
1970	S	110mH	3	Brian Hanna	Ireland		15.2s
1970	S	400mH	1	Paul Young	England	Middlesex	54.8s
1970	S	400mH	2	Peter Kelly	England	Staffordshire	55.0s
1970	S	400mH	3	George Knipe	Ireland		56.9s
1970	S	2000mST	1	John Wheway	England	Warwickshire	6m 08.0s
1970	S	2000mST	2	Martin Jones	England	Warwickshire	6m 08.0s
1970	S	2000mST	3	Neil Cusack	Ireland		6m 12.6s
1970	S	4 x 100m	1	England			42.2s
1970	S	4 x 100m	2	Scotland			42.8s
1970	S	4 x 100m	3	Ireland			42.8s
1970	S	HJ	1	Chris Youngs	England	Sussex	1.85m
1970	S	HJ	2	Brynmor Williams	Wales		1.75m
1970	S	HJ	3	David Holmes	Scotland		1.75m
1970	S	PV	1	Brian Hooper	England	Surrey	3.88m
1970	S	PV	2	Michael Kennedy	Ireland		3.43m
1970	S	PV	3	John Young	Scotland		3.35m
1970	S	LJ	1	Paul Pinnington	England	Middlesex	6.64m
1970	S	LJ	2	Brian Hanna	Ireland		6.61m
1970	S	LJ	3	Alexander W. Robertson	Scotland		6.56m
1970	S	TJ	1	Rodney Heward-Mills	England	Somerset	13.95m
1970	S	TJ	2	Alexander W. Robertson	Scotland		13.59m
1970	S	TJ	3	E. McIntyre	Scotland		13.00m
1970	S	SP	1	Jon Wood	England	Devon	18.07m
1970	S	SP	2	John Corbett	England	Lancashire	17.98m
1970	S	SP	3	Tom Glynn	Ireland		14.85m
1970	S	DT	1	Guy Dirkin	England	Cheshire	54.36m
1970	S	DT	2	Colin Watson	Scotland		45.84m
1970	S	DT	3	Neil Sandilands	Scotland		44.50m
1970	S	HT	1	Ian Chipchase	England	Northumberland	66.00m
1970	S	HT	2	Thomas Campbell	Scotland		58.18m
1970	S	HT	3	Peter Hay	Ireland		49.98m
1970	S	JT	1	Anthony Harper	England	Somerset	61.64m
1970	S	JT	2	John Roberts	Wales		57.85m
1970	S	JT	3	Peter Blyth	Scotland		53.82m
1971	S	100m	1	Bob Munns	England	Northamptonshire	11.2s
1971	S	100m	2	Andrew Hyde	England	London	11.3s
1971	S	100m	3	Michael Kelly	Ireland		11.3s
1971	S	200m	1	Tony Hadley	England	Warwickshire	22.3s
1971	S	200m	2	Campbell Paterson	Scotland		22.3s
1971	S	200m	3	Tony Gershuny	England	Hertfordshire	22.3s
1971	S	400m	1	Peter Beaven	England	Lancashire	48.0s
1971	S	400m	2	Michael Lewis	Wales		49.6s
1971	S	400m	3	Richard Davenport	Scotland		49.7s
1971	S	800m	1	David McMeekin	Scotland		1m 51.5s
1971	S	800m	2	Peter Carton	England	London	1m 54.0s
1971	S	800m	3	Gregory Dee	Ireland		1m 54.3s
1971	S	1500m	1	Charlie Spedding	England	Durham	3m 51.3s
1971	S	1500m	2	David Glassborrow	England	Warwickshire	3m 52.0s
1971	S	1500m	3	Gareth Morgan	Wales		3m 56.4s
1971	S	5000m	1	Ron McDonald	Scotland		14m 37.8s
1971	S	5000m	2	John Davies	England	Middlesex	14m 41.4s

1971	S	5000m	3	Eamonn Coghlan	Ireland		14m 54.8s
1971	S	110mH	1	Bob Parker	England	Hampshire	15.0s
1971	S	110mH	2	Brian Hanna	Ireland		15.2s
1971	S	110mH	3	Gus McKenzie	Scotland		15.3
1971	S	400mH	1	Gordon Wood	England	Rutland	54.4s
1971	S	400mH	2	Steve James	England	Northamptonshire	55.2s
1971	S	400mH	3	David Beattie	Ireland		56.8s
1971	S	2000mST	1	Ian Kilpatrick	England	Buckinghamshire	5m 41.8s
1971	S	2000mST	2	James Brown	Scotland		5m 50.0s
1971	S	2000mST	3	Neil Roussell	Wales		6m 05.8s
1971	S	4 x 100m	1	England			42.1s
1971	S	4 x 100m	2	Ireland			42.7s
1971	S	4 x 100m	3	Scotland			42.8s
1971	S	HJ	1	Colin Boreham	England	Hampshire	2.00m
1971	S	HJ	2	Paul Hambley	England	Lancashire	1.84m
1971	S	HJ	3	Graham Barclay	Scotland		1.74m
1971	S	PV	1	Brian Hooper	England	Surrey	4.70m
1971	S	PV	2	John Parkinson	England	Cheshire	4.00m
1971	S	PV	3	Stewart Anderson	Scotland		3.50m
1971	S	LJ	1	Ian Anderson	England	Yorkshire	7.13m
1971	S	LJ	2	Brian Hanna	Ireland		6.65m
1971	S	LJ	3	Kendrick Thomson	Wales		6.58m
1971	S	TJ	1	Rodney Heward-Mills	England	Somerset	14.77m
1971	S	TJ	2	Brendan Curtin	Ireland		13.98m
1971	S	TJ	3	Paul Hambley	England	Lancashire	13.67m
1971	S	SP	1	John Corbett	England	Lancashire	16.57m
1971	S	SP	2	Hamish Davidson	Scotland		14.06m
1971	S	SP	3	Guy Dirkin	England	Cheshire	13.67m
1971	S	DT	1	Guy Dirkin	England	Cheshire	48.20m
1971	S	DT	2	John Turton	England	Berkshire	47.54m
1971	S	DT	3	David Dubois	Ireland		40.90m
1971	S	HT	1	Stan Douglas	England	Durham	52.42m
1971	S	HT	2	M. Lewis	Wales		48.70m
1971	S	HT	3	Joe Byrne	Ireland		41.32m
1971	S	JT	1	Harold Frobisher	England	Yorkshire	65.56m
1971	S	JT	2	Douglas Walker	Scotland		53.32m
1971	S	JT	3	David Lowry	Ireland		51.80m
1972	S	100m	1	Stephen Ware	Wales		10.8s
1972	S	100m	2	Terry Collins	England	Essex	10.9s
1972	S	100m	3	Roger Tuohy	England	Hampshire	11.0s
1972	S	200m	1	Stephen Ware	Wales		21.4s
1972	S	200m	2	Keith Jackson	England	Cumberland	21.5s
1972	S	200m	3	Derry Out	England	Kent	21.9s
1972	S	400m	1	Glen Cohen	England	Staffordshire	49.2s
1972	S	400m	2	Neil Grue	Scotland		50.4s
1972	S	400m	3	Martin Scott	Scotland		51.1s
1972	S	800m	1	Alan Mottershead	England	Cheshire	1m 55.9s
1972	S	800m	2	P. Baker	Wales		1m 57.3s
1972	S	800m	3	Frank Murphy	Ireland		1m 57.5s
1972	S	1500m	1	Michael O'Shea	Ireland		3m 57.2s
1972	S	1500m	2	Graham Side	England	Middlesex	3m 58.2s
1972	S	1500m	3	Jim Thomson	Scotland		4m 03.2s
1972	S	5000m	1	Kevin Steere	England	Norfolk	14m 30.8s
1972	S	5000m	2	Dessie O'Connor	Ireland		14m 49.4s
1972	S	5000m	3	Stephen Lawrence	England	Lancashire	14m 55.8s
1972	S	110mH	1	Gus McKenzie	Scotland		14.4s
1972	S	110mH	2	R. Rees	Wales		14.8s
1972	S	110mH	3	Michael Jackson	England	Buckinghamshire	15.1s
1972	S	400mH	1	Steve James	England	Northamptonshire	54.9s

1972	S	400mH	2	David West	England	Hampshire	54.9s
1972	S	400mH	3	Tim Crowe	Ireland		55.1s
1972	S	2000mST	1	Steve Galloway	England	Hampshire	5m 52.2s
1972	S	2000mST	2	Neil Roussell	Wales		5m 57.0s
1972	S	2000mST	3	Peter Andrews	England	Nottinghamshire	5m 59.0s
1972	S	4 x 100m	1	Wales			42.6s
1972	S	4 x 100m	2	Ireland			42.7s
1972	S	4 x 100m	3	Scotland			43.2s
1972	S	HJ	1	Gus McKenzie	Scotland		2.00m
1972	S	HJ	2	Mike Cummings	Wales		1.92m
1972	S	HJ	3	Garry Vose	England	Surrey	1.92m
1972	S	PV	1	Girish Patel	England	Essex	4.00m
1972	S	PV	2	Islwyn Rees	Wales		3.70m
1972	S	PV	3	Brian Moss	Ireland		3.40m
1972	S	LJ	1	Gus McKenzie	Scotland		7.34m
1972	S	LJ	2	J.D. Rees	Wales		6.95m
1972	S	LJ	3	M. Evans	Wales		6.93m
1972	S	TJ	1	Stefan Nowak	England	Bedfordshire	14.55m
1972	S	TJ	2	David Rees	Wales		14.35m
1972	S	TJ	3	John Tustin	Wales		14.01m
1972	S	SP	1	Maurice Colclough	England	Kent	14.89m
1972	S	SP	2	James Hogg	Scotland		13.67m
1972	S	SP	3	Joe Hughes	Wales		13.52m
1972	S	DT	1	Nick Tabor	England	Hampshire	44.36m
1972	S	DT	2	John Howell	England	Staffordshire	43.82m
1972	S	DT	3	David Dubois	Ireland		40.54m
1972	S	HT	1	Eric Berry	England	Somerset	62.10m
1972	S	HT	2	Joe Byrne	Ireland		44.22m
1972	S	HT	3	Robert Stack	Ireland		44.04m
1972	S	JT	1	Peter De Kremer	England	Dorset	65.58m
1972	S	JT	2	Dave Ottley	England	Essex	60.06m
1972	S	JT	3	John Evans	Scotland		59.00m
1973	S	100m (A)	1	Gerald Moore	England	Yorkshire	11.1s
1973	S	100m (A)	2	Graham Malcolm	Scotland		11.2s
1973	S	100m (A)	3	J. Roberts	Wales		11.2s
1973	S	100m (B)	1	P. Evans	Wales		11.0s
1973	S	100m (B)	2	David Skeath	England	Lancashire	11.1s
1973	S	100m (B)	3	Sean Reidy	Ireland		11.3s
1973	S	200m (A)	1	Graham Malcolm	Scotland		22.2s
1973	S	200m (A)	2	Richard Meredith	England	Shropshire	22.4s
1973	S	200m (A)	3	Kevin Davies	Wales		22.8s
1973	S	200m (B)	1	P. Evans	Wales		22.4s
1973	S	200m (B)	2	Iain Murray	Scotland		22.9s
1973	S	200m (B)	3	Paul Opperman	Ireland		23.1s
1973	S	400m (A)	1	Brian Jones	England	Lancashire	49.2s
1973	S	400m (A)	2	Tim Archer	Wales		50.2s
1973	S	400m (A)	3	Maurice Eakin	Ireland		50.9s
1973	S	400m (B)	1	John Ratcliffe	England	London	50.0s
1973	S	400m (B)	2	Padraig Jordan	Ireland		50.5s
1973	S	400m (B)	3	C. Woodward	Wales		51.7s
1973	S	800m	1	Tony Dyke	Wales		1m 52.2s
1973	S	800m	2	Neil O'Shaughnessy	Ireland		1m 54.2s
1973	S	800m	3	Dennis Dorling	England	Surrey	1m 55.2s
1973	S	1500m	1	Paul Lawther	Ireland		3m 46.8s
1973	S	1500m	2	Michael O'Shea	Ireland		3m 47.2s
1973	S	1500m	3	Phil Dunn	England	Durham	3m 48.7s
1973	S	5000m	1	Derek Carroll	Ireland		15m 06.2s
1973	S	5000m	2	Phil English	Ireland		15m 08.4s
1973	S	5000m	3	R. May	England	Yorkshire	15m 13.0s

1973	S	110mH (A)	1	Neddyn Lloyd	Wales		15.2s
1973	S	110mH (A)	2	Basil Gabbidon	England	Warwickshire	15.2s
1973	S	110mH (A)	3	William Martin	Scotland		15.5s
1973	S	110mH (B)	1	Tony James	England	Staffordshire	15.0s
1973	S	110mH (B)	2	Duncan Owen	Wales		15.3s
1973	S	110mH (B)	3	Josh Reynolds	Ireland		15.9s
1973	S	400mH (A)	1	Martin Ollier	England	Cheshire	54.3s
1973	S	400mH (A)	2	William Martin	Scotland		55.8s
1973	S	400mH (A)	3	Iorrie Fenn	Wales		57.1s
1973	S	400mH (B)	1	Duncan Owen	Wales		55.8s
1973	S	400mH (B)	2	M. Wood	Ireland		57.8s
1973	S	400mH (B)	3	W. Roger Caldwell	Scotland		59.8s
1973	S	2000mST	1	John Tierney	England	Warwickshire	5m 46.8s
1973	S	2000mST	2	Gerry Deegan	Ireland		5m 49.2s
1973	S	2000mST	3	Gerald Cosgrave	England	Warwickshire	5m 56.6s
1973	S	4 x 100m	1	Wales			42.7s
1973	S	4 x 100m	2	England			43.2s
1973	S	4 x 100m	3	Scotland			43.4s
1973	S	HJ	1	Garry Vose	England	Surrey	1.92m
1973	S	HJ	2	Eric Shirley	England	Middlesex	1.89m
1973	S	HJ	3=	Brian Burgess	Scotland		1.86m
1973	S	HJ	3=	Lynsay Smith	Ireland		1.86m
1973	S	HJ	3=	Mike Cummings	Wales		1.86m
1973	S	PV	1	Girish Patel	England	Essex	4.50m
1973	S	PV	2	Islwyn Rees	Wales		3.82m
1973	S	PV	3	James Peterson	England	Middlesex	3.74m
1973	S	LJ	1	David Rees	Wales		6.72m
1973	S	LJ	2	Paul McEwan	England	Lancashire	6.57m
1973	S	LJ	3	Christopher Foster	Scotland		6.53m
1973	S	TJ	1	Colm Cronin	Ireland		14.33m
1973	S	TJ	2	John Tustin	Wales		14.21m
1973	S	TJ	3	Padraig Jordan	Ireland		13.89m
1973	S	SP	1	Ian Lindley	England	Yorkshire	15.09m
1973	S	SP	2	Andrew Monaghan	England	Yorkshire	14.61m
1973	S	SP	3	James Hogg	Scotland		14.04m
1973	S	DT	1	Nick Tabor	England	Hampshire	44.36m
1973	S	DT	2	Ken Latten	Wales		44.06m
1973	S	DT	3	Richard Slaney	England	Sussex	43.92m
1973	S	HT	1	Eric Berry	England	Somerset	65.92m
1973	S	HT	2	Phil Scott	England	Northumberland	55.92m
1973	S	HT	3	Eddie Campbell	Ireland		48.20m
1973	S	JT	1	Dave Ottley	England	Essex	62.86m
1973	S	JT	2	John Evans	Scotland		59.58m
1973	S	JT	3	Neville Wade	England	London	56.14m
1974	I	100m	1	David Hill	England	Middlesex	10.8s
1974	I	100m	2	Kevin Davies	Wales		11.0s
1974	I	100m	3	James Christie	Ireland		11.0s
1974	I	200m	1	Bryan Dickson	Scotland		22.1s
1974	I	200m	2	Kevin Davies	Wales		22.4s
1974	I	200m	3	James Christie	Ireland		22.5s
1974	I	400m	1	Martin Francis	England	Lancashire	48.8s
1974	I	400m	2	Padraig Jordan	Ireland		49.5s
1974	I	400m	3	Dale Bluemink	England	Yorkshire	50.2s
1974	I	800m	1	Malcolm Edwards	England	Staffordshire	1m 54.3s
1974	I	800m	2	Noel Murphy	Ireland		1m 54.8s
1974	I	800m	3	Garry Cook	England	Staffordshire	1m 55.2s
1974	I	1500m	1	Ray Flynn	Ireland		3m 56.7s
1974	I	1500m	2	Mark Bateman	England	Lancashire	3m 57.5s
1974	I	1500m	3	Peter Gower	England	Leicestershire	3m 58.7s

1974	I	3000m	1	John Treacy	Ireland		8m 20.4s
1974	I	3000m	2	Nicky Lees	England	Derbyshire	8m 30.4s
1974	I	3000m	3	Nigel Martin	England	Hampshire	8m 36.4s
1974	I	100mH	1	John Longman	England	Hampshire	13.4s
1974	I	100mH	2	Mark Holtom	England	Staffordshire	13.4s
1974	I	100mH	3	John McCarthy	Ireland		14.0s
1974	I	400mH	1	Clive Beattie	Ireland		56.9s
1974	I	400mH	2	C. Thomson	Scotland		57.8s
1974	I	400mH	3	Mike Nisbet	Ireland		58.0s
1974	I	1500mST	1	Steve Evans	Wales		4m 11.2s
1974	I	1500mST	2	Christopher Sly	England	Middlesex	4m 12.3s
1974	I	1500mST	3	John Crowley	England	Yorkshire	4m 13.1s
1974	I	4 x 100m	1	Scotland			42.8s
1974	I	4 x 100m	2	Ireland			43.2s
1974	I	4 x 100m	3	England			43.4s
1974	I	4 x 400m	1	England			3m 20.9s
1974	I	4 x 400m	2	Scotland			3m 22.8s
1974	I	4 x 400m	3	Ireland			3m 26.5s
1974	I	HJ	1	Innes Murray	England	Cambridgeshire	1.85m
1974	I	HJ	2	C. Richards	Wales		1.80m
1974	I	HJ	3	N. Thomas	Wales		1.80m
1974	I	PV	1	Rupert Goodall	England	Cheshire	4.10m
1974	I	PV	2	Islwyn Rees	Wales		3.80m
1974	I	PV	3	Liam Hennessy	Ireland		3.80m
1974	I	LJ	1	Padraig Jordan	Ireland		6.86m
1974	I	LJ	2	Andrew Taylor	England	Lancashire	6.67m
1974	I	LJ	3	Hugh Charterton	England	Berkshire	6.55m
1974	I	TJ	1	Leigh McGinley	England	Cheshire	13.79m
1974	I	TJ	2	David Golley	England	Lancashire	13.51m
1974	I	TJ	3	Alan Fawcett	Ireland		13.33m
1974	I	SP	1	Gerry McEvoy	Ireland		16.70m
1974	I	SP	2	George Patience	Scotland		15.31m
1974	I	SP	3	Peter Venters	Scotland		14.59m
1974	I	DT	1	Peter Fallon	Ireland		46.36m
1974	I	DT	2	Joe Bryce	Ireland		45.00m
1974	I	DT	3	Paul Armstrong	England	Yorkshire	44.08m
1974	I	HT	1	Brian Riddles	Scotland		59.08m
1974	I	HT	2	Andrew Sparks	England	Cheshire	52.16m
1974	I	HT	3	Richard Gibson	Ireland		51.04m
1974	I	JT	1	Leonard Evans	England	Lancashire	57.16m
1974	I	JT	2	Tony Smith	England	Middlesex	53.18m
1974	I	JT	3	Daniel Scullion	Scotland		52.94m
1975	I	100m	1	David Baptiste	England	London	10.8s
1975	I	100m	2	Michael Robertson	England	West Midlands	11.0s
1975	I	100m	3	Cyril Millar	Ireland		11.0s
1975	I	200m	1	Mike McFarlane	England	London	22.4s
1975	I	200m	2	Jim Crosby	England	Northumberland	22.5s
1975	I	200m	3	David O'Flaherty	Ireland		22.5s
1975	I	400m	1	Gregory Stewart	England	Essex	51.2s
1975	I	400m	2	Andrew Kerr	Scotland		51.7s
1975	I	400m	3	Robert Bishopp	England	Sussex	52.1s
1975	I	800m	1	Nick Brooks	England	Kent	1m 56.4s
1975	I	800m	2	Patrick Hamilton	Ireland		1m 57.1s
1975	I	800m	3	Lewis Walker	Scotland		1m 57.5s
1975	I	1500m	1	Ian G. Williams	Wales		4m 02.0s
1975	I	1500m	2	Eamonn Martin	England	Essex	4m 04.5s
1975	I	1500m	3	Terence Young	Scotland		4m 05.5s
1975	I	3000m	1	Jeremy Lothian	England	Cornwall	8m 37.6s
1975	I	3000m	2	Nigel Martin	England	Hampshire	8m 44.6s

1975	I	3000m	3	Martin McGeady	Ireland		8m 50.6s
1975	I	100mH	1	Gary Oakes	England	London	13.6s
1975	I	100mH	2	Geoffrey Thorpe	England	Lancashire	13.6s
1975	I	100mH	3	Mark Greally	Ireland		13.8s
1975	I	400mH	1	Chris Preston	England	Northamptonshire	56.1s
1975	I	400mH	2	G. Hedges	Wales		58.0s
1975	I	400mH	3	Michael O'Leary	Ireland		58.2s
1975	I	1500mST	1	John Wilson	England	Surrey	4m 25.0s
1975	I	1500mST	2	Keith Irvine	England	Gtr. Manchester	4m 30.4s
1975	I	1500mST	3	Arwel Jones	Wales		4m 35.7s
1975	I	4 x 100m	1	England			43.4s
1975	I	4 x 100m	2	Ireland			44.3s
1975	I	4 x 100m	3	Scotland			44.9s
1975	I	4 x 400m	1	England			3m 31.2s
1975	I	4 x 400m	2	Scotland			3m 33.1s
1975	I	4 x 400m	3	Wales			3m 36.1s
1975	I	HJ	1	Milton Palmer	England	West Midlands	1.95m
1975	I	HJ	2	Colin Mitchell	England	Middlesex	1.89m
1975	I	HJ	3	Pat Fallon	Ireland		1.86m
1975	I	PV	1	Neil McPhee	England	Hertfordshire	4.11m
1975	I	PV	2	Kevin Gurney	England	Hertfordshire	3.95m
1975	I	PV	3	M. Jenkins	Wales		3.10m
1975	I	LJ	1	Carl Roberts	England	West Midlands	6.75m
1975	I	LJ	2	M. Jones	Wales		6.71m
1975	I	LJ	3	Colin Smyth	Ireland		6.61m
1975	I	TJ	1	William Armstrong	England	Northumberland	13.49m
1975	I	TJ	2	Megarry Effiong	England	Middlesex	13.44m
1975	I	TJ	3=	G. Hughes	Wales		13.43m
1975	I	TJ	3=	Joe McColgan	Ireland		13.43m
1975	I	SP	1	Andrew Vince	England	Essex	15.51m
1975	I	SP	2	Leonard Browne	Ireland		14.70m
1975	I	SP	3	Alan Husk	England	Essex	14.63m
1975	I	DT	1	David Allan	England	South Yorkshire	46.18m
1975	I	DT	2	Dawson Cotton	Ireland		41.26m
1975	I	DT	3	John Moreland	England	West Yorkshire	39.96m
1975	I	HT	1	Stephen Watson	England	Northumberland	58.32m
1975	I	HT	2	Colm Ball	Ireland		51.20m
1975	I	HT	3	Mark Lincheid	Ireland		49.22m
1975	I	JT	1	Gareth Scales	Wales		60.12m
1975	I	JT	2	Michael Pilling	England	Gtr. Manchester	59.76m
1975	I	JT	3	Malcolm McKay	Scotland		52.12m
1976	I	100m (A)	1	Peter Little	Scotland		11.0s
1976	I	100m (A)	2	Simon Norton	England	Cheshire	11.1s
1976	I	100m (A)	3	David O'Flaherty	Ireland		11.2s
1976	I	100m (B)	1	Kenny Hooks	Ireland		11.2s
1976	I	100m (B)	2	Carlton Haughton	England	Cambridgeshire	11.3s
1976	I	100m (B)	3	Martin Cherrie	Scotland		11.3s
1976	I	200m (A)	1	Mike McFarlane	England	London	21.9s
1976	I	200m (A)	2	Peter Little	Scotland		22.1s
1976	I	200m (A)	3	Colm Kenny	Ireland		23.1s
1976	I	200m (B)	1	David Pyke	England	Cambridgeshire	22.6s
1976	I	200m (B)	2	Ian Anthony	Ireland		23.1s
1976	I	200m (B)	3	Martin Cherrie	Scotland		23.1s
1976	I	400m (A)	1	Stephen Houlton	England	Humberside	50.0s
1976	I	400m (A)	2	Raymond Nelson	Scotland		51.0s
1976	I	400m (A)	3	N. Newman	Wales		52.2s
1976	I	400m (B)	1	Audley Richards	England	Wiltshire	49.2s
1976	I	400m (B)	2	Ian Campbell	Scotland		51.2s
1976	I	400m (B)	3	I. Davies	Wales		53.0s

1976	I	800m	1	Julian Spooner	England	Kent	1m 58.6s
1976	I	800m	2	Roddie Gaynor	Ireland		1m 59.9s
1976	I	800m	3	S. Berridge	England	Cumbria	2m 00.3s
1976	I	1500m	1	Adrian Martin	England	Durham	4m 07.9s
1976	I	1500m	2	Roy Wood	England	Hertfordshire	4m 08.7s
1976	I	1500m	3	Paul O'Brien	Ireland		4m 11.0s
1976	I	3000m	1	Stirling Wilson	England	Suffolk	8m 39.4s
1976	I	3000m	2	Martin McGeady	Ireland		8m 41.0s
1976	I	3000m	3	Colin White	England	Kent	8m 41.0s
1976	I	100mH (A)	1	Nathaniel Augustine	England	Middlesex	13.5s
1976	I	100mH (A)	2	Mark Greally	Ireland		13.9s
1976	I	100mH (A)	3	George Coghill	Scotland		14.2s
1976	I	100mH (B)	1	Austin Drysdale	England	West Midlands	13.8s
1976	I	100mH (B)	2	R. Dunlop	Scotland		13.9s
1976	I	100mH (B)	3	Tim Lewis	Wales		14.2s
1976	I	400mH	1	Carson Porteous	Ireland		55.6s
1976	I	400mH	2	Aiden Barry	Ireland		55.7s
1976	I	400mH	3	G. Stout	Scotland		57.3s
1976	I	1500mST	1	James Mayhew	England	Middlesex	4m 21.9s
1976	I	1500mST	2	P. Ward	Wales		4m 21.9s
1976	I	1500mST	3	Nigel Jones	Scotland		4m 25.6s
1976	I	4 x 100m	1	England			43.2s
1976	I	4 x 100m	2	Scotland			43.4s
1976	I	4 x 100m	3	Ireland			43.6s
1976	I	4 x 400m	1	England			3m 22.1s
1976	I	4 x 400m	2	Ireland			3m 27.8s
1976	I	4 x 400m	3	Scotland			3m 29.2s
1976	I	HJ	1	Ross Hepburn	Scotland		1.95m
1976	I	HJ	2	Stephen Rumbelow	England	Bedfordshire	1.91m
1976	I	HJ	3	Raymond McLoughlin	Ireland		1.88m
1976	I	PV	1	Neil Barnes	England	Avon	3.90m
1976	I	PV	2	Ciaran Flood	Ireland		3.50m
1976	I	PV	3	Des O'Sullivan	Ireland		3.15m
1976	I	LJ	1	Peter Little	Scotland		6.55m
1976	I	LJ	2	Alan Slack	England	West Yorkshire	6.38m
1976	I	LJ	3	Carson Porteous	Ireland		6.14m
1976	I	TJ	1	Stephen Metcalfe	England	Humberside	13.98m
1976	I	TJ	2	Martin Fraser	Scotland		13.38m
1976	I	TJ	3	Andy Coleman	Ireland		13.24m
1976	I	SP	1	Alan Husk	England	Essex	15.50m
1976	I	SP	2	Tom Crotty	Ireland		14.39m
1976	I	SP	3	Nigel Jones	Wales		14.37m
1976	I	DT	1	Hugh James	Wales		45.36m
1976	I	DT	2	Tom Crotty	Ireland		44.76m
1976	I	DT	3	Michael Power	Ireland		42.58m
1976	I	HT	1	Declan Hegarty	Ireland		61.90m
1976	I	HT	2	Colin Ball	Ireland		56.66m
1976	I	HT	3	Stephen McElroy	England	Gtr. Manchester	55.66m
1976	I	JT	1	Craig Johnson	England	Gtr. Manchester	63.52m
1976	I	JT	2	G. Brewer	Scotland		56.12m
1976	I	JT	3	Mark Wells	England	Lincolnshire	54.70m
1977	I	100m (A)	1	Peter Little	Scotland		10.8s
1977	I	100m (A)	2	David Trick	England	Dorset	10.9s
1977	I	100m (A)	3	Colman O'Flaherty	Ireland		11.3s
1977	I	100m (B)	1	David Clarke	Scotland		11.3s
1977	I	100m (B)	2	Darren Bills	England	West Midlands	11.3s
1977	I	100m (B)	3	Arthur Devine	Ireland		11.5s
1977	I	200m (A)	1	Peter Little	Scotland		21.7s
1977	I	200m (A)	2	Arthur Devine	Ireland		22.4s

1977	I	200m (A)	3	Craig Adams	England	South Yorkshire	22.8s
1977	I	200m (B)	1	Colman O'Flaherty	Ireland		22.6s
1977	I	200m (B)	2	Anthony Drinkwater	England	Sussex	22.6s
1977	I	200m (B)	3	George McKinley	Scotland		23.2s
1977	I	400m (A)	1	Raymond Nelson	Scotland		50.4s
1977	I	400m (A)	2	Augustine Mbanu	England	Gtr. Manchester	50.7s
1977	I	400m (A)	3	David Guyett	Ireland		50.9s
1977	I	400m (B)	1	Julian Spooner	England	Kent	50.3s
1977	I	400m (B)	2	A. Morgan	Wales		50.3s
1977	I	400m (B)	3	David Mulheron	Scotland		50.9s
1977	I	800m	1	Julian Spooner	England	Kent	1m 56.7s
1977	I	800m	2	Brian McDonald	Ireland		1m 57.3s
1977	I	800m	3	Ian Stewart	England	Buckinghamshire	1m 57.3s
1977	I	1500m	1	Steve Cram	England	Durham	3m 57.8s
1977	I	1500m	2	Gary McCall	England	Kent	4m 03.4s
1977	I	1500m	3	I. Doole	Scotland		4m 05.8s
1977	I	3000m	1	Graham Smith	England	Durham	8m 41.4s
1977	I	3000m	2	Tom Breen	Ireland		8m 42.0s
1977	I	3000m	3	Simon Catchpole	England	Surrey	8m 42.4s
1977	I	100mH (A)	1	David Kelly	Ireland		13.6s
1977	I	100mH (A)	2	Ross Willard	England	Gtr. Manchester	13.9s
1977	I	100mH (A)	3	Stewart Chisholm	Scotland		14.1s
1977	I	100mH (B)	1	Peter Adams	England	Middlesex	13.7s
1977	I	100mH (B)	2	Tim Lewis	Wales		14.3s
1977	I	100mH (B)	3	C. Dunlop	Scotland		14.5s
1977	I	400mH (A)	1	J. Kearns	England	Surrey	55.9s
1977	I	400mH (A)	2	C. Hammer	Wales		57.3s
1977	I	400mH (A)	3	Mark McClure	Ireland		58.2s
1977	I	400mH (B)	1	Paul Goacher	England	Staffordshire	55.9s
1977	I	400mH (B)	2	John Conway	Ireland		60.1s
1977	I	400mH (B)	3	D. Farrington	Scotland		60.8s
1977	I	1500mST	1	David Parish	England	North Yorkshire	4m 22.1s
1977	I	1500mST	2	David Lewis	England	Lancashire	4m 24.8s
1977	I	1500mST	3	M. Martin	Scotland		4m 26.0s
1977	I	4 x 100m	1	Scotland			42.7s
1977	I	4 x 100m	2	Ireland			43.5s
1977	I	4 x 100m	3	England			44.1s
1977	I	4 x 400m	1	Scotland			3m 24.3s
1977	I	4 x 400m	2	England			3m 26.1s
1977	I	4 x 400m	3	Wales			3m 32.0s
1977	I	HJ	1	Vincent Clemmens	England	Hertfordshire	2.03m
1977	I	HJ	2	Trevor Llewelyn	England	London	1.93m
1977	I	HJ	3	Craig Allan	Scotland		1.90m
1977	I	PV	1	John Ball	England	Surrey	3.70m
1977	I	PV	2	Godfrey Brown	Scotland		3.60m
1977	I	PV	3	John Hartnett	Ireland		3.50m
1977	I	LJ	1	Peter Little	Scotland		7.12m
1977	I	LJ	2	Trevor Sinclair	England	Bedfordshire	6.88m
1977	I	LJ	3	Julian Barrington	Wales		6.60m
1977	I	TJ	1	Niall McCarthy	Ireland		14.03m
1977	I	TJ	2	Nick Leech	England	Suffolk	14.02m
1977	I	TJ	3	P. Ward	Wales		13.86m
1977	I	SP	1	Antony Zaidman	England	Middlesex	16.26m
1977	I	SP	2	John Reynolds	Ireland		15.17m
1977	I	SP	3	Graham Savory	England	Hampshire	15.13m
1977	I	DT	1	Paul Bowkett	England	Somerset	49.18m
1977	I	DT	2	Patrick Smith	England	Kent	43.78m
1977	I	DT	3	J. Buttriss	Wales		43.42m
1977	I	HT	1	Declan Hegarty	Ireland		65.86m
1977	I	HT	2	Michael Mitchell	England	Middlesex	57.94m

1977	I	HT	3	Robert Earle	England	Essex	55.90m
1977	I	JT	1	Graham Martland	England	Lancashire	60.48m
1977	I	JT	2	Grantley Callum	England	Middlesex	56.54m
1977	I	JT	3	N. Thomas	Wales		53.04m
1978	I	100m (A)	1	John Dawson	Scotland		11.1s
1978	I	100m (A)	2	Paul Moxham	England	West Midlands	11.1s
1978	I	100m (A)	3	Raymond McComb	Ireland		11.2s
1978	I	100m (B)	1	Michael Powell	England	London	11.1s
1978	I	100m (B)	2	J.A. Gillies	Scotland		11.2s
1978	I	100m (B)	3	Mal Owen	Wales		11.5s
1978	I	200m (A)	1	Philip Brown	England	West Midlands	22.1s
1978	I	200m (A)	2	John Dawson	Scotland		22.6s
1978	I	200m (A)	3	Raymond McComb	Ireland		23.1s
1978	I	200m (B)	1	Stuart Lawrenson	England	Merseyside	22.3s
1978	I	200m (B)	2	Gordon McLennan	Scotland		22.5s
1978	I	200m (B)	3	D. Harrison	Wales		22.8s
1978	I	400m (A)	1	Sidique Ahamed	England	Lancashire	50.4s
1978	I	400m (A)	2	A. Morgan	Wales		50.7s
1978	I	400m (A)	3	G.H. Rae	Scotland		52.3s
1978	I	400m (B)	1	Mark Fabes	England	Sussex	50.3s
1978	I	400m (B)	2	Malcolm James	Wales		51.3s
1978	I	400m (B)	3	Kenneth Thompson	Ireland		52.0s
1978	I	800m	1	Peter Elliott	England	South Yorkshire	1m 53.4s
1978	I	800m	2	Chris McGeorge	England	Cumbria	1m 56.0s
1978	I	800m	3	Douglas McIlraith	Scotland		1m 59.0s
1978	I	1500m	1	Paul Black	England	West Midlands	4m 03.6s
1978	I	1500m	2	David Hughes	England	Merseyside	4m 04.0s
1978	I	1500m	3	Ross Arbuckle	Scotland		4m 04.6s
1978	I	3000m	1	Andy Bristow	England	Sussex	8m 39.4s
1978	I	3000m	2	Christian Bloor	England	South Yorkshire	8m 40.0s
1978	I	3000m	3	Brian O'Keefe	Ireland		8m 40.6s
1978	I	100mH (A)	1	Adrian Ash	England	Middlesex	13.6s
1978	I	100mH (A)	2	Stuart McAslan	Scotland		13.8s
1978	I	100mH (A)	3	Paul Whelan	Ireland		14.3s
1978	I	100mH (B)	1	Denis Finnerty	Ireland		14.0s
1978	I	100mH (B)	2	William Barker	England	Buckinghamshire	14.1s
1978	I	100mH (B)	3	R. Williams	Wales		14.3s
1978	I	400mH	1	Adrien Damant	England	Suffolk	56.1s
1978	I	400mH	2	Kevin Lidlow	England	Essex	56.4s
1978	I	400mH	3	A. James	Wales		56.7s
1978	I	1500mST	1	David Lewis	England	Lancashire	4m 22.0s
1978	I	1500mST	2	David Bennett	England	Hereford & Worcs	4m 22.8s
1978	I	1500mST	3	T. Miller	Scotland		4m 32.2s
1978	I	4 x 100m	1	England			43.3s
1978	I	4 x 100m	2	Scotland			43.3s
1978	I	4 x 100m	3	Wales			44.3s
1978	I	4 x 400m	1	England			3m 25.4s
1978	I	4 x 400m	2	Scotland			3m 28.3s
1978	I	4 x 400m	3	Wales			3m 30.9s
1978	I	HJ	1	Ross Hepburn	Scotland		1.95m
1978	I	HJ	2	Trevor Smith	Scotland		1.88m
1978	I	HJ	3	Gerry Ryan	Ireland		1.85m
1978	I	PV	1	Tim Anstiss	England	Middlesex	4.35m
1978	I	PV	2	David Hooper	England	Surrey	3.60m
1978	I	PV	3	Marc Howells	Wales		3.45m
1978	I	LJ	1	Paul Hanson	England	Essex	6.91m
1978	I	LJ	2	Stuart McAslan	Scotland		6.44m
1978	I	LJ	3	Gerry Ryan	Ireland		6.40m
1978	I	TJ	1	Stuart McAslan	Scotland		13.48m

1978	I	TJ	2	Nick Leech	England	Suffolk	13.37m
1978	I	TJ	3	David Wood	Wales		13.34m
1978	I	SP	1	Antony Zaidman	England	Middlesex	17.74m
1978	I	SP	2	Mark Hewer	Wales		16.09m
1978	I	SP	3	Paul Quirke	Ireland		15.93m
1978	I	DT	1	Paul Mardle	Scotland		46.72m
1978	I	DT	2	J. Collins	Wales		45.33m
1978	I	DT	3	Francis O'Donnell	England	North Yorkshire	41.38m
1978	I	HT	1	Charles Varley	England	Middlesex	58.64m
1978	I	HT	2	Liam Hickey	Ireland		57.00m
1978	I	HT	3	Shaun Pickering	England	Hertfordshire	56.06m
1978	I	JT	1	Colin Mackenzie	England	Kent	62.20m
1978	I	JT	2	Marcus Humphries	England	Cambridgeshire	60.14m
1978	I	JT	3	Robert Watters	Ireland		49.68m
1979	I	100m (A)	1	Kevin Ward	England	Essex	11.1s
1979	I	100m (A)	2	Ian Strange	Wales		11.1s
1979	I	100m (A)	3	Steve Gold	Scotland		11.5s
1979	I	100m (B)	1	Fenton Campbell	England	West Midlands	11.0s
1979	I	100m (B)	2	N. Hewer	Wales		11.3s
1979	I	100m (B)	3	N. Bevans	Scotland		11.5s
1979	I	200m (A)	1	Malcolm James	Wales		22.3s
1979	I	200m (A)	2	Donovan Reid	England	London	22.3s
1979	I	200m (A)	3	Paul O'Brien	Ireland		23.0s
1979	I	200m (B)	1	Ian Strange	Wales		22.6s
1979	I	200m (B)	2	James Blake	England	Hertfordshire	22.9s
1979	I	200m (B)	3	Paul Gilroy	Scotland		23.1s
1979	I	400m (A)	1	Phil Harvey	Wales		49.6s
1979	I	400m (A)	2	Mark Fabes	England	Sussex	49.7s
1979	I	400m (A)	3	Pat McIntyre	Ireland		51.6s
1979	I	400m (B)	1	Malcolm James	Wales		50.3s
1979	I	400m (B)	2	Brian Ritchie	England	London	51.0s
1979	I	400m (B)	3	Terry Comiskey	Ireland		54.2s
1979	I	800m	1	Paul Wynn	England	Merseyside	1m 56.2s
1979	I	800m	2	Mark Rowland	England	Sussex	1m 56.5s
1979	I	800m	3	A. Whealan	Wales		1m 57.3s
1979	I	1500m	1	Paul Potter	England	Staffordshire	4m 00.1s
1979	I	1500m	2	Gary Taylor	England	Middlesex	4m 00.8s
1979	I	1500m	3	Paul Donovan	Ireland		4m 01.2s
1979	I	3000m	1	Kelvin Newton	England	Durham	8m 39.6s
1979	I	3000m	2	Raymond Ellerton	England	Staffordshire	8m 41.4s
1979	I	3000m	3	Andrew McKay	Scotland		8m 55.7s
1979	I	100mH (A)	1	McKinley Erysthee	England	Essex	13.4w
1979	I	100mH (A)	2	George McCallum	Scotland		13.7s
1979	I	100mH (A)	3	Jamie Murtagh	Ireland		14.5s
1979	I	100mH (B)	1	Desmond Wilkinson	England	Bedfordshire	13.4s
1979	I	100mH (B)	2	Trevor P. Carleton	Ireland		14.2s
1979	I	100mH (B)	3	C. Sander	Wales		14.5s
1979	I	400mH (A)	1	Phil Beattie	Ireland		55.5s
1979	I	400mH (A)	2	James Gillespie	England	Leicestershire & R	56.0s
1979	I	400mH (A)	3	G. Rees	Wales		57.0s
1979	I	400mH (B)	1	Max Robertson	England	Somerset	56.5s
1979	I	400mH (B)	2	A. James	Wales		57.5s
1979	I	400mH (B)	3	Aogan Foley	Ireland		58.8s
1979	I	1500mST	1	Ian Steel	Scotland		4m 20.2s
1979	I	1500mST	2	Marcus Thomas	Wales		4m 24.1s
1979	I	1500mST	3	Malcolm Smith	England	Nottinghamshire	4m 24.2s
1979	I	4 x 100m	1	Wales			43.6s
1979	I	4 x 100m	2	England			43.7s
1979	I	4 x 100m	3	Ireland			44.1s

1979	I	4 x 400m	1	England			3m 23.3s
1979	I	4 x 400m	2	Scotland			3m 26.9s
1979	I	4 x 400m	3	Ireland			3m 29.0s
1979	I	HJ	1	Ossie Cham	England	London	2.10m
1979	I	HJ	2	Richard Garvey	Ireland		1.92m
1979	I	HJ	3	A. Norris	Wales		1.89m
1979	I	PV	1	Phil Lovell	England	Surrey	4.10m
1979	I	PV	2	Billy Davey	England	Middlesex	4.10m
1979	I	PV	3	Robert Hughes	Wales		3.92m
1979	I	LJ	1	John Furnham	Wales		6.90m
1979	I	LJ	2	Richard Haycock	England	Northamptonshire	6.77m
1979	I	LJ	3	Winston Walker	England	London	6.76m
1979	I	TJ	1	David Burgess	England	Middlesex	14.25m
1979	I	TJ	2	P. Hawkins	Wales		14.18m
1979	I	TJ	3	Ian Timbers	England	Hampshire	14.06m
1979	I	SP	1	Paul Quirke	Ireland		17.28m
1979	I	SP	2	George Brocklebank	England	Lancashire	16.47m
1979	I	SP	3	Mark Hewer	Wales		16.28m
1979	I	DT	1	Paul Mardle	Scotland		52.68m
1979	I	DT	2	John Szarlenski	England	Middlesex	47.48m
1979	I	DT	3	Christopher D'Arcy	England	Essex	46.08m
1979	I	HT	1	Tony Kenneally	England	Berkshire	64.76m
1979	I	HT	2	Marc Zaidman	England	Middlesex	59.10m
1979	I	HT	3	Conor Mulcahy	Ireland		58.66m
1979	I	JT	1	Colin Mackenzie	England	Kent	68.00m
1979	I	JT	2	Michael Williams	England	West Midlands	66.86m
1979	I	JT	3	Mark O'Connor	Ireland		54.92m
1980	I	100m (A)	1	Lincoln Asquith	England	West Midlands	10.7s
1980	I	100m (A)	2	S. Elvin	Wales		11.1s
1980	I	100m (A)	3	Gavin Fergie	Scotland		11.1s
1980	I	100m (B)	1	Kevin Ward	England	Essex	11.1s
1980	I	100m (B)	2	T. Jones	Wales		11.2s
1980	I	100m (B)	3	Fergus Scully	Ireland		11.4s
1980	I	200m (A)	1	Roger Hunter	England	West Midlands	21.8s
1980	I	200m (A)	2	T. Jones	Wales		22.4s
1980	I	200m (A)	3	Fergus Scully	Ireland		22.7s
1980	I	200m (B)	1	Mark Grzesiak	England	West Midlands	22.3s
1980	I	200m (B)	2	S. Elvin	Wales		22.8s
1980	I	200m (B)	3	Colin Forsyth	Scotland		23.1s
1980	I	400m (A)	1	John Weston	England	Middlesex	48.7s
1980	I	400m (A)	2	Alun Matthews	Wales		51.8s
1980	I	400m (A)	3	Pat McIntyre	Ireland		52.0s
1980	I	400m (B)	1	Daniel Robinson	England	Gtr. Manchester	50.1s
1980	I	400m (B)	2	E. Alexander	Scotland		52.1s
1980	I	400m (B)	3	A. Jones	Wales		52.1s
1980	I	800m	1	Paul Wynn	England	Merseyside	1m 54.8s
1980	I	800m	2	Tom McKean	Scotland		1m 57.1s
1980	I	800m	3	Shaun Whelan	Wales		1m 57.9s
1980	I	1500m	1	David Brockwell	England	Berkshire	3m 58.1s
1980	I	1500m	2	Robert Farish	England	Kent	3m 58.2s
1980	I	1500m	3	Eugene Curran	Ireland		3m 59.6s
1980	I	3000m	1	David Maguire	England	Durham	9m 03.9s
1980	I	3000m	2	John Abbis	England	West Midlands	9m 04.9s
1980	I	3000m	3	Gerard O'Callaghan	Ireland		9m 05.0s
1980	I	100mH (A)	1	Kieran Moore	England	West Midlands	13.3s
1980	I	100mH (A)	2	Michael Morrissey	Ireland		14.2s
1980	I	100mH (A)	3	T. O'Dwyer	Wales		14.8s
1980	I	100mH (B)	1	Mark Whitby	England	Bedfordshire	13.7s
1980	I	100mH (B)	2	Brendan Mullin	Ireland		14.1s

1980	I	100mH (B)	3	M. Williams	Wales		14.3s
1980	I	400mH (A)	1	Phil Beattie	Ireland		53.2s
1980	I	400mH (A)	2	Max Robertson	England	Somerset	53.7s
1980	I	400mH (A)	3	John Gorrie	Scotland		56.1s
1980	I	400mH (B)	1	Martin Briggs	England	Staffordshire	54.7s
1980	I	400mH (B)	2	Fergus Sixsmith	Ireland		56.8s
1980	I	400mH (B)	3	J. Allen	Wales		58.1s
1980	I	1500mST	1	Andrew Rodgers	England	West Yorkshire	4m 26.1s
1980	I	1500mST	2	Paul Coulson	England	Cleveland	4m 26.3s
1980	I	1500mST	3	Cyril Whelan	Ireland		4m 26.4s
1980	I	4 x 100m	1	England			42.1s
1980	I	4 x 100m	2	Wales			43.7s
1980	I	4 x 100m	3	Ireland			44.1s
1980	I	4 x 400m	1	England			3m 24.1s
1980	I	4 x 400m	2	Ireland			3m 29.1s
1980	I	4 x 400m	3	Wales			3m 33.3s
1980	I	HJ	1	Geoff Parsons	England	Kent	2.00m
1980	I	HJ	2	Michael Powell	England	Essex	1.90m
1980	I	HJ	3	Eugene McKenna	Ireland		1.85m
1980	I	PV	1	Jimmy Lewis	England	Surrey	4.00m
1980	I	PV	2	Andy Ashurst	England	Gtr. Manchester	3.60m
1980	I	PV	3	A. Phillips	Wales		3.50m
1980	I	LJ	1	Hugh Davidson	Scotland		6.90m
1980	I	LJ	2	Andy Booton	England	West Midlands	6.88m
1980	I	LJ	3	Paul Linsell	England	West Yorkshire	6.60m
1980	I	TJ	1	Steven Anderson	England	Berkshire	15.17m
1980	I	TJ	2	Ian Timbers	England	Hampshire	14.25m
1980	I	TJ	3	Hugh Davidson	Scotland		14.06m
1980	I	SP	1	Martin Nutty	Ireland		16.48m
1980	I	SP	2	Billy Cole	England	Essex	16.16m
1980	I	SP	3	Peter Weir	England	West Midlands	15.91m
1980	I	DT	1	Ashley Ward	England	Sussex	47.44m
1980	I	DT	2	Martin Nutty	Ireland		45.00m
1980	I	DT	3	Frank O'Brien	Ireland		44.90m
1980	I	HT	1	Tony Kenneally	England	Berkshire	69.28m
1980	I	HT	2	Paul Head	England	Essex	59.96m
1980	I	HT	3	Paul Hogan	Ireland		59.40m
1980	I	JT	1	David Messom	England	Middlesex	61.38m
1980	I	JT	2	Gareth Rowlands	Wales		59.10m
1980	I	JT	3	Alan Rock	England	Hereford & Worcs	52.66m
1981	I	100m	1	Robert Brown	England	Suffolk	10.88s
1981	I	100m	2	Arnold Hunte	England	London	10.89s
1981	I	100m	3	Stephen Graham	Scotland		10.90s
1981	I	200m	1	Steve Eden	England	Berkshire	21.68s
1981	I	200m	2	Roger Hunter	England	West Midlands	21.84s
1981	I	200m	3	Stephen Graham	Scotland		22.09s
1981	I	400m	1	Chris Thompson	England	Gtr. Manchester	49.00s
1981	I	400m	2	A. Matthews	Wales		50.17s
1981	I	400m	3	George Gray	Scotland		51.12s
1981	I	800m	1	Darryl Taylor	England	Gtr. Manchester	1m 56.44s
1981	I	800m	2	Trevor Sargent	Ireland		1m 57.25s
1981	I	800m	3	Alexander Milne	Scotland		1m 58.21s
1981	I	1500m	1	Robert Farish	England	Kent	3m 57.9s
1981	I	1500m	2	Alistair Currie	Scotland		3m 59.5s
1981	I	1500m	3	Paul Ryder	England	Northumberland	4m 03.4s
1981	I	3000m	1	Adrian Passey	England	Hereford & Worcs	8m 37.4s
1981	I	3000m	2	Colin Wallace	Scotland		8m 40.6s
1981	I	3000m	3	David Bean	England	Kent	8m 42.3s
1981	I	100mH	1	Paul Brice	England	Hertfordshire	13.26s

1981	I	100mH	2	Martin Kenny	England	Avon	13.64s
1981	I	100mH	3	Jonathan Kell	Ireland		14.04s
1981	I	400mH	1	Fergus Sixsmith	Ireland		54.51s
1981	I	400mH	2	Paul Austridge	England	Kent	55.93s
1981	I	400mH	3	Ian Morgan	Wales		56.56s
1981	I	1500mST	1	Andrew Rodgers	England	West Yorkshire	4m 21.71s
1981	I	1500mST	2	Douglas Stones	England	Humberside	4m 24.80s
1981	I	1500mST	3	David McShane	Scotland		4m 25.32s
1981	I	4 x 100m	1	England			41.77s
1981	I	4 x 100m	2	Scotland			43.08s
1981	I	4 x 100m	3	Wales			43.97s
1981	I	4 x 400m	1	England			3m 24.23s
1981	I	4 x 400m	2	Wales			3m 26.12s
1981	I	4 x 400m	3	Scotland			3m 26.39s
1981	I	HJ	1	Mark Lakey	England	West Midlands	2.05m
1981	I	HJ	2	Thomas Leighton	Scotland		1.93m
1981	I	HJ	3	Michael Powell	England	Essex	1.93m
1981	I	PV	1	Jimmy Lewis	England	Surrey	4.10m
1981	I	PV	2	Barry Forster	England	Gtr. Manchester	4.00m
1981	I	PV	3	Malachy Sheridan	Ireland		3.60m
1981	I	LJ	1	Andrew Williams	England	West Midlands	6.84m
1981	I	LJ	2	Chris Purnell	England	Avon	6.62m
1981	I	LJ	3	Craig Duncan	Scotland		6.46m
1981	I	TJ	1	Vernon Samuels	England	Avon	15.40m
1981	I	TJ	2	John Stapleton	Ireland		14.52m
1981	I	TJ	3	Robert Brown	England	Suffolk	13.77m
1981	I	SP	1	Billy Cole	England	Essex	18.10m
1981	I	SP	2	Chris Ellis	England	Avon	18.02m
1981	I	SP	3	Frank O'Brien	Ireland		15.75m
1981	I	DT	1	Frank O'Brien	Ireland		52.74m
1981	I	DT	2	Keith Homer	England	West Midlands	50.20m
1981	I	DT	3	Neil Boyton	England	Essex	48.80m
1981	I	HT	1	Paul Head	England	Essex	72.86m
1981	I	HT	2	Paul Hogan	Ireland		66.48m
1981	I	HT	3	Gary Halpin	Ireland		59.16m
1981	I	JT	1	David Messom	England	Middlesex	66.88m
1981	I	JT	2	Paul Edgington	England	West Midlands	60.88m
1981	I	JT	3	Chris Talbot	Wales		54.88m
1982	I	100m	1	Haydn Wood	Wales		11.3s
1982	I	100m	2	John Burt	Scotland		11.3s
1982	I	100m	3	Elliot Bunney	Scotland		11.3s
1982	I	200m	1	Haydn Wood	Wales		22.5s
1982	I	200m	2	Elliot Bunney	Scotland		22.5s
1982	I	200m	3	John Burt	Scotland		22.7s
1982	I	400m	1	David Ross	Scotland		50.0s
1982	I	400m	2	Matthew O'Flathery	Ireland		50.0s
1982	I	400m	3	William MacDonald	Scotland		50.4s
1982	I	800m	1	Paul Williams	Wales		1m 58.0s
1982	I	800m	2	David Boyd	Scotland		2m 00.2s
1982	I	800m	3	Ian Bolger	Ireland		2m 00.2s
1982	I	1500m	1	Anthony Carmichael	Scotland		4m 00.7s
1982	I	1500m	2	Nick Comerford	Wales		4m 02.9s
1982	I	1500m	3	Stephen Gharbaoui	Ireland		4m 04.2s
1982	I	3000m	1	Paul Richie	Ireland		8m 54.1s
1982	I	3000m	2	Anthony Spellman	Ireland		8m 54.6s
1982	I	3000m	3	Steven Doig	Scotland		8m 55.3s
1982	I	100mH	1	Ronald Sharp	Scotland		13.8s
1982	I	100mH	2	Douglas Campbell	Scotland		13.9s
1982	I	100mH	3	Colin Jackson	Wales		13.9s

1982	I	400mH	1	Paul O'Regan	Ireland		56.4s
1982	I	400mH	2	George Nugent	Scotland		56.6s
1982	I	400mH	3	S. Bell	Scotland		57.2s
1982	I	1500mST	1	Ray Jones	Ireland		4m 23.8s
1982	I	1500mST	2	Frank Boyne	Scotland		4m 25.8s
1982	I	1500mST	3	Eric Boyd	Ireland		4m 35.9s
1982	I	4 x 100m	1	Scotland			43.5s
1982	I	4 x 100m	2	Wales			43.9s
1982	I	4 x 100m	3	Ireland			45.3s
1982	I	4 x 400m	1	Ireland			3m 25.2s
1982	I	4 x 400m	2	Scotland			3m 25.4s
1982	I	4 x 400m	3	Wales			3m 26.6s
1982	I	HJ	1	Mark O'Rourke	Ireland		1.90m
1982	I	HJ	2	R. James	Wales		1.87m
1982	I	HJ	3	Paul Bailey	Ireland		1.84m
1982	I	PV	1	Malachy Sheridan	Ireland		4.10m
1982	I	PV	2	C. Barry	Wales		3.60m
1982	I	PV	3=	Norrie Foster	Scotland		3.50m
1982	I	PV	3=	Glyn Price	Wales		3.50m
1982	I	LJ	1	Alan Porter	Ireland		6.12m
1982	I	LJ	2	Angus Cann	Wales		5.99m
1982	I	LJ	3	Mark Russell	Ireland		5.92m
1982	I	TJ	1	Micky Morris	Wales		13.21m
1982	I	TJ	2	Norman Ross	Scotland		12.89m
1982	I	TJ	3	Derek Ryan	Ireland		12.57m
1982	I	SP	1	David Williams	Ireland		13.99m
1982	I	SP	2	R. Scott	Scotland		13.80m
1982	I	SP	3	Alan Ferguson	Scotland		13.57m
1982	I	DT	1	Clive Jones	Wales		40.88m
1982	I	DT	2	Alan Ferguson	Scotland		40.68m
1982	I	DT	3	Cliff O'Brien	Ireland		40.08m
1982	I	HT	1	Gary Halpin	Ireland		65.44m
1982	I	HT	2	Leo Archer	Ireland		56.64m
1982	I	HT	3	Martin Cliffe	Wales		52.36m
1982	I	JT	1	Andrew Norris	Scotland		50.60m
1982	I	JT	2	John Hallam	Wales		48.92m
1982	I	JT	3	Stephen O'Toole	Ireland		48.32m
1983	I	100m	1	Elliot Bunney	Scotland		11.2s
1983	I	100m	2	Simon Marsh	Wales		11.5s
1983	I	100m	3	Nigel Urquhart	Scotland		11.6s
1983	I	200m	1	Elliot Bunney	Scotland		22.4s
1983	I	200m	2	Mark Clyde	Ireland		23.2s
1983	I	200m	3	Nigel Urquhart	Scotland		23.5s
1983	I	400m	1	Adrian Hardman	Wales		51.1s
1983	I	400m	2	William Jack	Scotland		52.4s
1983	I	400m	3	Mark Dewis	Wales		53.1s
1983	I	800m	1	Colin Donald	Scotland		1m 59.5s
1983	I	800m	2	David Boyd	Scotland		2m 01.5s
1983	I	800m	3	John McGrath	Ireland		2m 01.5s
1983	I	1500m	1	Neil Horsfield	Wales		4m 06.4s
1983	I	1500m	2	Grant Dougall	Scotland		4m 08.8s
1983	I	1500m	3	Gordon Harold	Ireland		4m 11.6s
1983	I	3000m	1	Steven Judge	Ireland		9m 04.6s
1983	I	3000m	2	John Downes	Ireland		9m 10.2s
1983	I	3000m	3	Alastair Russell	Scotland		9m 12.1s
1983	I	100mH	1	Douglas Campbell	Scotland		13.7s
1983	I	100mH	2	Colin Jackson	Wales		13.8s
1983	I	100mH	3	Andrew Thain	Scotland		14.1s
1983	I	400mH	1	Michael Nolan	Ireland		57.5s

1983	I	400mH	2	Owen White	Ireland		58.8s
1983	I	400mH	3	Peter Hartland	Scotland		59.4s
1983	I	1500mST	1	Tom Hanlon	Scotland		4m 33.0s
1983	I	1500mST	2	Eric Boyd	Ireland		4m 43.1s
1983	I	1500mST	3	Peter Bridger	Wales		4m 47.1s
1983	I	4 x 100m	1	Scotland			44.0s
1983	I	4 x 100m	2	Ireland			44.1s
1983	I	4 x 100m	3	Wales			45.6s
1983	I	4 x 400m	1	Scotland			3m 31.5s
1983	I	4 x 400m	2	Wales			3m 32.2s
1983	I	4 x 400m	3	Ireland			3m 36.0s
1983	I	HJ	1	Eddie Leighton	Scotland		1.88m
1983	I	HJ	2	Peter Wilkinson	Scotland		1.84m
1983	I	HJ	3	John Mahoney	Wales		1.81m
1983	I	PV	1	Donagh Cronin	Ireland		3.70m
1983	I	PV	2	Richard Davies	Wales		3.60m
1983	I	PV	3	Michael Walker	Scotland		3.40m
1983	I	LJ	1	Patrick Hayes	Ireland		6.39m
1983	I	LJ	2	Mark Russell	Ireland		6.24m
1983	I	LJ	3	Simon Marsh	Wales		6.13m
1983	I	TJ	1	Gareth Davies I	Wales		13.00m
1983	I	TJ	2	Derek Ryan	Ireland		12.92m
1983	I	TJ	3	Leighton Adams	Wales		12.71m
1983	I	SP	1	Darrin Morris	Scotland		15.44m
1983	I	SP	2	Phillip Cooper	Wales		15.02m
1983	I	SP	3	Shane Kennedy	Ireland		14.67m
1983	I	DT	1	Darrin Morris	Scotland		48.94m
1983	I	DT	2	Russell Devine	Scotland		41.26m
1983	I	DT	3	John Farrelly	Ireland		41.24m
1983	I	HT	1	Gerry Ryan	Ireland		55.22m
1983	I	HT	2	David Mansfield	Ireland		54.32m
1983	I	HT	3	Philip Bufton	Wales		48.64m
1983	I	JT	1	Keith Marshall	Wales		56.92m
1983	I	JT	2	Jonathan Clarke	Wales		54.82m
1983	I	JT	3	Noel O'Connor	Ireland		51.16m
1984	I	100m	1	Robert Johnson	England	Cumbria	11.2s
1984	I	100m	2	Mark Clyde	Ireland		11.2s
1984	I	100m	3	Russell Boaler	England	Derbyshire	11.2s
1984	I	100mH	1	Brett St. Louis	England	London	13.4s
1984	I	100mH	2	Andrew Thain	Scotland		13.6s
1984	I	100mH	3	Derek Capper	England	Cheshire	13.6s
1984	I	1500m	1	Johan Boakes	England	Sussex	3m 54.0s
1984	I	1500m	2	Bill Mullaney	Ireland		3m 59.0s
1984	I	1500m	3	Richard Goddard	England	Gtr. Manchester	4m 00.8s
1984	I	1500mST	1	David Caton	England	Essex	4m 18.8s
1984	I	1500mST	2	John Graham	Scotland		4m 21.4s
1984	I	1500mST	3	Stephen Denham	England	Surrey	4m 24.8s
1984	I	200m	1	Marcus Adam	England	London	22.2s
1984	I	200m	2	Richard Ryan	Ireland		22.3s
1984	I	200m	3	Paul Farrow	England	Cleveland	22.3s
1984	I	3000m	1	Steve Fury	England	Kent	8m 52.5s
1984	I	3000m	2	Steve Halliday	England	West Yorkshire	8m 56.1s
1984	I	3000m	3	Paul Mayles	Scotland		8m 58.3s
1984	I	4 x 100m	1	England			42.9s
1984	I	4 x 100m	2	Scotland			44.0s
1984	I	4 x 100m	3	Ireland			44.4s
1984	I	4 x 400m	1	England			3m 20.5s
1984	I	4 x 400m	2	Scotland			3m 26.7s
1984	I	4 x 400m	3	Ireland			3m 27.0s

1984	I	400m	1	Gary Patterson	England	Cumbria	48.8s
1984	I	400m	2	Mark Tyler	England	Hertfordshire	49.4s
1984	I	400m	3	Mark Davidson	Scotland		50.9s
1984	I	400mH	1	Padraig Grealy	Ireland		54.7s
1984	I	400mH	2	Aiden O'Regan	Ireland		54.7s
1984	I	400mH	3	David Haizelden	England	Surrey	55.1s
1984	I	800m	1	David Gerard	England	Essex	1m 51.6s
1984	I	800m	2	Paul Causey	England	Gtr. Manchester	1m 52.0s
1984	I	800m	3	Colin Donald	Scotland		1m 54.8s
1984	I	DT	1	Matt Symonds	England	Oxfordshire	54.18m
1984	I	DT	2	Stephen Ayre	England	Durham	50.08m
1984	I	DT	3	Barry Walsh	Ireland		48.70m
1984	I	HJ	1	Nicholas Hay	England	West Midlands	1.98m
1984	I	HJ	2	Chris Trotman	England	Northamptonshire	1.95m
1984	I	HJ	3	Craig Grant	Wales		1.89m
1984	I	HT	1	Andrew Tolputt	England	Berkshire	73.56m
1984	I	HT	2	Christopher Howe	England	Essex	62.82m
1984	I	HT	3	Philip Bufton	Wales		59.60m
1984	I	JT	1	Nigel Bevan	England	Suffolk	61.78m
1984	I	JT	2	Jonathan Clarke	Wales		61.20m
1984	I	JT	3	Justin Rubio	England	Dorset	56.44m
1984	I	LJ	1	Nick Riley	England	West Midlands	6.92m
1984	I	LJ	2	Mark Belben	England	Cleveland	6.78m
1984	I	LJ	3	Andrew Thain	Scotland		6.55m
1984	I	PV	1	Ian Lewis	England	Surrey	4.50m
1984	I	PV	2	Gary Jackson	England	Durham	4.14m
1984	I	PV	3	Neil Ashman	Wales		3.45m
1984	I	SP	1	Simon Williams	England	Middlesex	16.33m
1984	I	SP	2	Russell Devine	Scotland		16.26m
1984	I	SP	3	Clayton Turner	England	Surrey	15.82m
1984	I	TJ	1	Lawrence Lynch	England	Essex	14.90m
1984	I	TJ	2	Darren Gomersall	England	Buckinghamshire	14.07m
1984	I	TJ	3	Leighton Adams	Wales		13.15m
1985	I	100m	1	Jamie Henderson	Scotland		10.6w
1985	I	100m	2	Ian Kenton	England	West Midlands	10.7w
1985	I	100m	3	Raymond Burke	England	Surrey	10.9w
1985	I	200m	1	Jamie Henderson	Scotland		21.8s
1985	I	200m	2	Lloyd Stapleton	England	Middlesex	22.0s
1985	I	200m	3	Neil Munro	Scotland		22.4s
1985	I	400m	1	Gareth Bakewell	England	South Yorkshire	49.6s
1985	I	400m	2	Mark Davidson	Scotland		50.5s
1985	I	400m	3	Michael Wride	England	Somerset	51.2s
1985	I	800m	1	Kevin McKay	England	Gtr. Manchester	1m 56.3s
1985	I	800m	2	David Wilson	Ireland		1m 56.7s
1985	I	800m	3	Joe Hayes	Ireland		1m 57.6s
1985	I	1500m	1	Bill Mullaney	Ireland		3m 58.9s
1985	I	1500m	2	Jason Lobo	England	Lancashire	3m 59.8s
1985	I	1500m	3	Rob Denmark	England	Essex	4m 00.9s
1985	I	3000m	1	Darren Mead	England	Norfolk	8m 26.2s
1985	I	3000m	2	Justin Hobbs	Wales		8m 44.6s
1985	I	3000m	3	Tom Richardson	England	Gtr. Manchester	8m 52.1s
1985	I	100mH	1	Brett St. Louis	England	London	12.6s
1985	I	100mH	2	Peter Dyer	Wales		13.1s
1985	I	100mH	3	James Wright	England	North Yorkshire	13.5s
1985	I	400mH	1	Richard Foulkes	England	West Yorkshire	55.3s
1985	I	400mH	2	Matthew Randall	England	Hampshire	56.6s
1985	I	400mH	3	Derek Liddy	Ireland		58.5s
1985	I	1500mST	1	Stephen Arnold	England	Hampshire	4m 19.4s
1985	I	1500mST	2	Spencer Duval	England	Staffordshire	4m 25.0s

1985	I	1500mST	3	Roger Jones	Wales		4m 25.6s
1985	I	4 x 100m	1	England			43.4s
1985	I	4 x 100m	2	Scotland			43.5s
1985	I	4 x 100m	3	Ireland			43.6s
1985	I	4 x 400m	1	England			3m 24.8s
1985	I	4 x 400m	2	Ireland			3m 27.7s
1985	I	4 x 400m	3	Scotland			3m 29.7s
1985	I	HJ	1	Duncan Mathieson	Scotland		1.97m
1985	I	HJ	2	Hopeton Lindo	England	Surrey	1.94m
1985	I	HJ	3	Noel O'Leary	Ireland		1.94m
1985	I	PV	1	Mike Edwards	England	Hampshire	4.53m
1985	I	PV	2	Derrick Neff	Ireland		3.75m
1985	I	PV	3	David Hunter	Scotland		3.70m
1985	I	LJ	1	Tony McMurray	England	Buckinghamshire	7.03m
1985	I	LJ	2	Stewart Faulkner	England	Northamptonshire	6.98m
1985	I	LJ	3	Patrick Osobase	Ireland		6.80m
1985	I	TJ	1	Mark Whitehead	England	West Yorkshire	14.51m
1985	I	TJ	2	Mark Seeley	England	Sussex	14.21m
1985	I	TJ	3	Richard Bryce	Ireland		13.03m
1985	I	SP	1	Colm Moran	Ireland		16.81m
1985	I	SP	2	Roger Hancock	England	Cheshire	15.12m
1985	I	SP	3	David Williams	England	West Midlands	14.79m
1985	I	DT	1	Guy Litherland	England	Staffordshire	51.44m
1985	I	DT	2	Edward Mbu	England	Kent	48.88m
1985	I	DT	3	Colm Moran	Ireland		45.38m
1985	I	HT	1	Gareth Cook	England	Surrey	66.94m
1985	I	HT	2	Paul Murden	England	Nottinghamshire	63.62m
1985	I	HT	3	Adrian Palmer	Wales		53.26m
1985	I	JT	1	Paul Bushnell	England	Essex	64.56m
1985	I	JT	2	Steve Backley	England	Kent	58.58m
1985	I	JT	3	Roderick James	Scotland		54.70m
1986	I	100m	1	Raymond Burke	England	Surrey	10.77s
1986	I	100m	2	Karl Ferguson	England	London	10.94s
1986	I	100m	3	Andrew Perrin	Wales		11.00s
1986	I	200m	1	Alex Fugallo	England	London	22.05w
1986	I	200m	2	Neil Sweeney	Ireland		22.56w
1986	I	200m	3	Joe Lees	England	Derbyshire	22.62w
1986	I	400m	1	Wayne McDonald	England	Middlesex	48.63s
1986	I	400m	2	David McKenzie	England	Surrey	49.63s
1986	I	400m	3	Paul Roberts	Wales		49.68s
1986	I	800m	1	Paul Burgess	England	Gtr. Manchester	1m 55.51s
1986	I	800m	2	Peter O'Donnell	Scotland		1m 56.29s
1986	I	800m	3	Antoin O'Caoime	Ireland		1m 56.47s
1986	I	1500m	1	Jason Lobo	England	Lancashire	4m 02.51s
1986	I	1500m	2	Martin Forder	England	Kent	4m 03.16s
1986	I	1500m	3	Peter Conway	Wales		4m 04.17s
1986	I	3000m	1	Jonathan Dennis	England	Hampshire	8m 40.47s
1986	I	3000m	2	Chris McCartney	England	West Midlands	8m 41.21s
1986	I	3000m	3	Andrew Jones	Wales		8m 49.16s
1986	I	100mH	1	James Wright	England	North Yorkshire	13.31s
1986	I	100mH	2	David Humphreys	England	West Midlands	13.53s
1986	I	100mH	3	Rhys Davies	Wales		13.85s
1986	I	400mH	1	Robert Brown	England	West Yorkshire	53.82s
1986	I	400mH	2	Chris Irvine	England	Northumberland	54.83s
1986	I	400mH	3	Brian Browne	Ireland		54.98s
1986	I	1500mST	1	Spencer Duval	England	Staffordshire	4m 15.7s
1986	I	1500mST	2	Ken Stirrat	England	West Yorkshire	4m 27.1s
1986	I	1500mST	3	Jason Logan	Scotland		4m 28.4s
1986	I	4 x 100m	1	England			43.10s

1986	I	4 x 100m	2	Scotland			43.51s
1986	I	4 x 100m	3	Wales			43.78s
1986	I	4 x 400m	1	England			3m 21.82s
1986	I	4 x 400m	2	Scotland			3m 27.32s
1986	I	4 x 400m	3	Wales			3m 29.02s
1986	I	HJ	1	Hopeton Lindo	England	Surrey	2.06m
1986	I	HJ	2	Lee Whittington	England	Oxfordshire	2.01m
1986	I	HJ	3	Craig Talbot	Scotland		1.88m
1986	I	PV	1	Daniel Chalkley	England	West Yorkshire	4.10m
1986	I	PV	2	Adrian Bailey	England	West Midlands	4.00m
1986	I	PV	3	Derrick Neff	Ireland		3.60m
1986	I	LJ	1	Kevin Liddington	England	Northamptonshire	6.58m
1986	I	LJ	2	Richard James	Wales		6.49m
1986	I	LJ	3	Brian Milne	Scotland		6.49m
1986	I	TJ	1	Junior Campbell	England	Essex	15.15m
1986	I	TJ	2	Wayne Griffith	England	Hertfordshire	14.06m
1986	I	TJ	3	Gareth Davies	Wales		13.54m
1986	I	SP	1	Matthew Simson	England	Essex	18.28m
1986	I	SP	2	Victor Costello	Ireland		17.36m
1986	I	SP	3	Jarleth Gilroy	Ireland		16.02m
1986	I	DT	1	Neal Brunning	England	London	52.04m
1986	I	DT	2	John Carty	England	West Midlands	44.70m
1986	I	DT	3	Glenn McMahon	Ireland		43.58m
1986	I	HT	1	Jason Byrne	England	Berkshire	65.40m
1986	I	HT	2	Peter Vivian	England	London	64.42m
1986	I	HT	3	Jim O'Mahony	Ireland		56.00m
1986	I	JT	1	Jeremy Abadom	England	Hampshire	56.22m
1986	I	JT	2	Roderick James	Scotland		54.46m
1986	I	JT	3	Julian Howells	Wales		54.12m
1987	I	100m	1	Andrew Mensah	England	Middlesex	11.3s
1987	I	100m	2	Jason Livingston	England	London	11.4s
1987	I	100m	3	Simon May	Scotland		11.4s
1987	I	200m (A)	1	Michael Williams	England	Hampshire	22.6s
1987	I	200m (A)	2	Simon May	Scotland		23.3s
1987	I	200m (A)	3	John McGuire	Ireland		23.6s
1987	I	200m (B)	1	Nigel Stickings	England	Kent	22.3s
1987	I	200m (B)	2	Darren Galloway	Scotland		23.2s
1987	I	200m (B)	3	Brian Fraser	Ireland		23.6s
1987	I	400m (A)	1	David McKenzie	England	Surrey	49.0s
1987	I	400m (A)	2	Danny O'Brien	Ireland		50.8s
1987	I	400m (A)	3	Ian Carr	Wales		51.1s
1987	I	400m (B)	1	Edward Williams	England	London	50.6s
1987	I	400m (B)	2	Peter Kennedy	Scotland		51.3s
1987	I	400m (B)	3	Barry Heuston	Ireland		51.6s
1987	I	800m	1	Stephen Glover	England	Staffordshire	2m 00.5s
1987	I	800m	2	Peter Broadley	England	Nottinghamshire	2m 00.6s
1987	I	800m	3	Pat Callanan	Ireland		2m 00.7s
1987	I	1500m	1	Philip Healey	Ireland		3m 56.6s
1987	I	1500m	2	Brian Treacy	Ireland		3m 56.8s
1987	I	1500m	3	Ian Grime	England	Gtr. Manchester	3m 57.3s
1987	I	3000m	1	Jon Brown	England	South Yorkshire	8m 39.6s
1987	I	3000m	2	Malcolm Campbell	England	Hampshire	8m 43.7s
1987	I	3000m	3	Niall Bruton	Ireland		9m 00.9s
1987	I	100mH (A)	1	Darran Haddock	Ireland		14.0s
1987	I	100mH (A)	2	Chris Iles	England	Wiltshire	14.0s
1987	I	100mH (A)	3	Richard Harbour	Wales		14.1s
1987	I	100mH (B)	1	Richard Hunter	England	Northumberland	13.9s
1987	I	100mH (B)	2	David Sheehan	Ireland		14.4s
1987	I	100mH (B)	3	Ian Thomas	Wales		14.9s

1987	I	400mH (A)	1	Grant McPherson	England	Dorset	56.0s
1987	I	400mH (A)	2	Stuart Law	Ireland		57.4s
1987	I	400mH (A)	3	Luc Evans	Wales		57.4s
1987	I	400mH (B)	1	Paul Thompson	England	Staffordshire	56.0s
1987	I	400mH (B)	2	Tom Hallahan	Ireland		57.7s
1987	I	400mH (B)	3	Ioan Bebb	Wales		58.1s
1987	I	1500mST	1	Richard Baker	Wales		4m 24.0s
1987	I	1500mST	2	Mark Blay	England	West Yorkshire	4m 26.9s
1987	I	1500mST	3	Robert Olney	England	Somerset	4m 30.1s
1987	I	4 x 100m	1	England			43.4s
1987	I	4 x 100m	2	Scotland			43.5s
1987	I	4 x 100m	3	Wales			45.1s
1987	I	4 x 400m	1	England			3m 27.1s
1987	I	4 x 400m	2	Scotland			3m 30.9s
1987	I	4 x 400m	3	Ireland			3m 31.7s
1987	I	HJ	1	Tim Blakeway	England	West Midlands	2.05m
1987	I	HJ	2	David Barnetson	Scotland		2.00m
1987	I	HJ	3	Marlon Huggins	England	Surrey	2.00m
1987	I	PV	1	Stephen Howe	England	West Midlands	4.20m
1987	I	PV	2	Duncan Pearce	England	Gtr. Manchester	4.10m
1987	I	PV	3	Iain Black	Scotland		4.00m
1987	I	LJ	1	Basil Edwards	England	Bedfordshire	6.66m
1987	I	LJ	2	Brian Hanish	Ireland		6.61m
1987	I	LJ	3	Adrian Porter	Ireland		6.60m
1987	I	TJ	1	Gareth Davies II	Wales		13.88m
1987	I	TJ	2	Mark Lawrence	England	West Yorkshire	13.63m
1987	I	TJ	3	Junior Chukukere	England	Sussex	13.62m
1987	I	SP	1	Victor Costello	Ireland		18.85m
1987	I	SP	2	James Muirhead	England	Merseyside	16.07m
1987	I	SP	3	Robert Briffitt	England	Hertfordshire	15.73m
1987	I	DT	1	Neal Brunning	England	London	48.94m
1987	I	DT	2	Neil Sougrin	England	Middlesex	47.52m
1987	I	DT	3	Michael Aherne	Ireland		46.94m
1987	I	HT	1	Jason Byrne	England	Berkshire	68.24m
1987	I	HT	2	Adrian Johnson	England	London	55.56m
1987	I	HT	3	Tom Dineen	Ireland		51.28m
1987	I	JT	1	Myles Cottrell	England	Hampshire	62.80m
1987	I	JT	2	Barry Robinson	England	Suffolk	57.28m
1987	I	JT	3	Philip Crawford	Scotland		48.74m
1988	I	100m	1	Duncan Game	England	Avon	11.1s
1988	I	100m	2	Jason Urron	England	Northumberland	11.3s
1988	I	100m	3	Alan McCarthy	Ireland		11.3s
1988	I	200m (A)	1	Darren Galloway	Scotland		22.3s
1988	I	200m (A)	2	Mark Smith	England	Essex	22.6s
1988	I	200m (A)	3	Alan McCarthy	Ireland		23.1s
1988	I	200m (B)	1	Brian Fraser	Ireland		22.5s
1988	I	200m (B)	2	Alexander Carnie	Scotland		22.9s
1988	I	200m (B)	3	Andrew Evans	England	Cleveland	23.1s
1988	I	400m (A)	1	Mark Richardson	England	Berkshire	49.2s
1988	I	400m (A)	2	Peter Kennedy	Scotland		50.1s
1988	I	400m (A)	3	Frankie Higgins	Ireland		51.7s
1988	I	400m (B)	1	Adrian Patrick	England	Berkshire	49.7s
1988	I	400m (B)	2	Ian McGurk	Scotland		51.3s
1988	I	400m (B)	3	Martin Hudson	Wales		52.0s
1988	I	800m	1	Mark Sesay	England	West Yorkshire	1m 54.7s
1988	I	800m	2	Peter Broadley	England	Nottinghamshire	1m 55.9s
1988	I	800m	3	John McFadyen	Scotland		1m 56.0s
1988	I	1500m	1	Steve Johnson	England	Merseyside	4m 00.4s
1988	I	1500m	2	Stuart Poore	England	Hampshire	4m 00.8s

1988	I	1500m	3	P. J. O'Rourke	Ireland		4m 04.3s
1988	I	3000m	1	Niall Bruton	Ireland		8m 36.7s
1988	I	3000m	2	Martin Scaife	England	Durham	8m 37.8s
1988	I	3000m	3	Nigel Brunton	Ireland		8m 42.3s
1988	I	100mH	1	Damon Bainbridge	England	Essex	13.5s
1988	I	100mH	2	Graeme Smith	Scotland		13.9s
1988	I	100mH	3	Richard Harbour	Wales		13.9s
1988	I	400mH (A)	1	Marvin Gray	Wales		55.8s
1988	I	400mH (A)	2	Paul Danby	England	Humberside	56.4s
1988	I	400mH (A)	3	Frank Butler	Ireland		57.3s
1988	I	400mH (B)	1	Matthew Birchall	England	Merseyside	54.7s
1988	I	400mH (B)	2	Wayne Proctor	Wales		55.9s
1988	I	400mH (B)	3	Colm Tobin	Ireland		58.4s
1988	I	1500mST	1	John Murray	Ireland		4m 20.0s
1988	I	1500mST	2	Steven Hope	England	Cheshire	4m 23.0s
1988	I	1500mST	3	Cronan Cantley	Ireland		4m 23.4s
1988	I	4 x 100m	1	England			42.9s
1988	I	4 x 100m	2	Scotland			43.2s
1988	I	4 x 100m	3	Ireland			43.6s
1988	I	4 x 400m	1	England			3m 19.4s
1988	I	4 x 400m	2	Scotland			3m 22.5s
1988	I	4 x 400m	3	Ireland			3m 26.6s
1988	I	HJ	1	Brendan Reilly	England	Northamptonshire	2.05m
1988	I	HJ	2	Steve Smith	England	Merseyside	1.94m
1988	I	HJ	3	Charles Brand	Ireland		1.94m
1988	I	PV	1	Mark Hodgkinson	England	Nottinghamshire	4.40m
1988	I	PV	2	Stephen Greig	England	Gtr. Manchester	4.20m
1988	I	PV	3	John Hallisey	Ireland		3.80m
1988	I	LJ	1	Jonathon Kron	Ireland		6.79m
1988	I	LJ	2	Christopher Cotter	England	Devon	6.65m
1988	I	LJ	3	David Gormley	Scotland		6.60m
1988	I	TJ	1	Zac Kerin	England	Essex	14.68m
1988	I	TJ	2	Mike Adebolu	England	Hereford & Worcs	14.36m
1988	I	TJ	3	Gerald Walker	Wales		13.50m
1988	I	SP	1	Jason Mulcahy	England	London	16.30m
1988	I	SP	2	Richard Baker	England	Oxfordshire	16.20m
1988	I	SP	3	Michael Aherne	Ireland		14.30m
1988	I	DT	1	Glen Smith	England	Hereford & Worcs	52.02m
1988	I	DT	2	Julian Willett	England	Cambridgeshire	50.50m
1988	I	DT	3	Michael Aherne	Ireland		47.40m
1988	I	HT	1	Adrian Johnson	England	London	59.16m
1988	I	HT	2	David Tuite	Ireland		54.40m
1988	I	HT	3	Chris Edgar	England	Gtr. Manchester	54.34m
1988	I	JT	1	Gerald Harrison	England	London	56.24m
1988	I	JT	2	Alex Smith	England	Somerset	53.74m
1988	I	JT	3	Alan Clarke	Ireland		52.70m
1989	I	100m	1	Mark Walcott	England	West Midlands	11.2s
1989	I	100m	2	David Jackson	England	South Yorkshire	11.2s
1989	I	100m	3	Carlton Haddock	Ireland		11.3s
1989	I	200m	1	Darren Campbell	England	Gtr. Manchester	22.2s
1989	I	200m	2	Algernon Alexander	England	London	22.5s
1989	I	200m	3	Jamie Baulch	Wales		22.5s
1989	I	400m	1	Adrian Patrick	England	Berkshire	49.0s
1989	I	400m	2	David Simpson	England	Sussex	49.4s
1989	I	400m	3	Peter Maitland	Wales		49.5s
1989	I	800m	1	Mark Sesay	England	West Yorkshire	01:53.2
1989	I	800m	2	Fintan Reilly	Ireland		01:55.0
1989	I	800m	3	Matt Hibberd	England	Leicestershire & R	01:56.0
1989	I	1500m	1	Steve Johnson	England	Merseyside	03:58.4

1989	I	1500m	2	Richard Bunn	England	Lincolnshire	03:59.5
1989	I	1500m	3	Grant Graham	Scotland		04:01.1
1989	I	3000m	1	Spencer Barden	England	Kent	08:45.5
1989	I	3000m	2	David Healy	Ireland		08:58.4
1989	I	3000m	3	David Thompson	England	Gtr. Manchester	09:04.6
1989	I	100mH	1	Berian Davies	Wales		13.2s
1989	I	100mH	2	Dominic Lewis	England	Essex	13.2s
1989	I	100mH	3	Carlton Haddock	Ireland		13.3s
1989	I	400mH	1	Jamie Quarry	England	Kent	55.5s
1989	I	400mH	2	Dominic Williams	England	Kent	55.7s
1989	I	400mH	3	Simon Peckham	Wales		56.6s
1989	I	1500mST	1	Dave Robertson	England	Kent	04:23.4
1989	I	1500mST	2	Garrie Richardson	England	Bedfordshire	04:29.0
1989	I	1500mST	3	Andrew Powell	Wales		04:29.8
1989	I	4 x 100m	1	Scotland			43.5s
1989	I	4 x 100m	2	Ireland			43.6s
1989	I	4 x 100m	3	Wales			44.0s
1989	I	4 x 400m	1	England			03:21.9
1989	I	4 x 400m	2	Ireland			03:23.8
1989	I	4 x 400m	3	Scotland			03:24.1
1989	I	HJ	1	Brendan Reilly	England	Northamptonshire	2.05m
1989	I	HJ	2	Steve Smith	England	Merseyside	1.95m
1989	I	HJ	3	Sebastien Whyte	Scotland		1.95m
1989	I	PV	1	Nick Buckfield	England	Sussex	4.65m
1989	I	PV	2	Neil Winter	Wales		4.60m
1989	I	PV	3	Gavin Showell	England	Staffordshire	3.90m
1989	I	LJ	1	Jonathon Kron	Ireland		7.14m
1989	I	LJ	2	Onochie Onourah	England	Kent	6.99m
1989	I	LJ	3	Scott Herbert	England	Buckinghamshire	6.66m
1989	I	TJ	1	Dave Reeve	England	Devon	14.48m
1989	I	TJ	2	Anthony Clarke	England	West Midlands	14.38m
1989	I	TJ	3	Darren Yeo	Wales		13.55m
1989	I	SP	1	Jason Mulcahy	England	London	16.07m
1989	I	SP	2	Geoff Sinclair	England	Middlesex	15.47m
1989	I	SP	3	Patrick O'Leary	Ireland		14.33m
1989	I	DT	1	Jamie Murphy	England	Northamptonshire	50.54m
1989	I	DT	2	Julian Willett	England	Cambridgeshire	49.28m
1989	I	DT	3	Simon Cooke	Wales		45.50m
1989	I	HT	1	Jon Bond	England	Devon	62.50m
1989	I	HT	2	Thomas Murphy	Ireland		61.46m
1989	I	HT	3	Charles Beresford	England	Avon	60.86m
1989	I	JT	1	David Hughes	England	Suffolk	59.02m
1989	I	JT	2	Peter Sturmey	England	Somerset	58.22m
1989	I	JT	3	Linton Baddely	Wales		53.58m
1990	I	100m	1	Mark Walcott	England	West Midlands	11.17s
1990	I	100m	2	Jeff Pamplin	Ireland		11.36s
1990	I	100m	3	Michael Nartey	England	Kent	11.40s
1990	I	200m	1	Andrew Walcott	England	West Midlands	22.32s
1990	I	200m	2	Jeff Pamplin	Ireland		22.73s
1990	I	200m	3	Danny Joyce	England	Bedfordshire	22.93s
1990	I	400m	1	Daniel Reuby	England	Dorset	50.07s
1990	I	400m	2	Elliot Brittain	England	Essex	50.61s
1990	I	400m	3	Nicholas Thomas	Wales		50.84s
1990	I	800m	1	Jon Murray	England	Kent	1m 55.03s
1990	I	800m	2	Colin Young	Scotland		1m 55.16s
1990	I	800m	3	Paul Walker	England	Merseyside	1m 55.62s
1990	I	1500m	1	Simon Young	Ireland		4m 00.51s
1990	I	1500m	2	Adrian Hampson	Ireland		4m 01.12s
1990	I	1500m	3	Toby Champion	England	Hampshire	4m 02.27s

1990	I	3000m	1	Luke Veness	England	Sussex	8m 43.32s
1990	I	3000m	2	Gary O'Hanlon	Ireland		8m 49.14s
1990	I	3000m	3	Neil Caddy	England	Cornwall	8m 49.59s
1990	I	100mH	1	Neil Owen	England	Surrey	13.53s
1990	I	100mH	2	Richard Whalley	England	Staffordshire	13.88s
1990	I	100mH	3	Stuart Dillon	Scotland		14.33s
1990	I	400mH	1	Kevin Darcy	Ireland		54.64s
1990	I	400mH	2	Anthony Borsumato	England	Cleveland	55.68s
1990	I	400mH	3	Ben Worthington	England	Northumberland	55.82s
1990	I	1500mST	1	Adam Duke	England	Somerset	4m 19.89s
1990	I	1500mST	2	Shaun Purcell	England	Cleveland	4m 24.48s
1990	I	1500mST	3	Matthew Kelso	Scotland		4m 25.94s
1990	I	4 x 100m	1	England			42.80s
1990	I	4 x 100m	2	Ireland			43.61s
1990	I	4 x 100m	3	Scotland			43.66s
1990	I	4 x 400m	1	England			3m 21.56s
1990	I	4 x 400m	2	Wales			3m 23.14s
1990	I	4 x 400m	3	Scotland			3m 25.31s
1990	I	HJ	1	Mark Smith	England	Hertfordshire	2.03m
1990	I	HJ	2	Stanley Osuide	England	London	1.95m
1990	I	HJ	3	Peter Haslett	Ireland		1.90m
1990	I	PV	1	Geoff Gregory	England	West Midlands	4.00m
1990	I	PV	2=	Denis Finn	Ireland		3.60m
1990	I	PV	2=	Mark Richards	England	Sussex	3.60m
1990	I	LJ	1	Onochie Onuorah	England	Kent	7.00m
1990	I	LJ	2	Amofa Osei	England	Suffolk	6.71m
1990	I	LJ	3	Simon Lewis	Wales		6.69m
1990	I	TJ	1	Uche Onyekweli	England	Suffolk	14.75m
1990	I	TJ	2	Carl Howard	England	Oxfordshire	14.51m
1990	I	TJ	3	Darren Yeo	Wales		13.96m
1990	I	SP	1	Bryan Kelly	England	Merseyside	16.39m
1990	I	SP	2	John Tyler	England	Staffordshire	15.62m
1990	I	SP	3	Stephen McCauley	Ireland		14.20m
1990	I	DT	1	Simon Biddlecombe	England	Berkshire	46.82m
1990	I	DT	2	Stephen McCauley	Ireland		45.40m
1990	I	DT	3	Ian McMillan	Ireland		42.98m
1990	I	HT	1	Malcolm Croad	England	Hertfordshire	66.30m
1990	I	HT	2	Neil Curtis	England	Northamptonshire	58.24m
1990	I	HT	3	John Monaghan	Ireland		54.30m
1990	I	JT	1	James Hurion	England	West Midlands	61.12m
1990	I	JT	2	Duncan MacDonald	England	Surrey	56.86m
1990	I	JT	3	Bartley Breathnack	Ireland		53.96m
1991	I	100m	1	John McAdorey	Ireland		11.28s
1991	I	100m	2	Stuart Moir	Scotland		11.40s
1991	I	100m	3	Colin MacRobert	Scotland		11.47s
1991	I	200m	1	Danny Joyce	England	Bedfordshire	22.13s
1991	I	200m	2	John McAdorey	Ireland		22.41s
1991	I	200m	3	Colin MacRobert	Scotland		22.48s
1991	I	400m	1	Guy Bullock	England	Lancashire	49.28s
1991	I	400m	2	Stephen McHardy	England	West Midlands	50.05s
1991	I	400m	3	Lance Worthington	Wales		50.65s
1991	I	800m	1	Mark Griffin	England	Surrey	1m 55.46s
1991	I	800m	2	John O'Reilly	Ireland		1m 55.67s
1991	I	800m	3	Andrew Parker	England	North Yorkshire	1m 57.56s
1991	I	1500m	1	Peter Robertshaw	England	North Yorkshire	4m 01.25s
1991	I	1500m	2	Jayne Adams	England	Cheshire	4m 01.74s
1991	I	1500m	3	Derek Watters	Ireland		4m 05.08s
1991	I	3000m	1	Neil Caddy	England	Cornwall	8m 44.42s
1991	I	3000m	2	Sam Jackson	England	Derbyshire	8m 48.09s

1991	I	3000m	3	David Healy	Ireland		8m 59.28s
1991	I	100mH	1	Ricky Glover	England	Somerset	13.12s
1991	I	100mH	2	Nick Csemiczky	England	Berkshire	13.20s
1991	I	100mH	3	James Hughes	Wales		13.74s
1991	I	400mH	1	Noel Levy	England	London	53.82s
1991	I	400mH	2	Richard Warburton	England	Staffordshire	54.01s
1991	I	400mH	3	Brian Long	Ireland		55.25s
1991	I	1500mST	1	Bruno Witchalls	England	Surrey	4m 19.98s
1991	I	1500mST	2	Paul Dickie	England	Northumberland	4m 24.04s
1991	I	1500mST	3	Matthew Kelso	Scotland		4m 25.68s
1991	I	4 x 100m	1	England			42.71s
1991	I	4 x 100m	2	Scotland			43.15s
1991	I	4 x 100m	3	Ireland			44.29s
1991	I	4 x 400m	1	Ireland			3m 31.56s
1991	I	4 x 400m	2	Wales			3m 32.33s
1991	I	4 x 400m	3	Scotland			3m 34.88s
1991	I	HJ	1	Dafydd Edwards	Wales		2.05m
1991	I	HJ	2	Stanley Osuide	England	London	2.00m
1991	I	HJ	3	Chris Harding	Wales		1.90m
1991	I	PV	1	Simon Gaines	England	Cumbria	4.35m
1991	I	PV	2	Peter Eyre	England	Northumberland	4.20m
1991	I	PV	3	Kenneth McNicol	Scotland		3.70m
1991	I	LJ	1	Hilton Thompson	England	Gtr. Manchester	6.81m
1991	I	LJ	2	Jon Jones	England	Somerset	6.75m
1991	I	LJ	3	Darren Yeo	Wales		6.55m
1991	I	TJ	1	Larry Achike	England	Sussex	15.28m
1991	I	TJ	2	Michael Duberry	England	Middlesex	14.32m
1991	I	TJ	3	Nick Walne	Wales		14.16m
1991	I	SP	1	Mark Edwards	England	Leicestershire & R	16.57m
1991	I	SP	2	Darren Gallimore	England	Merseyside	15.20m
1991	I	SP	3	James McCormick	Ireland		16.57m
1991	I	DT	1	James South	England	Essex	50.70m
1991	I	DT	2	Ashley Knott	England	Hereford & Worcs	49.74m
1991	I	DT	3	Andrew Kenny	Ireland		43.88m
1991	I	HT	1	Glen Kerr	England	Bedfordshire	60.14m
1991	I	HT	2	John Monaghan	Ireland		59.22m
1991	I	HT	3	Michael McGinn	Ireland		55.56m
1991	I	JT	1	Richard Atkinson	England	West Yorkshire	64.16m
1991	I	JT	2	Scott Bird	England	Berkshire	60.10m
1991	I	JT	3	Richard Jones	Wales		59.38m
1992	I	100m	1	Curtis Browne	England	West Midlands	10.7
1992	I	100m	2	Denis Hickie	Ireland		10.8
1992	I	100m	3	Sam Omonua	England	Berkshire	10.9
1992	I	200m	1	Stephen McHardy	England	West Midlands	21.9s
1992	I	200m	2	Matthew Bridle	England	Cheshire	22.1s
1992	I	200m	3	Colin Hopkins	Scotland		22.5s
1992	I	400m	1	Cephas Howard	England	Hampshire	50.0s
1992	I	400m	2	Nick Budden	England	Norfolk	50.7s
1992	I	400m	3	Simon McQuaid	Ireland		50.9s
1992	I	800m	1	Chris Beswick	England	Gtr. Manchester	1m 57.0s
1992	I	800m	2	Chris Stringer	England	Gtr. Manchester	1m 57.7s
1992	I	800m	3	Des Roache	Scotland		1m 58.5s
1992	I	1500m	1	Scott West	England	Leicestershire & R	4m 02.7s
1992	I	1500m	2	Edward King	Ireland		4m 04.6s
1992	I	1500m	3	Jan Staneke	England	Merseyside	4m 05.4s
1992	I	3000m	1	Sam Jackson	England	Derbyshire	8m 59.5s
1992	I	3000m	2	James Lovell	England	Middlesex	9m 02.1s
1992	I	3000m	3	Padraic Buckley	Ireland		9m 02.1s
1992	I	100mH	1	John Whelan	Ireland		13.0s

1992	I	100mH	2	Ciaran Cash	Ireland		13.1s
1992	I	100mH	3	Chris Pember	England	Hereford & Worcs	13.4s
1992	I	400mH	1	Andrew Bargh	England	Hampshire	55.5s
1992	I	400mH	2	Brian Long	Ireland		56.5s
1992	I	400mH	3	Paul Martin	England	Humberside	57.6s
1992	I	1500mST	1	Ben Reese	England	Cheshire	4m 22.3s
1992	I	1500mST	2	Kevin Daley	Scotland		4m 22.7s
1992	I	1500mST	3	Andrew Blackmore	England	Shropshire	4m 28.7s
1992	I	4 x 100m	1	Scotland			42.9s
1992	I	4 x 100m	2	Wales			44.7s
1992	I	4 x 100m	3	-	-	-	-
1992	I	4 x 400m	1	England			3m 25.7s
1992	I	4 x 400m	2	Ireland			3m 27.6s
1992	I	4 x 400m	3	Wales			3m 29.8s
1992	I	HJ	1	Mike Robbins	England	South Yorkshire	2.00m
1992	I	HJ	2	Mark Latham	England	Staffordshire	2.00m
1992	I	HJ	3	Liam Kelly	Ireland		1.90m
1992	I	PV	1	Mark Davis	England	Northamptonshire	4.30m
1992	I	PV	2	Neil Young	Ireland		4.20m
1992	I	PV	3	Kevin Treen	England	West Midlands	3.90m
1992	I	LJ	1	Anthony Malcolm	England	Wiltshire	7.11m
1992	I	LJ	2	James Clawley	England	Staffordshire	7.07m
1992	I	LJ	3	John Whannel	Scotland		6.67m
1992	I	TJ	1	Marvin Bramble	England	London	14.20m
1992	I	TJ	2	Michael Fracombe	Wales		14.06m
1992	I	TJ	3	Jason Bennett	England	West Midlands	13.75m
1992	I	SP	1	Piers Selby	England	Hampshire	16.98m
1992	I	SP	2	Robert Snow	England	Surrey	15.50m
1992	I	SP	3	Daniel Ablett	Scotland		14.24m
1992	I	DT	1	Ray McKenna	England	Hertfordshire	47.30m
1992	I	DT	2	Simon Gaffney	Ireland		45.84m
1992	I	DT	3	Matthew Bundock	England	Kent	43.10m
1992	I	HT	1	Nick Steinmetz	England	Bedfordshire	65.14m
1992	I	HT	2	Mike Rowlatt	England	Northamptonshire	62.44m
1992	I	HT	3	Michael McGinn	Ireland		60.32m
1992	I	JT	1	Tim Eldridge	England	Essex	57.98m
1992	I	JT	2	Stuart Loughren	Wales		56.04m
1992	I	JT	3	Graham Lay	England	North Yorkshire	52.84
1993	I	100m	1	Stuart McQuade	Ireland		10.74s
1993	I	100m	2	Trevor Cameron	England	Middlesex	10.79s
1993	I	100m	3	Jamie Henthorn	Wales		10.84s
1993	I	200m	1	Stuart McQuade	Ireland		22.25s
1993	I	200m	2	Graham Beasley	England	Bedfordshire	22.44s
1993	I	200m	3	Daniel Money	England	Derbyshire	22.51s
1993	I	400m	1	Mark Hylton	England	Berkshire	47.81s
1993	I	400m	2	Mark Pontin	Wales		49.04s
1993	I	400m	3	Ryan Wilson	England	Warwickshire	49.54s
1993	I	800m	1	James Nolan	Ireland		1m 55.35s
1993	I	800m	2	Andrew Young	Scotland		1m 56.20s
1993	I	800m	3	John Weybourne	Wales		1m 56.79s
1993	I	1500m	1	Ally Donaldson	Scotland		3m 58.50s
1993	I	1500m	2	Tom Mayo	England	West Midlands	4m 02.27s
1993	I	1500m	3	Richard Mann	England	West Midlands	4m 05.16s
1993	I	3000m	1	Alan Dunleavy	Ireland		8m 44.57s
1993	I	3000m	2	Mark Miles	England	West Midlands	8m 49.80s
1993	I	3000m	3	Stuart Bond	England	Derbyshire	8m 52.08s
1993	I	100mH	1	Matthew Clements	England	Cambridgeshire	12.70s
1993	I	100mH	2	David Cotter	Scotland		13.32s
1993	I	100mH	3	Mark Bushell	England	Hampshire	13.43s

1993	I	400mH	1	Matthew Douglas	England	Buckinghamshire	54.22s
1993	I	400mH	2	Jon Goodwin	England	Devon	54.36s
1993	I	400mH	3	Mark Rowlands	Wales		55.25s
1993	I	1500mST	1	Jamie Kennedy	England	Middlesex	4m 28.75s
1993	I	1500mST	2	Stuart Stokes	England	Gtr. Manchester	4m 29.00s
1993	I	1500mST	3	John Mooney	Ireland		4m 30.57s
1993	I	4 x 100m	1	England			42.27s
1993	I	4 x 100m	2	Scotland			42.88s
1993	I	4 x 100m	3	Wales			43.60s
1993	I	4 x 400m	1	England			3m 22.24s
1993	I	4 x 400m	2	Ireland			3m 24.38s
1993	I	4 x 400m	3	Scotland			3m 24.58s
1993	I	HJ	1	James Brierley	England	Shropshire	2.04m
1993	I	HJ	2	Martin Pate	Scotland		2.01m
1993	I	HJ	3	Rob Brocklebank	England	Lancashire	1.98m
1993	I	HT	1	Nick Steinmetz	England	Bedfordshire	73.00m
1993	I	HT	2	John Thompson	Ireland		61.18m
1993	I	HT	3	Mike Floyd	England	Gtr. Manchester	57.08m
1993	I	JT	1	Sean Evans	England	Devon	62.66m
1993	I	JT	2	Billy Treacy	Ireland		57.06m
1993	I	JT	3	Peter Fraser	Scotland		55.00m
1993	I	LJ	1	Tendai Huntley	England	Surrey	6.80m
1993	I	LJ	2	Stuart Jones	Wales		6.62m
1993	I	LJ	3	William Stark	Scotland		6.62m
1993	I	TJ	1	Marvin Bramble	England	London	15.03m
1993	I	TJ	2	Aidan Woodhouse	England	Kent	14.10m
1993	I	TJ	3	Adam Smith	Ireland		13.51m
1993	I	PV	1	Mark Davis	England	Northamptonshire	4.40m
1993	I	PV	2	Neil Young	Ireland		4.40m
1993	I	PV	3	Neil Turner	England	Oxfordshire	3.80m
1993	I	SP	1	Bill Fuller	England	Surrey	16.80m
1993	I	SP	2	Dinos Alexopoulos	England	Somerset	16.21m
1993	I	SP	3	Liam McIntyre	Scotland		15.18m
1993	I	DT	1	Matthew Bundock	England	Kent	48.24m
1993	I	DT	2	Gareth Marks	Wales		45.46m
1993	I	DT	3	Liam McIntyre	Scotland		45.04m
1994	I	100m	1	Dwain Chambers	England	Middlesex	11.03s
1994	I	100m	2	Scott Fraser	Scotland		11.06s
1994	I	100m	3	Joel Calliste	England	Middlesex	11.10s
1994	I	200m	1	Ross Baillie	Scotland		22.02s
1994	I	200m	2	Uvie Ugono	England	London	22.07s
1994	I	200m	3	Graham Beasley	England	Bedfordshire	22.09s
1994	I	400m	1	Ian Horsburgh	Scotland		49.35s
1994	I	400m	2	Laurence Baird	England	Humberside	49.97s
1994	I	400m	3	Tim Slocombe	England	Dorset	50.02s
1994	I	800m	1	Michael Combe	Scotland		1m 57.81s
1994	I	800m	2	Roger Morley	England	Lincolnshire	1m 57.87s
1994	I	800m	3	Peter McCormick	Ireland		1m 58.23s
1994	I	1500m	1	Dale Canning	England	Gtr. Manchester	4m 03.59s
1994	I	1500m	2	Paul Draper	England	Gtr. Manchester	4m 04.34s
1994	I	1500m	3	Graham O'Dwyer	Ireland		4m 04.87s
1994	I	3000m	1	Allen Graffin	England	Kent	8m 37.12s
1994	I	3000m	2	Andrew Graffin	England	Kent	8m 47.33s
1994	I	3000m	3	Thomas Carey	Ireland		8m 49.13s
1994	I	100mH	1	Matthew Clements	England	Cambridgeshire	13.00s
1994	I	100mH	2	Damien Greaves	England	Essex	13.17s
1994	I	100mH	3	Ross Baillie	Scotland		13.21s
1994	I	400mH	1	Dean Park	England	London	54.23s
1994	I	400mH	2	Charles Robertson-Adams	England	Shropshire	54.85s

1994	I	400mH	3	Mark Rowlands	Wales		55.42s
1994	I	1500mST	1	James Calvert	England	Kent	4m 24.99s
1994	I	1500mST	2	Tim Davis	England	Kent	4m 26.52s
1994	I	1500mST	3	Adrian Boyle	Ireland		4m 31.69s
1994	I	4 x 100m	1	Scotland			41.91s
1994	I	4 x 100m	2	England			42.37s
1994	I	4 x 100m	3	Ireland			43.42s
1994	I	4 x 400m	1	England			3m 21.68s
1994	I	4 x 400m	2	Scotland			3m 23.48s
1994	I	4 x 400m	3	Ireland			3m 29.72s
1994	I	HJ	1	Matt Perry	Wales		1.95m
1994	I	HJ	2	Keith Oag	Scotland		1.95m
1994	I	HJ	3	Ben Challenger	England	Leicestershire & R	1.90m
1994	I	PV	1	Martin Parley	England	Avon	4.20m
1994	I	PV	2	Steven Francis	Wales		4.10m
1994	I	PV	3	Robert Bell	England	Essex	4.00m
1994	I	LJ	1	Marcellas Peters	England	Derbyshire	6.95m
1994	I	LJ	2	Nathan Morgan	England	Leicestershire & R	6.69m
1994	I	LJ	3	Brian Cullinane	Ireland		6.37m
1994	I	TJ	1	James Peacock	England	Essex	13.88m
1994	I	TJ	2	Mike McKernan	England	West Midlands	13.87m
1994	I	TJ	3	Charles-Madeira-Cole	Wales		13.73m
1994	I	SP	1	Sean Breathnach	Ireland		15.68m
1994	I	SP	2	Sudip Burman-Roy	England	Kent	15.31m
1994	I	SP	3	Jason Flynn	Ireland		15.10m
1994	I	DT	1	Emeka Udechuku	England	London	52.68m
1994	I	DT	2	Ben Walker	England	Hertfordshire	46.62m
1994	I	DT	3	Nigel Travers	Ireland		46.32m
1994	I	HT	1	John Thompson	Ireland		56.96m
1994	I	HT	2	Adam Devonshire	England	Bedfordshire	55.12m
1994	I	HT	3	Kevin Davies	England	Somerset	51.78m
1994	I	JT	1	Mark Francis	England	Surrey	62.10m
1994	I	JT	2	Jason Oakes	England	Northumberland	56.74m
1994	I	JT	3	Peter Fraser	Scotland		54.90m
1995	I	100m	1	Christian Malcolm	Wales		10.99s
1995	I	100m	2	John Skeete	England	Essex	11.08s
1995	I	100m	3	Chris Carson	Scotland		11.38s
1995	I	200m	1	Christian Malcolm	Wales		22.29s
1995	I	200m	2	Philip Perigo	England	South Yorkshire	22.46s
1995	I	200m	3	Chris Blake	England	Gtr. Manchester	22.94s
1995	I	400m	1	James Hilston	England	Surrey	48.71s
1995	I	400m	2	Richard McNabb	England	South Yorkshire	49.02s
1995	I	400m	3	Ahmed Al-Kowarri	Scotland		49.62s
1995	I	800m	1	Ryan Davoile	England	West Midlands	1m 56.89s
1995	I	800m	2	Neil Kirk	England	Kent	1m 57.13s
1995	I	800m	3	Michael Combe	Scotland		1m 57.24s
1995	I	1500m	1	Gareth Turnbull	Ireland		3m 56.67s
1995	I	1500m	2	Graham O'Dwyer	Ireland		4m 01.86s
1995	I	1500m	3	Matt Dixon	England	Lancashire	4m 04.98s
1995	I	3000m	1	Paul Fisher	England	Buckinghamshire	8m 50.00s
1995	I	3000m	2	Andrew Beckwith	England	Kent	8m 50.40s
1995	I	3000m	3	Colm McLean	Ireland		8m 50.50s
1995	I	100mH	1	Tom Benn	England	Essex	13.66s
1995	I	100mH	2	Gordon Menzies	Scotland		13.94s
1995	I	100mH	3	Richard Singer	Scotland		14.10s
1995	I	400mH	1	Russell Quelch	England	Hampshire	54.69s
1995	I	400mH	2	Ruben Tabares	England	London	55.00s
1995	I	400mH	3	Richard Singer	Scotland		55.37s
1995	I	1500mST	1	Simon Curwen	England	Cumbria	4m 30.30s

1995	I	1500mST	2	Dave Mitchinson	England	Wiltshire	4m 32.60s
1995	I	1500mST	3	Shane Coney	Ireland		4m 34.40s
1995	I	4 x 100m	1	England			42.83s
1995	I	4 x 100m	2	Scotland			43.01s
1995	I	4 x 100m	3	Wales			43.36s
1995	I	4 x 400m	1	England			3m 21.13s
1995	I	4 x 400m	2	Scotland			3m 22.12s
1995	I	4 x 400m	3	Wales			3m 26.14s
1995	I	HJ	1	Richard Dent	England	West Yorkshire	2.03m
1995	I	HJ	2	Andrew Penk	Wales		2.03m
1995	I	HJ	3	John Fitzpatrick	England	West Yorkshire	1.91m
1995	I	PV	1	Steven Francis	Wales		4.40m
1995	I	PV	2	Christian Linskey	England	South Yorkshire	4.30m
1995	I	PV	3	Rufus Cooper	England	Middlesex	4.10m
1995	I	LJ	1	Stuart Finnie	Ireland		6.99m
1995	I	LJ	2	Alistair Gudgeon	England	Cambridgeshire	6.83m
1995	I	LJ	3	Andrew Wooding	Wales		6.79m
1995	I	TJ	1	Jon Wallace	England	West Midlands	14.51m
1995	I	TJ	2	Michael McKernan	England	West Midlands	13.99m
1995	I	TJ	3	Kevin McLennan	England	West Midlands	13.76m
1995	I	SP	1	Sean Breathnach	Ireland		16.41m
1995	I	SP	2	James Bull	England	Suffolk	16.03m
1995	I	SP	3	John A. Leahy	Ireland		15.57m
1995	I	DT	1	Alan Rudkin	England	Lincolnshire	47.92m
1995	I	DT	2	John Parkin	Wales		44.88m
1995	I	DT	3	Carl Myerscough	England	Lancashire	44.42m
1995	I	HT	1	Tim Wurr	England	Warwickshire	58.88m
1995	I	HT	2	Michael Grace	Ireland		56.40m
1995	I	HT	3	James Hawkins	England	Kent	55.56m
1995	I	JT	1	David Parker	England	North Yorkshire	68.32m
1995	I	JT	2	Steve Jamieson	England	Kent	63.74m
1995	I	JT	3	Matthew Daview	Wales		53.46m
1996	I	100m	1	Luke Davis	England	West Midlands	10.7s
1996	I	100m	2	Kris Stewart	Scotland		10.8s
1996	I	100m	3	Chris Carson	Scotland		11.0s
1996	I	200m	1	Chris Carson	Scotland		22.1s
1996	I	200m	2	Matthew Russell	England	Essex	22.4s
1996	I	200m	3	Ben Lewis	England	West Midlands	22.4s
1996	I	400m	1	David Naismith	England	Derbyshire	48.3s
1996	I	400m	2	Richard McNabb	England	South Yorkshire	48.7s
1996	I	400m	3	Lee Farmer	Wales		50.5s
1996	I	800m	1	Denis Murphy	Ireland		1m 54.4s
1996	I	800m	2	Simon Eyre	England	Sussex	1m 55.9s
1996	I	800m	3	Dominic St. George	England	Berkshire	1m 56.1s
1996	I	1500m	1	Sam Boden	England	Cambridgeshire	4m 04.0s
1996	I	1500m	2	Simon Lees	England	West Midlands	4m 04.9s
1996	I	1500m	3	Enda Johnson	Ireland		4m 05.6s
1996	I	3000m	1	Dermot Galvin	Ireland		8m 42.4s
1996	I	3000m	2	T. Stewart	England	West Yorkshire	8m 42.4s
1996	I	3000m	3	Oliver Laws	England	Shropshire	8m 42.4s
1996	I	100mH	1	David O'Leary	England	Merseyside	13.9s
1996	I	100mH	2	Tyrone Carr	England	Essex	14.0s
1996	I	100mH	3	Christopher Low	Scotland		14.0s
1996	I	400mH	1	Richard McDonald	Scotland		53.1s
1996	I	400mH	2	Carl McMullen	England	Cheshire	53.8s
1996	I	400mH	3	Jon Heggie	England	Derbyshire	54.2s
1996	I	1500mST	1	Andrew Murphy	England	Hertfordshire	4m 24.9s
1996	I	1500mST	2	Tom Kingsnorth	England	Avon	4m 25.5s
1996	I	1500mST	3	Iain Murdoch	Scotland		4m 25.6s

1996	I	4 x 100m	1	England			42.0s
1996	I	4 x 100m	2	Scotland			42.6s
1996	I	4 x 100m	3	Ireland			44.4s
1996	I	4 x 400m	1	England			3m 14.4s
1996	I	4 x 400m	2	Scotland			3m 14.5s
1996	I	4 x 400m	3	Wales			3m 24.9s
1996	I	HJ	1	Colin McMaster	Scotland		2.07m
1996	I	HJ	2	Martin Lloyd	England	Kent	2.04m
1996	I	HJ	3	Ronan Kane	Ireland		2.01m
1996	I	PV	1	Christian Linskey	England	South Yorkshire	5.10m
1996	I	PV	2	Stephen Smith	England	Cambridgeshire	4.00m
1996	I	PV	3	Patrick Campbell	Ireland		3.80m
1996	I	LJ	1	Mark Faulkner	England	Hampshire	6.83m
1996	I	LJ	2	Ian Kenny	Ireland		6.53m
1996	I	LJ	3	James Morris	Wales		6.45m
1996	I	TJ	1	Brian Robinson	England	West Midlands	14.34m
1996	I	TJ	2	Peter Francis	England	Essex	13.77m
1996	I	TJ	3	Jonathan Oparka	Scotland		13.70m
1996	I	SP	1	Carl Myerscough	England	Lancashire	19.96m
1996	I	SP	2	David Readle	England	Merseyside	15.80m
1996	I	SP	3	Graeme Allen	Scotland		13.89m
1996	I	DT	1	Tom Hayman	England	Nottinghamshire	47.06m
1996	I	DT	2	Steven Stanford	England	Merseyside	45.56m
1996	I	DT	3	Brendan Burke	Ireland		43.86m
1996	I	HT	1	Peter Waterman	England	Kent	57.26m
1996	I	HT	2	Ross Kidner	England	Buckinghamshire	56.42m
1996	I	HT	3	Graeme Allan	Scotland		55.10m
1996	I	JT	1	David Parker	England	North Yorkshire	73.56m
1996	I	JT	2	Ben Houghton	Ireland		59.36m
1996	I	JT	3	Michael Allen	Ireland		59.34m
1997	I	100m	1	Matthew Russell	England	Essex	10.88s
1997	I	100m	2	Tim Benjamin	Wales		11.06s
1997	I	100m	3	Andre Silva	Wales		11.14s
1997	I	200m	1	Ben Lewis	England	West Midlands	21.51s
1997	I	200m	2	Tim Benjamin	Wales		21.82s
1997	I	200m	3	Chris Lambert	England	London	22.03s
1997	I	400m	1	Richard Attlee	England	Berkshire	49.34s
1997	I	400m	2	Chris Bennett	England	Hampshire	49.48s
1997	I	400m	3	Scot Kennan	Scotland		49.69s
1997	I	800m	1	Simon Eyre	England	Sussex	1m 55.62s
1997	I	800m	2	Chris Mulvaney	England	Cambridgeshire	1m 56.72s
1997	I	800m	3	Michael Wilcox	Ireland		1m 57.47s
1997	I	1500m	1	Andrew Cassells	Scotland		4m 06.86s
1997	I	1500m	2	Chris Bolt	England	Berkshire	4m 07.42s
1997	I	1500m	3	Francis McCaffery	Ireland		4m 08.84s
1997	I	3000m	1	Chris Thompson	England	Hampshire	8m 39.05s
1997	I	3000m	2	Craig Keegan-Moore	England	South Yorkshire	8m 39.62s
1997	I	3000m	3	Joe McAllister	Ireland		9m 02.64s
1997	I	100mH	1	Robert Newton	England	Nottinghamshire	13.14s
1997	I	100mH	2	Chris Baillie	Scotland		13.22s
1997	I	100mH	3	Andy Turner	England	Nottinghamshire	13.45s
1997	I	400mH	1	Austin Ferns	England	London	54.66s
1997	I	400mH	2	Nange Ursell	England	London	55.06s
1997	I	400mH	3	David Courtney	Ireland		57.26s
1997	I	1500mST	1	Gary Blackman	England	West Midlands	4m 23.10s
1997	I	1500mST	2	Jon Rice	England	Merseyside	4m 26.84s
1997	I	1500mST	3	Kevin McKenna	Scotland		4m 33.51s
1997	I	3k Walk	1	David Kidd	Ireland		13m 01.72s
1997	I	3k Walk	2	Thomas Taylor	England	Leicestershire & R	13m 26.60s

1997	I	3k Walk	3	Nigel Whorlow	Ireland		13m 42.15s
1997	I	4 x 100m	1	England			42.62s
1997	I	4 x 100m	2	Ireland			42.92s
1997	I	4 x 100m	3	Wales			43.20s
1997	I	4 x 400m	1	England			3m 19.87s
1997	I	4 x 400m	2	Scotland			3m 20.28s
1997	I	4 x 400m	3	Ireland			3m 29.42s
1997	I	HJ	1	Kevin McKinson	England	London	2.01m
1997	I	HJ	2	Kenneth McKeown	Scotland		1.95m
1997	I	HJ	3	Ben Davies	England	Avon	1.95m
1997	I	PV	1	Ashley Swain	England	Hampshire	4.40m
1997	I	PV	2	Martin Densley	England	Middlesex	4.20m
1997	I	PV	3	Chris Type	Wales		4.00m
1997	I	LJ	1	Marlon Kerr	England	Kent	6.89m
1997	I	LJ	2	Brian Murphy	Ireland		6.84m
1997	I	LJ	3	David Mountford	England	Staffordshire	6.62m
1997	I	TJ	1	Steven Shalders	Wales		14.28m
1997	I	TJ	2	Chris Tomlinson	England	Cleveland	14.17m
1997	I	TJ	3	Tosin Oke	England	London	14.07m
1997	I	SP	1	Adrian Cluskey	England	London	16.92m
1997	I	SP	2	Lyndon Woodward	England	Staffordshire	16.60m
1997	I	SP	3	Anthony Quinn	Ireland		16.18m
1997	I	DT	1	Simon Williams	England	Hampshire	50.48m
1997	I	DT	2	Tom Hayman	England	Nottinghamshire	49.48m
1997	I	DT	3	Scott Thompson	Scotland		49.06m
1997	I	HT	1	Matthew Sutton	England	Staffordshire	64.36m
1997	I	HT	2	Graeme Allan	Scotland		63.64m
1997	I	HT	3	Ross Kidner	England	Buckinghamshire	63.06m
1997	I	JT	1	Phillip Sharpe	England	Lancashire	68.88m
1997	I	JT	2	Philips Olweny	England	Middlesex	60.94m
1997	I	JT	3	Rhys Williams	Wales		54.34m
1998	I	100m	1	Mark Lewis-Francis	England	West Midlands	11.06s
1998	I	100m	2	Karl Kennedy	Ireland		11.54s
1998	I	100m	3	Darren Coughlan	Ireland		11.59s
1998	I	200m	1	Tristan Anthony	England	Hertfordshire	22.17s
1998	I	200m	2	Tyrone Edgar	England	London	22.41s
1998	I	200m	3	Bruce Gibb	Scotland		22.84s
1998	I	400m	1	Aaron Evans	England	Kent	49.56s
1998	I	400m	2	Gary Ankers	England	Durham	49.76s
1998	I	400m	3	Craig Erskine	Scotland		49.96s
1998	I	800m	1	Nic Andrews	England	Devon	1m 54.0s
1998	I	800m	2	Raymond Adams	Ireland		1m 54.3s
1998	I	800m	3	Steven Frost	England	Essex	1m 54.8s
1998	I	1500m	1	Conor Sweeney	Ireland		3m 58.07s
1998	I	1500m	2	Matthew Thomson	England	Avon	3m 58.41s
1998	I	1500m	3	Richard King	England	West Yorkshire	4m 01.37s
1998	I	3000m	1	Mohamed Farah	England	Middlesex	8m 33.51s
1998	I	3000m	2	Richard Ward	England	Surrey	8m 39.88s
1998	I	3000m	3	Mark Smith	Ireland		8m 46.37s
1998	I	100mH	1	Dominic Girdler	England	Leicestershire & R	13.30s
1998	I	100mH	2	Allan Scott	Scotland		13.43s
1998	I	100mH	3	Timothy Flannery	Ireland		13.45s
1998	I	400mH	1	Nange Ursell	England	London	53.91s
1998	I	400mH	2	Ian Monaghan	Ireland		54.54s
1998	I	400mH	3	Jeffrey Christie	England	Warwickshire	54.64s
1998	I	1500mST	1	Mark Griffith	England	Hertfordshire	4m 23.13s
1998	I	1500mST	2	Daniel Moore	England	London	4m 29.33s
1998	I	1500mST	3	Mark O'Neil	Ireland		4m 30.57s
1998	I	3k Walk	1	Colin Griffin	Ireland		13m 36.0s

1998	I	3k Walk	2	Hugh O'Donnell	Ireland		13m 41.0s
1998	I	3k Walk	3	Andrew Ball	England	West Midlands	14m 06.5s
1998	I	4 x 100m	1	England			41.94s
1998	I	4 x 100m	2	Ireland			43.05s
1998	I	4 x 100m	3	Scotland			43.19s
1998	I	4 x 400m	1	England			3m 23.46s
1998	I	4 x 400m	2	Scotland			3m 24.82s
1998	I	4 x 400m	3	Wales			3m 26.61s
1998	I	HJ	1	Kenneth McKeown	Scotland		2.11m
1998	I	HJ	2	Dan Plank	England	Hereford & Worcs	2.05m
1998	I	HJ	3	James Alix	England	West Midlands	2.00m
1998	I	PV	1	Steven Brown	England	Essex	4.30m
1998	I	PV	2	Cameron Johnston	England	Surrey	4.20m
1998	I	PV	3	Chris Type	Wales		4.20m
1998	I	LJ	1	Allan Scott	Scotland		7.07w
1998	I	LJ	2	Chris Dack	England	South Yorkshire	7.03w
1998	I	LJ	3	Paul Phelan	Ireland		7.00w
1998	I	TJ	1	Steven Shalders	Wales		15.40m
1998	I	TJ	2	Chris Tomlinson	England	Cleveland	14.93m
1998	I	TJ	3	Malwyn Gordon	England	Avon	14.650m
1998	I	SP	1	Adam Major	Scotland		16.23m
1998	I	SP	2	Daniel Mahony	Ireland		15.96m
1998	I	SP	3	Greg Beard	England	Kent	15.28m
1998	I	DT	1	Felice Miele	England	Middlesex	48.19m
1998	I	DT	2	James Rumbold	England	Dorset	43.85m
1998	I	DT	3	Adam Major	Scotland		43.16m
1998	I	HT	1	Matthew Sutton	England	Staffordshire	70.95m
1998	I	HT	2	Ross Thompson	England	Durham	63.84m
1998	I	HT	3	Peter Tierney	Ireland		55.94m
1998	I	JT	1	Richard Lainson	England	Hampshire	58.58m
1998	I	JT	2	Anthony Lovett	England	Hertfordshire	54.56m
1998	I	JT	3	Jason Hallett	Wales		53.69m
1999	I	100m	1	Karl Forde	England	West Midlands	11.21s
1999	I	100m	2	Aki Abiola	England	Berkshire	11.35s
1999	I	100m	3	Darragh Graham	Ireland		11.39s
1999	I	200m	1	Darragh Graham	Ireland		22.71s
1999	I	200m	2	Adam Rogers	England	Durham	22.76s
1999	I	200m	3	Peter Bee	England	Derbyshire	22.88s
1999	I	400m	1	Russell Nicholls	England	Hertfordshire	49.66s
1999	I	400m	2	Craig Erskine	Scotland		50.24s
1999	I	400m	3	Robert Tobin	England	Hampshire	50.27s
1999	I	800m	1	Stephen Tompson	England	Suffolk	2m 00.71s
1999	I	800m	2	Christopher Stoves	England	Lancashire	2m 01.44s
1999	I	800m	3	James Nasrat	Wales		2m 02.26s
1999	I	1500m	1	Malcolm Hassan	England	Durham	3m 57.71s
1999	I	1500m	2	Matthew Jones	Wales		3m 58.65s
1999	I	1500m	3	Ian Boneham	England	Lincolnshire	4m 03.79s
1999	I	3000m	1	Simon Stygall	England	Avon	8m 43.41s
1999	I	3000m	2	Phillip Nicholls	England	Shropshire	8m 50.26s
1999	I	3000m	3	Martin Fagan	Ireland		8m 55.56s
1999	I	100mH	1	Allan Scott	Scotland		13.27s
1999	I	100mH	2	Matthew Colton	England	Essex	13.43s
1999	I	100mH	3	Chris Tye-Walker	England	Somerset	13.50s
1999	I	400mH	1	Steven Green	England	Cornwall	54.36s
1999	I	400mH	2	Andrew Bennett	England	Sussex	55.05s
1999	I	400mH	3	Paul Howard	Ireland		55.89s
1999	I	1500mST	1	Jermaine Mays	England	London	4m 23.59s
1999	I	1500mST	2	Andrew Lemoncello	Scotland		4m 25.09s
1999	I	1500mST	3	Ricky Soos	England	Nottinghamshire	4m 29.00s

1999	I	3k Walk	1	Lloyd Finch	England	Leicestershire & R	12m 34.98s
1999	I	3k Walk	2	Dominic King	England	Essex	13m 41.71s
1999	I	3k Walk	3	Hugh O'Donnell	Ireland		14m 25.95s
1999	I	4 x 100m	1	England			42.51s
1999	I	4 x 100m	2	Ireland			42.58s
1999	I	4 x 100m	3	Wales			43.76s
1999	I	4 x 400m	1	England			3m 20.98s
1999	I	4 x 400m	2	Ireland			3m 24.23s
1999	I	4 x 400m	3	Scotland			3m 26.35s
1999	I	HJ	1	Chuka Enih-Snell	Wales		2.00m
1999	I	HJ	2	Darryl Stone	England	Essex	1.95m
1999	I	HJ	3	Daniel Crake	England	Cumbria	1.95m
1999	I	PV	1	Alan Jervis	England	Staffordshire	4.10m
1999	I	PV	2	Matthew Peerless	Scotland		4.00m
1999	I	PV	3	Tim Holsgrove	England	Merseyside	3.90m
1999	I	LJ	1	Leigh Smith	England	West Midlands	6.62m
1999	I	LJ	2	Mark Awanah	England	London	6.48m
1999	I	LJ	3	Sakchai Makao	Scotland		6.39m
1999	I	TJ	1	Jonathan Moore	England	West Midlands	15.46mw
1999	I	TJ	2	Philip Ferdinand	England	West Midlands	14.53mw
1999	I	TJ	3	Kristian Sansome	Wales		13.31mw
1999	I	SP	1	Daniel Mahony	Ireland		15.94m
1999	I	SP	2	Nsa Harrison	England	Hereford & Worcs	14.63m
1999	I	SP	3	Huw Bennett	England	Avon	14.63m
1999	I	DT	1	Mervyn Travers	Ireland		45.85m
1999	I	DT	2	Robert Butler	Ireland		42.61m
1999	I	DT	3	Chris Orr	England	Cumbria	42.19m
1999	I	HT	1	Carl Saggars	England	Hertfordshire	59.80m
1999	I	HT	2	Chris James	England	Buckinghamshire	53.45m
1999	I	HT	3	James Rees	Wales		46.78m
1999	I	JT	1	Anthony Lovett	England	Hertfordshire	56.31m
1999	I	JT	2	Rhys Taylor	Wales		55.98m
1999	I	JT	3	James Turner	England	Leicestershire & R	55.10m
2000	I	100m	1	Ugochi Anomelechi	England	Surrey	10.93sw
2000	I	100m	2	Rikki Fifton	England	London	10.94sw
2000	I	100m	3	Darragh Graham	Ireland		11.00sw
2000	I	200m	1	Monu Miah	England	London	21.31sw
2000	I	200m	2	Laurence Oboh	England	Middlesex	21.39sw
2000	I	200m	3	Darragh Graham	Ireland		22.16sw
2000	I	400m	1	Robert Tobin	England	Hampshire	49.33s
2000	I	400m	2	Martin Davolls	England	Hertfordshire	50.08s
2000	I	400m	3	Daniel Tobin	Ireland		50.63s
2000	I	800m	1	Chris Stoves	England	Lancashire	1m 55.13s
2000	I	800m	2	Andrew Morton	England	Oxfordshire	1m 56.42s
2000	I	800m	3	Michael Chisholm	Scotland		1m 56.55s
2000	I	1500m	1	Chris Reynolds	England	Essex	4m 07.30s
2000	I	1500m	2	Stephen Davies	Wales		4m 07.78s
2000	I	1500m	3	Ian Munro	Scotland		4m 09.03s
2000	I	3000m	1	Phillip Nicholls	England	Shropshire	8m 38.08s
2000	I	3000m	2	David Jones	Wales		8m 40.00s
2000	I	3000m	3	William Harty	Ireland		8m 44.44s
2000	I	100mH	1	Edward Dunford	England	Warwickshire	13.26sw
2000	I	100mH	2	Peter Middleton	England	Northumberland	13.39sw
2000	I	100mH	3	Daniel Munnelly	Ireland		13.98sw
2000	I	400mH	1	Rhys Williams	Wales		55.35s
2000	I	400mH	2	Matthew Williams	England	West Midlands	56.99s
2000	I	400mH	3	Oliver Teasel	England	Derbyshire	56.99s
2000	I	1500mST	1	William Harty	Ireland		4m 20.72s
2000	I	1500mST	2	Daniel Lewis	England	Middlesex	4m 22.93s

2000	I	1500mST	3	Tom Bedford	England	Hertfordshire	4m 24.92s
2000	I	3k Walk	1	Lloyd Finch	England	Leicestershire & R	12m 49.49s
2000	I	3k Walk	2	Cameron Smith	Wales		13m 22.71s
2000	I	3k Walk	3	James Davis	England	Sussex	13m 22.96s
2000	I	4 x 100m	1	England			43.05s
2000	I	4 x 100m	2	Scotland			44.16s
2000	I	4 x 100m	3	Wales			44.51s
2000	I	4 x 400m	1	England			3m 21.39s
2000	I	4 x 400m	2	Scotland			3m 28.07s
2000	I	4 x 400m	3	Ireland			3m 28.15s
2000	I	HJ	1	Chuka Enih-Snell	Wales		2.10m
2000	I	HJ	2	Adrian O'Dwyer	Ireland		2.05m
2000	I	HJ	3=	Adam Gallie	England	Derbyshire	1.95m
2000	I	HJ	3=	Mark Crowley	England	Hertfordshire	1.95m
2000	I	PV	1	Paul Stevens	England	Humberside	4.30m
2000	I	PV	2	Olly Mahony	England	Merseyside	4.20m
2000	I	PV	3	Richard Hurren	Scotland		4.00m
2000	I	LJ	1	Marlon Lewis	England	West Midlands	7.02m
2000	I	LJ	2	Jordan Lau	England	Essex	6.89m
2000	I	LJ	3	David Davies	Wales		6.39m
2000	I	TJ	1	Jonathan Moore	England	West Midlands	15.62m
2000	I	TJ	2	Kevin Thompson	England	Merseyside	14.12m
2000	I	TJ	3	Richard Blair	Scotland		13.42m
2000	I	SP	1	Derrick Squire	England	Staffordshire	17.61m
2000	I	SP	2	Nsa Harrison	England	Hereford & Worcs	16.77m
2000	I	SP	3	Garry Hagan	Scotland		14.09m
2000	I	DT	1	Garry Hagan	Scotland		47.94m
2000	I	DT	2	Glen Williams	Wales		47.60m
2000	I	DT	3	Gareth Bull	Wales		47.13m
2000	I	HT	1	Carl Sagers	England	Hertfordshire	64.68m
2000	I	HT	2	Tom Dempsey	England	West Midlands	59.07m
2000	I	HT	3	Glen Williams	Wales		50.25m
2000	I	JT	1	Lee Doran	England	Cumbria	58.79m
2000	I	JT	2	Alex van der Merwe	England	Devon	58.23m
2000	I	JT	3	Sean Carson	Scotland		53.34m
2001	I	100m	1	Jamie McNeil	England	West Midlands	10.83s
2001	I	100m	2	Ross O'Donovan	England	Middlesex	11.06s
2001	I	100m	3	John Laffey	Ireland		11.17s
2001	I	200m	1	Leon Baptiste	England	Middlesex	21.72s
2001	I	200m	2	Simon Farenden	England	Derbyshire	21.78s
2001	I	200m	3	Liam McDiarmid	Scotland		21.94s
2001	I	400m	1	Andrew Steele	England	Gtr. Manchester	48.74s
2001	I	400m	2	Robert Smith	England	Essex	49.19s
2001	I	400m	3	Grant Burnett	Scotland		50.80s
2001	I	800m	1	Michael Rimmer	England	Merseyside	1m 56.74s
2001	I	800m	2	Darren St. Clair	England	Middlesex	1m 57.59s
2001	I	800m	3	Graeme Oudney	Scotland		1m 57.92s
2001	I	1500m	1	Tom Lancashire	England	Gtr. Manchester	3m 55.77s
2001	I	1500m	2	Chris Reynolds	England	Essex	4m 00.63s
2001	I	1500m	3	D. Main	Scotland		4m 00.91s
2001	I	3000m	1	Colin McCourt	England	Dorset	8m 38.94s
2001	I	3000m	2	Luke Northall	Wales		8m 41.37s
2001	I	3000m	3	Anthony Moran	England	Gtr. Manchester	8m 42.11s
2001	I	100mH	1	Edward Dunford	England	Warwickshire	13.39w
2001	I	100mH	2	Domhnaill Leahy	Ireland		13.71w
2001	I	100mH	3	Matthew Thompson	Scotland		13.72w
2001	I	400mH	1	Rupert Gardner	England	Buckinghamshire	54.84s
2001	I	400mH	2	Liam McDiarmid	Scotland		55.33s
2001	I	400mH	3	Callum McKay	England	Hampshire	55.56s

2001	I	1500mST	1	Luke Gunn	England	Derbyshire	4m 20.43s
2001	I	1500mST	2	Colin Costello	Ireland		4m 20.53s
2001	I	1500mST	3	William Docherty	Scotland		4m 28.43s
2001	I	3k Walk	1	Luke Finch	England	Leicestershire & R	13m 22.34s
2001	I	3k Walk	2	James Davis	England	Sussex	13m 25.30s
2001	I	3k Walk	3	James Dalton	Ireland		14m 56.84s
2001	I	4 x 100m	1	Ireland			42.5s
2001	I	4 x 100m	2	England			42.9s
2001	I	4 x 100m	3	Scotland			43.9s
2001	I	4 x 400m	1	England			3m 20.8s
2001	I	4 x 400m	2	Scotland			3m 28.1s
2001	I	4 x 400m	3	Ireland			3m 29.5s
2001	I	HJ	1	Adam Gallie	England	Derbyshire	2.01m
2001	I	HJ	2	Martyn Bernard	England	West Yorkshire	1.95m
2001	I	HJ	3	David Collard	Scotland		1.95m
2001	I	PV	1	Chris Tremayne	England	Staffordshire	4.65m
2001	I	PV	2	Paul Walker	Wales		4.40m
2001	I	PV	3	Mark Christie	England	Durham	4.40m
2001	I	LJ	1	Onen Eyong	England	London	7.30m
2001	I	LJ	2	Jermaine Bernard	England	Suffolk	7.10m
2001	I	LJ	3	Richardo Childs	Wales		6.86m
2001	I	TJ	1	Gary White	England	Warwickshire	13.97mw
2001	I	TJ	2	Graham Jackson	England	Durham	13.69m
2001	I	TJ	3	Richard Blair	Scotland		13.68m
2001	I	SP	1	Eoin Leen	Ireland		18.33m
2001	I	SP	2	Peter Cranfield	England	Merseyside	16.43m
2001	I	SP	3	Ndubuisi Monye	England	Hampshire	15.97m
2001	I	DT	1	Leslie Richards	England	Cleveland	46.26m
2001	I	DT	2	Gareth Bull	Wales		
2001	I	DT	3	Jim Healy	Ireland		45.89m
2001	I	HT	1	Paul Farley	England	Hampshire	58.63m
2001	I	HT	2	James Forde	England	West Midlands	56.68m
2001	I	HT	3	Glen Williams	Wales		55.12m
2001	I	JT	1	Lee Doran	England	Cumbria	67.31m
2001	I	JT	2	Mark Lindsay	England	West Yorkshire	58.36m
2001	I	JT	3	Thomas Rees	Wales		54.75m
2002	I	100m	1	Craig Pickering	England	Buckinghamshire	10.95s
2002	I	100m	2	Andrew Watkins	Wales		10.99s
2002	I	100m	3	Wade Bennett-Jackson	England	Sussex	11.08s
2002	I	200m	1	Julian Thomas	England	West Midlands	22.22s
2002	I	200m	2	Jamahl Alert-Khan	England	Middlesex	22.46s
2002	I	200m	3	Calvin McLaggon	Wales		22.70s
2002	I	400m	1	Richard Davenport	England	Gloucestershire	47.69s
2002	I	400m	2	Simon Toye	England	Essex	49.25s
2002	I	400m	3	Robert Lightfoot	Wales		49.84s
2002	I	800m	1	Michael Rimmer	England	Merseyside	1m 53.50s
2002	I	800m	2	Ben Harding	England	Hampshire	1m 56.90s
2002	I	800m	3	Scott Pilkington	Scotland		1m 58.57s
2002	I	1500m	1	Anthony Moran	England	Gtr. Manchester	3m 56.95s
2002	I	1500m	2	Lee Bowron	England	Middlesex	3m 58.64s
2002	I	1500m	3	Alistair Hay	Scotland		3m 59.66s
2002	I	3000m	1	Matt Barnes-Smith	England	Suffolk	8m 37.86s
2002	I	3000m	2	Craig Ivey	England	Sussex	8m 38.61s
2002	I	3000m	3	Joe Sweeney	Ireland		8m 52.55s
2002	I	100mH	1	Tom Stimson	England	Lincolnshire	13.46s
2002	I	100mH	2	Segun Ogunsheye	England	Surrey	13.69s
2002	I	100mH	3	Greg O'Leary	Ireland		13.77s
2002	I	400mH	1	Darren Lewis	England	West Midlands	56.45s
2002	I	400mH	2	Ben Carne	England	Middlesex	56.46s

2002	I	400mH	3	Stuart Rowan	Scotland		57.27s
2002	I	1500mST	1	Colin Costello	Ireland		4m 22.04s
2002	I	1500mST	2	Chris Hart	England	Lancashire	4m 22.27s
2002	I	1500mST	3	Alex Felce	England	Gloucestershire	4m 26.69s
2002	I	3k Walk	1	Luke Finch	England	Leicestershire & R	13m 53.97s
2002	I	3k Walk	2	James Dalton	Ireland		14m 16.81s
2002	I	3k Walk	3	Christopher Dalton	Ireland		14m 27.53s
2002	I	4 x 100m	1	England			43.15s
2002	I	4 x 100m	2	Ireland			43.53s
2002	I	4 x 100m	3	Scotland			43.91s
2002	I	4 x 400m	1	England			3m 20.90s
2002	I	4 x 400m	2	Wales			3m 23.67s
2002	I	4 x 400m	3	Scotland			3m 25.29s
2002	I	HJ	1	Kevin Sempers	England	Humberside	1.85m
2002	I	HJ	2	Tom Mill	England	West Midlands	1.85m
2002	I	HJ	3	Dara Foley	Ireland		1.83m
2002	I	PV	1	Steven Lewis	England	Staffordshire	4.20m
2002	I	PV	2	Keith Higham	England	Cumbria	3.80m
2002	I	PV	3	Jason Rees	Wales		3.80m
2002	I	LJ	1	Bernard Yeboah	England	Surrey	7.14m
2002	I	LJ	2	Dwayne Galloway	England	West Midlands	6.80m
2002	I	LJ	3	Chris Baily	Scotland		6.72m
2002	I	TJ	1	Graham Jackson	England	Durham	14.20m
2002	I	TJ	2	Craig Phillips	Wales		14.08m
2002	I	TJ	3	Frederick Anna	England	Essex	13.66m
2002	I	SP	1	Chris Gearing	England	Kent	16.97m
2002	I	SP	2	Brendan Callinan	Ireland		15.34m
2002	I	SP	3	Ben Lawrence	England	Staffordshire	15.03m
2002	I	DT	1	Sam Herrington	England	Northamptonshire	48.43m
2002	I	DT	2	Alastair McDiarmid	Scotland		47.78m
2002	I	DT	3	Kieran O'Keefe	England	Leicestershire & R	42.37m
2002	I	HT	1	Jason Joseph	England	Middlesex	58.88m
2002	I	HT	2	Padraig White	Ireland		57.30m
2002	I	HT	3	Fraser Campbell	Scotland		55.98m
2002	I	JT	1	Philip Mann	England	South Yorkshire	52.53m
2002	I	JT	2	Allandre Johnson	England	London	47.98m
2002	I	JT	3	Thomas Rees	Wales		47.85m
2003	I	100m	1	Alex Nelson	England	Staffordshire	11.15s
2003	I	100m	2	Andrew Watkins	Wales		11.27s
2003	I	100m	3	Rion Pierre	England	Middlesex	11.57s
2003	I	200m	1	Andrew Watkins	Wales		21.98s
2003	I	200m	2	Julian Thomas	England	West Midlands	22.08s
2003	I	200m	3	Wade Bennett-Jackson	England	Sussex	22.18s
2003	I	400m	1	Richard Buck	England	North Yorkshire	48.50s
2003	I	400m	2	Ryan Thomas	England	Surrey	49.30s
2003	I	400m	3	Bruce Tasker	Wales		49.34s
2003	I	800m	1	Grant Baker	England	Leicestershire & R	1m 54.05s
2003	I	800m	2	Ben Harding	England	Hampshire	1m 55.10s
2003	I	800m	3	Mark Mitchell	Scotland		1m 56.19s
2003	I	1500m	1	Richard Newton	England	Lancashire	4m 03.06s
2003	I	1500m	2	Tim Haughian	England	Middlesex	4m 04.03s
2003	I	1500m	3	Ewan Simpson	Scotland		4m 05.23s
2003	I	3000m	1	James Philipson	England	Gtr. Manchester	8m 55.52s
2003	I	3000m	2	Darren Shinnie	Scotland		8m 57.13s
2003	I	3000m	3	Rory Fraser	England	Leicestershire & R	8m 59.56s
2003	I	100mH	1	Craig France	England	Cheshire	13.59s
2003	I	100mH	2	Daniel Davis	England	Surrey	13.75s
2003	I	100mH	3	Martin Clanahan	Scotland		14.20s
2003	I	400mH	1	Edward Harrison	England	Kent	53.76s

2003	I	400mH	2	Lewis Robson	England	Durham	54.43s
2003	I	400mH	3	Kris Robertson	Scotland		55.24s
2003	I	1500mST	1	Daniel Russell	England	Middlesex	4m 25.00s
2003	I	1500mST	2	Adrian Holliday	England	Cumbria	4m 27.61s
2003	I	1500mST	3	Cathal Dennehy	Ireland		4m 33.20s
2003	I	3k Walk	1	Nick Ball	England	Hampshire	12m 59.43s
2003	I	3k Walk	2	Joseph Durcan	Ireland		13m 19.00s
2003	I	3k Walk	3	Christopher Dalton	Ireland		13m 25.69s
2003	I	4 x 100m	1	Scotland			43.44s
2003	I	4 x 100m	2	Ireland			44.21s
2003	I	4 x 100m	3	Wales			dsq
2003	I	4 x 400m	1	England			3m 19.89s
2003	I	4 x 400m	2	Wales			3m 27.82s
2003	I	4 x 400m	3	Scotland			3m 28.80s
2003	I	HJ	1	Tim Maitland	England	Middlesex	2.00m
2003	I	HJ	2	David Shields	Ireland		1.95m
2003	I	HJ	3	Tim Payne	England	West Midlands	1.95m
2003	I	PV	1	Michael Walker	Wales		4.10m
2003	I	PV	2	Gareth Lapsins	England	Lancashire	4.10m
2003	I	PV	3	Ross O'Connell	Wales		4.10m
2003	I	LJ	1	Andrew Staniland	England	West Yorkshire	7.02m
2003	I	LJ	2	Chris Baily	Scotland		6.61m
2003	I	LJ	3	Oliver McNeillis	England	Hereford & Worcs	6.57m
2003	I	TJ	1	Owen Jones	Wales		14.04m
2003	I	TJ	2	Mike Okoigun	England	Middlesex	13.80mw
2003	I	TJ	3	Wyn Roberts	Wales		13.75mw
2003	I	SP	1	William Lowndes	England	Cheshire	15.65m
2003	I	SP	2	Daniel Hepplewhite	England	Dorset	14.95m
2003	I	SP	3	Angus McInroy	Scotland		14.65m
2003	I	DT	1	Gavin Hill	England	Cleveland	47.53m
2003	I	DT	2	Dave Attwood	England	Avon	45.17m
2003	I	DT	3	Angus McInroy	Scotland		43.19m
2003	I	HT	1	Amir Williamson	England	Kent	57.80m
2003	I	HT	2	Alex Smith	England	Humberside	55.27m
2003	I	HT	3	James Nagle	Ireland		54.36m
2003	I	JT	1	Tyson Johnson	England	West Midlands	60.35m
2003	I	JT	2	James Campbell	England	Gloucestershire	55.49m
2003	I	JT	3	Paul Marry	Ireland		47.99m
2004	I	100m	1	Harry Aikines-Aryeetey	England	Surrey	10.76s
2004	I	100m	2	Rion Pierre	England	Middlesex	10.80s
2004	I	100m	3	Andrew Watkins	Wales		10.87s
2004	I	200m	1	Andrew Watkins	Wales		21.92s
2004	I	200m	2	Gerald Phiri	England	South Yorkshire	22.21s
2004	I	200m	3	Ryan Oswald	Scotland		22.26s
2004	I	400m	1	Kris Robertson	Scotland		47.99s
2004	I	400m	2	Bruce Tasker	Wales		49.11s
2004	I	400m	3	Arran Topham	England	Lancashire	48.35s
2004	I	800m	1	Grant Baker	England	Leicestershire & R	1m 50.38s
2004	I	800m	2	James Brewer	England	Gloucestershire	1m 50.48s
2004	I	800m	3	Kristopher Gauson	Scotland		1m 52.11s
2004	I	1500m	1	Ciaran O'Lionard	Ireland		3m 55.18s
2004	I	1500m	2	David McCarthy	Ireland		3m 56.86s
2004	I	1500m	3	Laurence Cox	England	Hampshire	3m 58.69s
2004	I	3000m	1	Adam Hickey	England	Essex	8m 36.21s
2004	I	3000m	2	Robert Pickering	England	Humberside	8m 38.50s
2004	I	3000m	3	Connor McNulty	Scotland		8m 43.52s
2004	I	100mH	1	Daniel Davis	England	Surrey	13.30s
2004	I	100mH	2	Daniel Maynard	England	Leicestershire & R	13.60s
2004	I	100mH	3	Peter Glass	Ireland		13.70s

2004	I	400mH	1	Lloyd Gumbs	England	Leicestershire & R	53.01s
2004	I	400mH	2	Andrew Howell	England	Middlesex	56.48s
2004	I	400mH	3	Richard Chappell	Wales		54.69s
2004	I	1500mST	1	Ashleigh Pain	England	Shropshire	4m 24.00s
2004	I	1500mST	2	David Treacey	Ireland		4m 24.98s
2004	I	1500mST	3	Lee Ladd	Wales		4m 25.01s
2004	I	3k Walk	1	Nick Ball	England	Hampshire	12m 54.94s
2004	I	3k Walk	2	Paul Murphy	Ireland		13m 49.18s
2004	I	3k Walk	3	Simon Hambridge	England	West Midlands	14m 00.47s
2004	I	4 x 100m	1	England			42.29s
2004	I	4 x 100m	2	Wales			44.25s
2004	I	4 x 100m	3	Scotland			44.95s
2004	I	4 x 400m	1	England			3m 18.82s
2004	I	4 x 400m	2	Scotland			3m 19.37s
2004	I	4 x 400m	3	Wales			3m 25.56s
2004	I	HJ	1	Robbie Grabarz	England	Cambridgeshire	1.98m
2004	I	HJ	2	James Shields	Ireland		1.98m
2004	I	HJ	3	Tom Mather	England	Derbyshire	1.90m
2004	I	PV	1	Luke Cutts	England	South Yorkshire	4.40m
2004	I	PV	2	Alex Williams	England	Staffordshire	4.20m
2004	I	PV	3	Anthony McCreery	Ireland		4.10m
2004	I	LJ	1	Oliver McNeillis	England	Hereford & Worcs	7.50m
2004	I	LJ	2	Darryl Thomas	England	Middlesex	7.19m
2004	I	LJ	3	Chris Owens	Ireland		6.63m
2004	I	TJ	1	Lanre Ali-Balogun	England	London	15.02m
2004	I	TJ	2	Matthew Burton	England	London	14.59m
2004	I	TJ	3	Owen Jones	Wales		14.39m
2004	I	SP	1	Shane Birch	England	Kent	15.89m
2004	I	SP	2	Matthew Evans	Wales		15.70m
2004	I	SP	3	Brendan Hall	England	Staffordshire	15.68m
2004	I	DT	1	Chris Scott	England	Surrey	46.96m
2004	I	DT	2	Cian Healy	Ireland		44.86m
2004	I	DT	3	Elliot Price	England	Staffordshire	44.02m
2004	I	HT	1	Alex Smith	England	Humberside	76.52m
2004	I	HT	2	Alistair Tawanaee	England	Kent	58.53m
2004	I	HT	3	Patrick McCabe	Ireland		52.48m
2004	I	JT	1	James Campbell	England	Gloucestershire	65.51m
2004	I	JT	2	Philip Gregory	England	Hertfordshire	60.98m
2004	I	JT	3	Garth Loughran	Wales		58.41m
2005	I	100m	1	Danny Doyley	England	Surrey	10.96s
2005	I	100m	2	Max Galliers	England	Berkshire	10.99s
2005	I	100m	3	Ryan Oswald	Scotland		11.02s
2005	I	200m	1	Sean Taylor	England	Northamptonshire	22.06s
2005	I	200m	2	Lloyd Refell	Wales		22.23s
2005	I	200m	3	James Alaka	England	Kent	22.27s
2005	I	400m	1	Chris Clarke	England	Buckinghamshire	49.17s
2005	I	400m	2	Phillip Norfolk	England	Humberside	49.30s
2005	I	400m	3	Nathaniel Smithies	Wales		49.47s
2005	I	800m	1	Jordon West	England	Cornwall	1m 55.6s
2005	I	800m	2	Andrew Lagan	England	North Yorkshire	1m 56.0s
2005	I	800m	3	Conor Murphy	Ireland		1m 56.6s
2005	I	1500m	1	Gary Bradbury	England	Surrey	4m 06.90s
2005	I	1500m	2	Ricky Stevenson	England	Cleveland	4m 07.43s
2005	I	1500m	3	Ieuan Thomas	Wales		4m 07.56s
2005	I	3000m	1	Brendan O'Neill	Ireland		8m 33.84s
2005	I	3000m	2	Lee Carey	England	Warwickshire	8m 36.37s
2005	I	3000m	3	Simon Horsfield	England	Gtr. Manchester	8m 51.50s
2005	I	100mH	1	Julian Adeniran	England	Leicestershire & R	13.13s
2005	I	100mH	2	David Martin	Scotland		13.40s

2005	I	100mH	3	Callum Priestley	England	Leicestershire & R	13.54s
2005	I	400mH	1	Toby Ulm	England	Wiltshire	53.5s
2005	I	400mH	2	Nathan Woodward	England	Warwickshire	53.7s
2005	I	400mH	3	David Martin	Scotland		54.2s
2005	I	1500mST	1	Josh Fairclough	England	Kent	4m 23.94s
2005	I	1500mST	2	Scott Roberts	Wales		4m 25.35s
2005	I	1500mST	3	Alex Thors	Scotland		4m 27.80s
2005	I	3k Walk	1	Mark Hambridge	England	West Midlands	14m 12.7s
2005	I	3k Walk	2	Simon Hambridge	England	West Midlands	14m 23.4s
2005	I	3k Walk	3	Antonio Cirillo	Wales		14m 28.2s
2005	I	4 x 100m	1	England			42.56s
2005	I	4 x 100m	2	Wales			43.29s
2005	I	4 x 100m	3	Ireland			43.99s
2005	I	4 x 400m	1	England			3m 21.21s
2005	I	4 x 400m	2	Scotland			3m 23.02s
2005	I	4 x 400m	3	Wales			3m 25.60s
2005	I	HJ	1	Daniel Nash	England	Staffordshire	2.07m
2005	I	HJ	2	Matthew Owens	England	Merseyside	2.00m
2005	I	HJ	3	Jason Harvey	Ireland		1.85m
2005	I	PV	1	Ezekiel Rowe	England	Gtr. Manchester	4.20m
2005	I	PV	2	Andrew Marsh	England	Staffordshire	4.00m
2005	I	PV	3	Richard Whyte	Ireland		3.90m
2005	I	LJ	1	Andrew Bullimore	England	Cambridgeshire	7.02m
2005	I	LJ	2	Nonso Okolo	England	Middlesex	6.80m
2005	I	LJ	3	Eoin Hannon	Ireland		6.59m
2005	I	TJ	1	Jamie Blundell	England	West Midlands	14.21m
2005	I	TJ	2	Sean Wynter	England	Middlesex	14.20m
2005	I	TJ	3	Paul Sameden	Wales		13.65mw
2005	I	SP	1	Jay Thomas	England	London	16.49m
2005	I	SP	2	Matthew Evans	Wales		15.79m
2005	I	SP	3	Luke Mangan	Ireland		15.00m
2005	I	DT	1	Elliot Price	England	Staffordshire	52.54m
2005	I	DT	2	Matthew Townsend	England	Berkshire	46.53m
2005	I	DT	3	Matthew Evans	Wales		46.20m
2005	I	HT	1	James Bedford	England	Humberside	63.99m
2005	I	HT	2	Richard Al-Ameen	England	London	56.39m
2005	I	HT	3	Andrew Kenneally	Ireland		52.39m
2005	I	JT	1	Alex Shepherd	England	Staffordshire	55.22m
2005	I	JT	2	Brett Byrd	England	Staffordshire	54.13m
2005	I	JT	3	Michael John	Wales		52.42m
2006	I	100m	1	Richard Kilty	England	Cleveland	10.78s
2006	I	100m	2	Yusaf Aliu	England	Cleveland	10.88s
2006	I	100m	3	Gerard O'Reilly	Ireland		11.17s
2006	I	200m	1	Chris Tandi	England	Hampshire	21.74s
2006	I	200m	2	Tony Corrigan	England	Cheshire	22.16s
2006	I	200m	3	Gerard O'Reilly	Ireland		22.44s
2006	I	400m	1	Jordan McGrath	England	West Midlands	48.90s
2006	I	400m	2	Dwayne Blake	England	Buckinghamshire	49.08s
2006	I	400m	3	Tom Miller	Wales		49.51s
2006	I	800m	1	Niall Tuohy	Ireland		1m 55.00s
2006	I	800m	2	Adam Moore	England	Berkshire	1m 55.64s
2006	I	800m	3	George Martin	England	Berkshire	1m 56.59s
2006	I	1500m	1	Richard Peters	England	Avon	4m 00.46s
2006	I	1500m	2	Ross Millington	England	Gtr. Manchester	4m 00.50s
2006	I	1500m	3	Ian Ward	Ireland		4m 01.62s
2006	I	3000m	1	Simon Horsfield	England	Gtr. Manchester	8m 42.40s
2006	I	3000m	2	Abdirisak Ahmed	England	South Yorkshire	8m 44.11s
2006	I	3000m	3	Craig Murphy	Ireland		8m 46.46s
2006	I	100mH	1	Aaron James	England	London	13.13s

2006	I	100mH	2	James McLean	England	Essex	13.24s
2006	I	100mH	3	Daniel Jenkins	Wales		13.93s
2006	I	400mH	1	Michael Baker	England	Kent	52.70s
2006	I	400mH	2	Nathan Woodward	England	Warwickshire	53.17s
2006	I	400mH	3	Chris Russell	Ireland		56.24s
2006	I	1500mST	1	Philip Norman	England	Devon	4m 20.0s
2006	I	1500mST	2	Noel Collins	Ireland		4m 22.7s
2006	I	1500mST	3	James Wilkinson	England	West Yorkshire	4m 29.0s
2006	I	3k Walk	1	Mark O'Kane	England	West Midlands	14m 17.75s
2006	I	3k Walk	2	Naill Prendebhil	Ireland		14m 20.11s
2006	I	3k Walk	3	Antonio Cirillo	Wales		14m 47.91s
2006	I	4 x 100m	1	England			42.77s
2006	I	4 x 100m	2	Ireland			43.08s
2006	I	4 x 100m	3	Scotland			44.04s
2006	I	4 x 400m	1	England			3m 19.52s
2006	I	4 x 400m	2	Ireland			3m 25.15s
2006	I	4 x 400m	3	Scotland			3m 28.88s
2006	I	HJ	1	Gary Coulter	Ireland		2.00m
2006	I	HJ	2	Jason Harvey	Ireland		2.00m
2006	I	HJ	3	Philip Collins	England	Durham	1.95m
2006	I	PV	1	Andrew Marsh	England	Staffordshire	4.50m
2006	I	PV	2	Nick Crutchley	England	West Midlands	4.00m
2006	I	PV	3	Liam Edwards	Wales		3.50m
2006	I	LJ	1	Nonso Okolo	England	Middlesex	7.11m
2006	I	LJ	2	Daniel Gardiner	England	West Yorkshire	6.67m
2006	I	LJ	3	David Quilligan	Ireland		6.62m
2006	I	TJ	1	Trevor Okoroafor	England	Surrey	14.27m
2006	I	TJ	2	Daniel Lewis	England	Middlesex	13.82m
2006	I	TJ	3	Adam Williams	Wales		13.28m
2006	I	SP	1	Jamie Stevenson	England	Channel Islands	16.52m
2006	I	SP	2	Kareem Imbert	Wales		16.06m
2006	I	SP	3	Allan Mackay	Scotland		15.37m
2006	I	DT	1	Curtis Griffith-Parker	England	London	48.89m
2006	I	DT	2	Daniel Clifford	Ireland		47.90m
2006	I	DT	3	Lee Mathurin	England	Essex	46.47m
2006	I	HT	1	Peter Smith	England	Humberside	69.23m
2006	I	HT	2	Chris Bennett	Scotland		63.55m
2006	I	HT	3	Sam Coe	England	Cumbria	62.72m
2006	I	JT	1	Daniel Pembroke	England	Buckinghamshire	61.22m
2006	I	JT	2	Michael John	Wales		57.39m
2006	I	JT	3	Stephen Reynolds	England	Durham	55.68m
2007	I	100m	1	Joshua Patrick	England	Berkshire	10.80s
2007	I	100m	2	William Ife	England	Middlesex	11.07s
2007	I	100m	3	Scott Hamilton	Ireland		11.14s
2007	I	200m	1	Antonio Infantino	England	Hertfordshire	22.02s
2007	I	200m	2	Junior Ejehu	England	Middlesex	22.21s
2007	I	200m	3	Curtis Woods	Ireland		22.52s
2007	I	400m	1	Nathan Wake	England	Hertfordshire	48.98s
2007	I	400m	2	Michael Warner	England	Nottinghamshire	49.07s
2007	I	400m	3	Scott Hughson	Scotland		49.53s
2007	I	800m	1	Mukhtar Mohammed	England	South Yorkshire	1m 58.73s
2007	I	800m	2	Adam Moore	England	Berkshire	1m 58.73s
2007	I	800m	3	Fergal Ellis	Ireland		1m 59.87s
2007	I	1500m	1	Sean Reilly	Scotland		3m 58.76s
2007	I	1500m	2	Shane Quinn	Ireland		4m 00.13s
2007	I	1500m	3	Jeremy Gilmour	England	Gtr. Manchester	4m 02.28s
2007	I	3000m	1	Abdirisak Ahmed	England	South Yorkshire	8m 48.96s
2007	I	3000m	2	Chris O'Hare	Scotland		8m 49.70s
2007	I	3000m	3	Ryan Parker	England	Bedfordshire & Lut	8m 52.79s

2007	I	100mH	1	David Guest	Wales		12.84s
2007	I	100mH	2	Jack Meredith	England	Merseyside	13.17s
2007	I	100mH	3	Ashley Wilson	England	London	13.47s
2007	I	400mH	1	Lee Hamilton	England	Cornwall	54.41s
2007	I	400mH	2	Jack Green	England	Kent	55.04s
2007	I	400mH	3	Gregor Innes	Scotland		55.56s
2007	I	1500mST	1	Tomas Cotter	Ireland		4m 20.29s
2007	I	1500mST	2	Tom Bryant	England	London	4m 22.36s
2007	I	1500mST	3	Matthew Graham	Scotland		4m 24.89s
2007	I	3k Walk	1	Antonio Cirillo	Wales		14m 12.96s
2007	I	3k Walk	2	Alex Wright	England	Somerset	14m 33.58s
2007	I	3k Walk	3	Shane Bonner	Ireland		15m 07.81s
2007	I	4 x 100m	1	Ireland			43.38s
2007	I	4 x 100m	2	England			43.63s
2007	I	4 x 100m	3	Wales			44.50s
2007	I	4 x 400m	1	England			3m 20.70s
2007	I	4 x 400m	2	Ireland			3m 23.36s
2007	I	4 x 400m	3	Scotland			3m 24.08s
2007	I	HJ	1	Jason Harvey	Ireland		1.95m
2007	I	HJ	2	Christopher Baker	England	Norfolk	1.90m
2007	I	HJ	3=	Greg Boyd	Scotland		1.85m
2007	I	HJ	3=	Mike Ehlen	England	Merseyside	1.85m
2007	I	HJ	3=	Michael Healy	Ireland		1.85m
2007	I	PV	1	Ben Gregory	England	Buckinghamshire	4.20m
2007	I	PV	2	Thomas Houlihan	Ireland		4.00m
2007	I	PV	3	Ben Reynolds	Ireland		3.80m
2007	I	LJ	1	Adam Timms	England	West Yorkshire	6.67m
2007	I	LJ	2	Kueni Igbagiri	Wales		6.59m
2007	I	LJ	3	Kadeem Greenidge-Smith	England	Hertfordshire	6.54m
2007	I	TJ	1	Kola Adedoyin	England	Surrey	14.28m
2007	I	TJ	2	Marcus Morrison	England	Kent	14.12m
2007	I	TJ	3	Timmy Harrington	Ireland		13.65mw
2007	I	SP	1	Daniel Carlin	Scotland		16.31m
2007	I	SP	2	Matthew Baptiste	England	Essex	16.31m
2007	I	SP	3	Reece Thomas	England	West Midlands	15.79m
2007	I	DT	1	Anthony Oshodi	England	Essex	48.16m
2007	I	DT	2	Steve Watson	England	Hertfordshire	47.26m
2007	I	DT	3	Daniel Carlin	Scotland		45.55m
2007	I	HT	1	Michael Jennings	England	Humberside	57.18m
2007	I	HT	2	Jay Hill	England	Cornwall	51.53m
2007	I	HT	3	Rhys Hodnett	Wales		51.42m
2007	I	JT	1	Josh Madden	Wales		57.75m
2007	I	JT	2	Ben Gibb	England	Somerset	55.39m
2007	I	JT	3	Paul Allsopp	England	North Yorkshire	53.90m
2008	I	100m	1	Deji Tobias	England	Bedfordshire & Lut	10.58s
2008	I	100m	2	William Ife	England	Middlesex	10.81s
2008	I	100m	3	Tomas Coleman	Wales		10.92s
2008	I	200m	1	Kieran Showler-Davis	England	Hampshire	21.61sw
2008	I	200m	2	Rhion Samuel	England	Middlesex	21.64sw
2008	I	200m	3	Curtis Woods	Ireland		21.87sw
2008	I	400m	1	Curtis Woods	Ireland		48.63s
2008	I	400m	2	Greg Loudon	Scotland		49.83s
2008	I	400m	3	Benjamin Sturgess	England	Northamptonshire	49.98s
2008	I	800m	1	Rikkie Letch	England	Surrey	1m 56.64s
2008	I	800m	2	Stuart Ross	Scotland		1m 57.10s
2008	I	800m	3	Adam Cotton	England	Staffordshire	1m 57.28s
2008	I	1500m	1	Shane Quinn	Ireland		4m 05.72s
2008	I	1500m	2	Alex Cornwell	England	Essex	4m 07.77s
2008	I	1500m	3	Jonathan Hopkins	Wales		4m 08.62s

2008	I	3000m	1	Jonathan Hay	England	Surrey	8m 38.66s
2008	I	3000m	2	Callum Hawkins	Scotland		8m 47.51s
2008	I	3000m	3	Paul Thompson	England	West Midlands	8m 58.02s
2008	I	100mH	1	Jack Meredith	England	Merseyside	12.74s
2008	I	100mH	2	Alex Nwenwu	England	Shropshire	12.92s
2008	I	100mH	3	Bem Cleary	Wales		13.53s
2008	I	400mH	1	Jack Green	England	Kent	54.59s
2008	I	400mH	2	James Forman	England	Hampshire	56.13s
2008	I	400mH	3	Tim Crowe	Ireland		56.85s
2008	I	1500mST	1	James Senior	England	Norfolk	4m 26.51s
2008	I	1500mST	2	Lachlan Oates	Scotland		4m 28.37s
2008	I	1500mST	3	Charlie Maclean	England	Somerset	4m 35.32s
2008	I	3k Walk	1	Liam Baldwin	England	Kent	14m 26.60s
2008	I	3k Walk	2	Cian McManamon	Ireland		14m 47.54s
2008	I	3k Walk	3	Jonathan Hobbs	England	Kent	14m 55.15s
2008	I	4 x 100m	1	England			42.44s
2008	I	4 x 100m	2	Ireland			44.03s
2008	I	4 x 100m	3	Scotland			44.82s
2008	I	4 x 400m	1	England			3m 25.97s
2008	I	4 x 400m	2	Ireland			3m 31.33s
2008	I	4 x 400m	3	Scotland			3m 32.47s
2008	I	HJ	1	Samuel Bailey	England	Essex	2.00m
2008	I	HJ	2	John McCafferty	Scotland		1.95m
2008	I	HJ	3	Onajite Okoro	England	West Midlands	1.90m
2008	I	PV	1	Tim Parkin	England	Northumberland	4.30m
2008	I	PV	2	Cameron Walker-Shepherd	England	Avon	4.30m
2008	I	PV	3	Lewis Newton	Wales		4.20m
2008	I	LJ	1	Dwyte Smith	England	Kent	6.96mw
2008	I	LJ	2	Ciaran Dolan	Ireland		6.66m
2008	I	LJ	3	Rhys MacDonald	England	Suffolk	6.63m
2008	I	TJ	1	Ben Williams	England	Staffordshire	15.78m
2008	I	TJ	2	Babatunde Amosu	England	Surrey	15.26m
2008	I	TJ	3	Shane Prout	Ireland		13.36m
2008	I	SP	1	Reece Thomas	England	West Midlands	17.99m
2008	I	SP	2	Anthony Oshodi	England	Essex	17.97m
2008	I	SP	3	Tomos Edwards	Wales		15.98m
2008	I	DT	1	Zane Duquemin	England	Channel Islands	53.62m
2008	I	DT	2	Darragh Hanlon	Ireland		49.61m
2008	I	DT	3	Tomos Edwards	Wales		46.27m
2008	I	HT	1	Killian Barry	Ireland		57.95m
2008	I	HT	2	Rhys Hodnett	Wales		57.39m
2008	I	HT	3	Andrew Elkins	England	Dorset	55.07m
2008	I	JT	1	Matti Mortimore	England	Suffolk	64.30m
2008	I	JT	2	Peter Snyman	England	Bedfordshire & Lut	60.60m
2008	I	JT	3	Jon Llewellyn	Wales		50.30m
2009	I	100m	1	David Bolarinwa	England	London	10.79s
2009	I	100m	2	Omas Anyanwu	England	West Midlands	10.96s
2009	I	100m	3	Jamie Sexton	Wales		11.10s
2009	I	200m	1	Jordan Arthur	England	Middlesex	22.40s
2009	I	200m	2	Anthony Young	Scotland		22.51s
2009	I	200m	3	Tom Cysworth	Wales		22.66s
2009	I	400m	1	Greg Loudon	Scotland		48.59s
2009	I	400m	2	Paul Bennett	Wales		48.99s
2009	I	400m	3	Joseph Dowling	Ireland		49.84s
2009	I	800m	1	Mark English	Ireland		1m 58.90s
2009	I	800m	2	Tom Guy	England	Staffordshire	1m 59.53s
2009	I	800m	3	Ben Akin	England	Lancashire	1m 59.59s
2009	I	1500m	1	Luke Carroll	England	Gloucestershire	3m 56.81s
2009	I	1500m	2	Ross Matheson	Scotland		4m 00.01s

2009	I	1500m	3	Connor Robinson	England	Cornwall	4m 01.07s
2009	I	3000m	1	Tom Curr	England	Gloucestershire	8m 50.77s
2009	I	3000m	2	Tadhg Grant	England	Middlesex	8m 56.73s
2009	I	3000m	3	Alistair Dearie	Scotland		8m 59.16s
2009	I	100mH	1	Daniel Needham	England	Gtr. Manchester	13.56s
2009	I	100mH	2	Adam McBraida	England	Avon	13.62s
2009	I	100mH	3	Daniel Sharrem	Wales		13.88s
2009	I	400mH	1	Ben Parkin	England	Surrey	54.40s
2009	I	400mH	2	Ben Hopkins	England	Kent	54.86s
2009	I	400mH	3	Connor Henderson	Scotland		55.86s
2009	I	1500mST	1	Jamie Crompton	England	Gtr. Manchester	4m 16.55s
2009	I	1500mST	2	Zak Seddon	England	Berkshire	4m 16.84s
2009	I	1500mST	3	Patrick Coleman	Ireland		4m 35.42s
2009	I	3k Walk	1	James Treanor	Ireland		14m 00.61s
2009	I	3k Walk	2	Oisin Oliver	Ireland		14m 07.54s
2009	I	3k Walk	3	Jonathan Hobbs	England	Kent	14m 59.06s
2009	I	4 x 100m	1	England			43.16s
2009	I	4 x 100m	2	Wales			43.75s
2009	I	4 x 100m	3	Ireland			44.48s
2009	I	4 x 400m	1	Scotland			3m 21.16s
2009	I	4 x 400m	2	England			3m 22.98s
2009	I	4 x 400m	3	Wales			3m 28.00s
2009	I	HJ	1	Kyle Henderson	Scotland		1.94m
2009	I	HJ	2	Billy Falconer	England	Essex	1.91m
2009	I	HJ	3	Jordan Roach	England	West Midlands	1.91m
2009	I	PV	1	Jax Thoires	Scotland		4.40m
2009	I	PV	2=	Lewis Newton	Wales		4.30m
2009	I	PV	2=	Aaron Kaye	England	Essex	4.30m
2009	I	LJ	1	Kyle Henderson	Scotland		6.79m
2009	I	LJ	2	James Davies	England	Lancashire	6.75m
2009	I	LJ	3	Elliot Safo	England	Surrey	6.69m
2009	I	TJ	1	Julien Allwood	England	Surrey	14.45m
2009	I	TJ	2	Joshua Bones	England	Humberside	13.51m
2009	I	TJ	3	Ben McGilligan	Ireland		12.78m
2009	I	SP	1	Matthew Halton	England	Cornwall	17.09m
2009	I	SP	2	Tom Peacock	England	Middlesex	15.34m
2009	I	SP	3	Marco Pons	Ireland		14.77m
2009	I	DT	1	Liam Biddlecombe	England	Somerset	52.41m
2009	I	DT	2	Marco Pons	Ireland		48.45m
2009	I	DT	3	Jake Armstrong	England	West Yorkshire	45.82m
2009	I	HT	1	Matthew Lasis	England	Sussex	62.23m
2009	I	HT	2	Sam Ridgway	England	Buckinghamshire	58.15m
2009	I	HT	3	James McCabe	Ireland		57.72m
2009	I	JT	1	Jon Llewelyn	Wales		62.32m
2009	I	JT	2	Steven Turnock	England	Devon	58.60m
2009	I	JT	3	Jackson Curtis	England	Oxfordshire	56.74m
2010	I	100m	1	David Bolarinwa	England	London	10.51s
2010	I	100m	2	Patrick O'Connor	Ireland		10.66s
2010	I	100m	3	Adam Gemili	England	Kent	10.73s
2010	I	200m	1	Patrick O'Connor	Ireland		21.70s
2010	I	200m	2	Jamaul Whyte	Wales		21.79s
2010	I	200m	3	Edmond Amaning	England	London	21.84s
2010	I	400m	1	Joshua Street	England	Surrey	48.85s
2010	I	400m	2	Alex Boyce	England	Merseyside	49.35s
2010	I	400m	3	Jay Younger	Scotland		50.27s
2010	I	800m	1	Tom Guy	England	Staffordshire	2m 00.03s
2010	I	800m	2	Karl Griffin	Ireland		2m 00.37s
2010	I	800m	3	Tom Watson	Scotland		2m 00.66s
2010	I	1500m	1	Charlie Grice	England	Sussex	4m 08.57s

2010	I	1500m	2	Harvey Dixon	England	Hampshire	4m 09.10s
2010	I	1500m	3	Elliott Hardee	Wales		4m 10.60s
2010	I	3000m	1	Robbie Farnham-Rose	England	Kent	9m 13.67s
2010	I	3000m	2	Andrew Monaghan	Ireland		9m 14.78s
2010	I	3000m	3	Richard Charles	England	Middlesex	9m 15.55s
2010	I	100mH	1	Nicholas Ofonagoro	England	Sussex	13.25s
2010	I	100mH	2	Ryan McParland	Ireland		13.77s
2010	I	100mH	3	Daniel Blain	Wales		13.87s
2010	I	400mH	1	Jacob Paul	England	Surrey	55.02s
2010	I	400mH	2	Sean Adams	England	Hampshire	56.76s
2010	I	400mH	3	Ewan Dyer	Scotland		57.92s
2010	I	1500mST	1	Zak Seddon	England	Berkshire	4m 19.36s
2010	I	1500mST	2	Blair Brown	England	Somerset	4m 19.87s
2010	I	1500mST	3	Danny Mullins	Ireland		4m 29.09s
2010	I	3k Walk	1	Evan Lynch	Ireland		13m 37.16s
2010	I	3k Walk	2	Nathan Duncan	England	Humberside	14m 16.65s
2010	I	3k Walk	3	Patrick Bell	Ireland		14m 21.76s
2010	I	4 x 100m	1	England			41.94s
2010	I	4 x 100m	2	Wales			43.14s
2010	I	4 x 100m	3	Ireland			43.45s
2010	I	4 x 400m	1	England			3m 22.98s
2010	I	4 x 400m	2	Scotland			3m 26.41s
2010	I	4 x 400m	3	Ireland			3m 28.64s
2010	I	HJ	1	Michael Hartley	England	Merseyside	1.92m
2010	I	HJ	2	Jack Lochans	Scotland		1.92m
2010	I	HJ	3	Jonathon Heath	England	Derbyshire	1.89m
2010	I	PV	1	Daniel Gardner	England	Hertfordshire	4.20m
2010	I	PV	2	Patrick O'Donnell	Scotland		3.90m
2010	I	PV	3	Jack Phipps	England	Surrey	3.80m
2010	I	LJ	1	Ola Amosu	England	Hertfordshire	6.89m
2010	I	LJ	2	Feron Sayers	England	West Midlands	6.72m
2010	I	LJ	3	Peter Muirhead	Scotland		6.68m
2010	I	TJ	1	Bradley Pike	England	Hertfordshire	14.75m
2010	I	TJ	2	Jimi Tele	England	Somerset	14.59m
2010	I	TJ	3	Matthew Kerr	Scotland		14.07m
2010	I	SP	1	Luke Roach-Christie	England	Middlesex	15.06m
2010	I	SP	2	Maro Itoje	England	Hertfordshire	14.92m
2010	I	SP	3	Chris Barnes	Scotland		14.52m
2010	I	DT	1	Jake Armstrong	England	West Yorkshire	53.62m
2010	I	DT	2	Gregory Thompson	England	Middlesex	50.90m
2010	I	DT	3	Chris Barnes	Scotland		45.36m
2010	I	HT	1	Callum Brown	England	Norfolk	62.83m
2010	I	HT	2	Ashley Gilder	England	Nottinghamshire	60.67m
2010	I	HT	3	Scott Wilson	Scotland		55.90m
2010	I	JT	1	Robin Danaher	England	Somerset	62.37m
2010	I	JT	2	Freddie Curtis	England	Oxfordshire	60.02m
2010	I	JT	3	Matthew Martin	Ireland		59.64m
2011	I	100m	1	Kelvin Tairou	England	Essex	10.83s
2011	I	100m	2	Thomas Williams	Wales		11.07s
2011	I	100m	3	Anax da Silva	Wales		11.08s
2011	I	200m	1	Roy Ejiakuekwu	England	Gtr. Manchester	22.26s
2011	I	200m	2	Matthew Hudson-Smith	England	West Midlands	22.88s
2011	I	200m	3	Kieran Elliot	Ireland		22.26s
2011	I	400m	1	Clovis Asong	England	Gtr. Manchester	47.04s
2011	I	400m	2	Owen Smith	Wales		49.08s
2011	I	400m	3	Danny Heald	England	Gtr. Manchester	49.10s
2011	I	800m	1	Sean Molloy	England	Kent	1m 56.20s
2011	I	800m	2	Elliot Slade	Wales		1m 56.60s
2011	I	800m	3	Jordan Bransberg	England	West Yorkshire	1m 56.93s

2011	I	1500m	1	Will Paulson	England	Gloucestershire	3m 55.40s
2011	I	1500m	2	David Harper	Ireland		3m 57.19s
2011	I	1500m	3	James Lamswood	England	Humberside	3m 57.62s
2011	I	3000m	1	Jonathan Davies	England	Berkshire	8m 47.46s
2011	I	3000m	2	Hobie Martin	England	Cornwall	8m 54.07s
2011	I	3000m	3	Ian Hartnett	Ireland		8m 59.97s
2011	I	100mH	1	Jordan Auburn	England	Sussex	13.41s
2011	I	100mH	2	Max Everest	England	Cambridgeshire	13.50s
2011	I	100mH	3	Andrew Creamer	Ireland		13.63s
2011	I	400mH	1	Jacob Paul	England	Surrey	52.72s
2011	I	400mH	2	Lolu Oluwole-Ojo	England	Surrey	54.52s
2011	I	400mH	3	Seumas Thomson	Scotland		54.89s
2011	I	1500mST	1	Matthew Seddon	England	Berkshire	4m 23.00s
2011	I	1500mST	2	Russell Mountford	Scotland		4m 24.32s
2011	I	1500mST	3	Benedict Westhenry	England	Dorset	4m 30.83s
2011	I	3k Walk	1	Evan Lynch	Ireland		12m 46.39s
2011	I	3k Walk	2	Luke Hickey	Ireland		13m 28.29s
2011	I	3k Walk	3	Alex Eaton	England	Merseyside	13m 28.31s
2011	I	4 x 100m	1	England			42.82s
2011	I	4 x 100m	2	Ireland			42.94s
2011	I	4 x 100m	3	Wales			43.66s
2011	I	4 x 400m	1	England			3m 18.32s
2011	I	4 x 400m	2	Wales			3m 23.06s
2011	I	4 x 400m	3	Ireland			3m 28.21s
2011	I	HJ	1	David Cusson	Ireland		1.90m
2011	I	HJ	2	Andrew Heney	Ireland		1.90m
2011	I	HJ	3	Robert Ferguson	Scotland		1.90m
2011	I	PV	1	Mitchell Etheridge	England	Essex	4.50m
2011	I	PV	2	Jack Devereux	England	Bedfordshire & Lut	4.15m
2011	I	PV	3	Fraser O'Rourke	Scotland		3.85m
2011	I	LJ	1	Oliver Newport	England	Surrey	7.07m
2011	I	LJ	2	Douglas Paul	Scotland		6.75m
2011	I	LJ	3	Joseph Dewar	England	Essex	6.52m
2011	I	TJ	1	Efe Uwaifo	England	Hertfordshire	14.46m
2011	I	TJ	2	Tobi Sho-Silva	England	Kent	13.93m
2011	I	TJ	3	Douglas Paul	Scotland		13.59m
2011	I	SP	1	Luke Roach-Christie	England	Middlesex	17.32m
2011	I	SP	2	Mathew Field	Wales		16.24m
2011	I	SP	3	Oliver Jager	Ireland		16.15m
2011	I	DT	1	Matthew Field	Wales		48.08m
2011	I	DT	2	Nick Holt	England	Derbyshire	42.69m
2011	I	DT	3	Michael Hanlon	Ireland		42.00m
2011	I	HT	1	Michael Painter	England	Norfolk	66.41m
2011	I	HT	2	Tom Parker	England	Kent	64.08m
2011	I	HT	3	Robert Moffatt	Ireland		57.62m
2011	I	JT	1	Huw Bevan	England	Shropshire	63.50m
2011	I	JT	2	Freddie Curtis	England	Oxfordshire	59.78m
2011	I	JT	3	Tom Norton	Wales		48.64m
2012	I	100m	1	Ronnie Wells	England	Somerset	10.79s
2012	I	100m	2	George Perkins	England	Essex	11.02s
2012	I	100m	3	Ross Maxwell	Scotland		11.10s
2012	I	200m	1	Thomas Somers	England	North Yorkshire	21.79s
2012	I	200m	2	Jermaine Hamilton	England	Essex	22.01s
2012	I	200m	3	Zak Irwin	Ireland		22.59s
2012	I	400m	1	Nicholas Petrou	England	North Yorkshire	48.59s
2012	I	400m	2	Dereece O'Callaghan	England	Bedfordshire & Lut	49.15s
2012	I	400m	3	Ben Robbins	Scotland		49.90s
2012	I	800m	1	Kyle Langford	England	Hertfordshire	1m 55.82s
2012	I	800m	2	Patrick Taylor	England	Buckinghamshire	1m 56.25s

2012	I	800m	3	Sean Chalmers	Scotland		1m 56.71s
2012	I	1500m	1	Matthew Shirling	England	Merseyside	3m 51.71s
2012	I	1500m	2	Liam Dee	England	Hertfordshire	3m 53.91s
2012	I	1500m	3	Kyran Roberts	Wales		3m 57.01s
2012	I	3000m	1	Scott Halsted	England	Berkshire	8m 37.23s
2012	I	3000m	2	Lewis Boyle	Scotland		8m 37.89s
2012	I	3000m	3	Alex Carter	England	Wiltshire	8m 39.87s
2012	I	100mH	1	Kertis Beswick	England	Surrey	13.13s
2012	I	100mH	2	Jack Lawrie	Scotland		13.5s man
2012	I	100mH	3	Robbie Clarricoats	England	Essex	13.5s man
2012	I	400mH	1	Stanley Livingston	England	Channel Islands	54.09s
2012	I	400mH	2	Aiden Davies	England	South Yorkshire	55.46s
2012	I	400mH	3	Eoghan Courtney	Ireland		56.08s
2012	I	1500mST	1	Haran Dunderdale	England	Lincolnshire	4m 18.45s
2012	I	1500mST	2	Jamaine Coleman	England	Lancashire	4m 18.87s
2012	I	1500mST	3	Connor Davies	Wales		4m 20.56s
2012	I	3k Walk	1	Alex Eaton	England	Merseyside	13m 16.62s
2012	I	3k Walk	2	Cameron Corbishley	England	Kent	13m 16.93s
2012	I	3k Walk	3	Simon Gillespie	Ireland		14m 04.33s
2012	I	4 x 100m	1	England			42.44s
2012	I	4 x 100m	2	Scotland			66.77s
2012	I	4 x 100m	3	Ireland			DNF
2012	I	4 x 400m	1	England			3m 21.59s
2012	I	4 x 400m	2	Wales			3m 26.78s
2012	I	4 x 400m	3	Ireland			3m 28.80s
2012	I	HJ	1	David Cusson	Ireland		2.02m
2012	I	HJ	2	Jamie Murtagh	Ireland		1.97m
2012	I	HJ	3	Patrick O'Connor	England	Cleveland	1.94m
2012	I	PV	1	Harry Coppel	England	Lancashire	4.93m
2012	I	PV	2	Adam Hague	England	South Yorkshire	4.60m
2012	I	PV	3	Peter O'Brien	Ireland		4.20m
2012	I	LJ	1	Joseph Dewar	England	Essex	6.78m
2012	I	LJ	2	Sam Healy	Ireland		6.59m
2012	I	LJ	3	Ross Maxwell	Scotland		6.53m
2012	I	TJ	1	Montel Nevers	England	Nottinghamshire	14.68m
2012	I	TJ	2	George Drake	England	Leicestershire & R	13.39m
2012	I	TJ	3	Christian Robinson	Ireland		13.15m
2012	I	SP	1	Kai Jones	England	Middlesex	17.13m
2012	I	SP	2	John Kelly	Ireland		16.52m
2012	I	SP	3	Joseph Watson	England	Berkshire	16.06m
2012	I	DT	1	Matthew Blandford	England	Kent	52.36m
2012	I	DT	2	Omar Reid	England	Surrey	48.30m
2012	I	DT	3	Colin Kingston	Ireland		42.41m
2012	I	HT	1	Taylor Campbell	England	Berkshire	66.73m
2012	I	HT	2	Adam King	Ireland		66.66m
2012	I	HT	3	Thomas Head	England	Essex	63.65m
2012	I	JT	1	Joseph Brown	England	Hampshire	62.84m
2012	I	JT	2	Thomas Peters	England	Nottinghamshire	62.18m
2012	I	JT	3	Stephen Rice	Ireland		63.97m
2013	I	100m	1	Fawwaz Okunola	England	London	10.95s
2013	I	100m	2	Shaun Pearce	Wales		10.97s
2013	I	100m	3	Zak Irwin	Ireland		11.04s
2013	I	200m	1	Ryan Gorman	England	Derbyshire	21.45s
2013	I	200m	2	Shaun Pearce	Wales		21.62s
2013	I	200m	3	Zak Irwin	Ireland		21.64s
2013	I	400m	1	Jacob Ness	England	Hampshire	48.81s
2013	I	400m	2	Ben Robbins	Scotland		48.90s
2013	I	400m	3	Kim Sobetie	England	Hertfordshire	48.90s
2013	I	800m	1	Christian Von Eitzen	England	Oxfordshire	1m 56.41s

2013	I	800m	2	Daniel Rowden	England	Essex	1m 56.87s
2013	I	800m	3	Jack Reid	Ireland		1m 56.87s
2013	I	1500m	1	Gavin McArdle	Scotland		3m 59.56s
2013	I	1500m	2	Christian Von Eitzen	England	Oxfordshire	4m 02.27s
2013	I	1500m	3	John Cove	Wales		4m 02.66s
2013	I	3000m	1	Gus Cockle	England	Surrey	8m 38.46s
2013	I	3000m	2	Jac Hopkins	Wales		8m 42.64s
2013	I	3000m	3	Patrick Dever	England	Lancashire	8m 42.92s
2013	I	100mH	1	Jack Kirby	England	Middlesex	13.07s
2013	I	100mH	2	Jason Foley	Ireland		13.68s
2013	I	100mH	3	Nathan Parker	England	Sussex	13.70s
2013	I	400mH	1	Joshua Brown	England	Lincolnshire	55.43s
2013	I	400mH	2	Michael Quilligan	Ireland		56.05s
2013	I	400mH	3	Josiah Filleul	England	Derbyshire	56.10s
2013	I	1500mST	1	Michael Bartram	England	Suffolk	4m 24.57s
2013	I	1500mST	2	Charlie Davis	England	Warwickshire	4m 24.57s
2013	I	1500mST	3	Aidan Thompson	Scotland		4m 24.73s
2013	I	3k Walk	1	Cameron Corbishley	England	Kent	13m 07.94s
2013	I	3k Walk	2	Aaron Egan	Ireland		13m 12.16s
2013	I	3k Walk	3	Callum Wilkinson	England	Suffolk	13m 14.66s
2013	I	4 x 100m	1	England			41.72s
2013	I	4 x 100m	2	Wales			42.67s
2013	I	4 x 100m	3	Ireland			42.86s
2013	I	4 x 400m	1	England			3m 26.17s
2013	I	4 x 400m	2	Scotland			3m 26.72s
2013	I	4 x 400m	3	Wales			3m 28.52s
2013	I	HJ	1	Keith Marks	Ireland		2.00m
2013	I	HJ	2	Paul Neale	England	Berkshire	1.97m
2013	I	HJ	3	Donagh Mahon	Ireland		1.91m
2013	I	PV	1	Charlie Myers	England	Cleveland	4.40m
2013	I	PV	2	Nikko Hunt	England	Wiltshire	4.40m
2013	I	PV	3	Joshua Hollissey-McLean	Wales		3.80m
2013	I	LJ	1	Sam Healy	Ireland		7.01m
2013	I	LJ	2	Tobi Adeniyi	England	London	6.79m
2013	I	LJ	3	Jacob Fincham-Dukes	England	North Yorkshire	6.79m
2013	I	TJ	1	Stefan Amokwandoh	England	Surrey	14.44m
2013	I	TJ	2	Toby Melville	England	Warwickshire	13.64m
2013	I	TJ	3	Darren Prout	Ireland		13.52m
2013	I	SP	1	Archie Leeming	England	Essex	15.71m
2013	I	SP	2	Anu Awonusi	Ireland		15.23m
2013	I	SP	3	Nathan Thomason	Wales		15.01m
2013	I	DT	1	Andrew Barkley	Ireland		46.51m
2013	I	DT	2	Thomas Guy	England	Essex	46.40m
2013	I	DT	3	George Evans	Scotland		46.29m
2013	I	HT	1	Adam King	Ireland		65.01m
2013	I	HT	2	Ciaran Wright	Scotland		62.27m
2013	I	HT	3	James Williams	Ireland		59.93m
2013	I	JT	1	Harry Hughes	England	Suffolk	69.30m
2013	I	JT	2	Drew McLean	Wales		57.52m
2013	I	JT	3	Marshall Childs	England	Suffolk	56.29m
2014	I	100m	1	Oliver Bromby	England	Hampshire	10.92s
2014	I	100m	2	Kesi Oludoyi	England	Hertfordshire	10.98s
2014	I	100m	3	Michael Olsen	Scotland		11.16s
2014	I	200m	1	Ryan Gorman	England	Derbyshire	21.53s
2014	I	200m	2	Toby Harries	England	Sussex	21.67s
2014	I	200m	3	Michael Olsen	Scotland		22.17s
2014	I	400m	1	Brian Masterson	Ireland		48.58s
2014	I	400m	2	Owen Richardson	England	Hampshire	48.87s
2014	I	400m	3	Matthew Pagan	England	Cheshire	49.01s

2014	I	800m	1	Daniel Rowden	England	Essex	1m 52.92s
2014	I	800m	2	Jake Heyward	Wales		1m 53.01s
2014	I	800m	3	Hassan Abdi	Wales		1m 54.21s
2014	I	1500m	1	Josh Kerr	Scotland		3m 56.23s
2014	I	1500m	2	Markhim Lonsdale	England	Durham	3m 57.61s
2014	I	1500m	3	Chris Cohen	England	Kent	3m 58.28s
2014	I	3000m	1	Kevin Mulcaire	Ireland		8m 36.76s
2014	I	3000m	2	Stephen Ferroni	England	Sussex	8m 37.85s
2014	I	3000m	3	Jamie Dee	England	Hertfordshire	8m 44.70s
2014	I	100mH	1	Jack Murphy	Ireland		13.55s
2014	I	100mH	2	Ethan Akanni	England	Kent	13.64s
2014	I	100mH	3	Michael Shields	England	Essex	13.70s
2014	I	400mH	1	Ryan James	Wales		53.45s
2014	I	400mH	2	Reuben Cole	England	Northumberland	53.61s
2014	I	400mH	3	Thomas Pitkin	England	Essex	56.02s
2014	I	1500mST	1	William Battershill	England	Devon	4m 18.15s
2014	I	1500mST	2	Archie Walton	England	Somerset	4m 18.19s
2014	I	1500mST	3	Christopher Stewart	Scotland		4m 31.34s
2014	I	3k Walk	1	Aaron Egan	Ireland		12m 59.52s
2014	I	3k Walk	2	Andrew Bell	Ireland		13m 46.07s
2014	I	3k Walk	3	Luc Legon	England	Kent	14m 18.36s
2014	I	4 x 100m	1	England			41.93s
2014	I	4 x 100m	2	Ireland			42.19s
2014	I	4 x 100m	3	Wales			42.73s
2014	I	4 x 400m	1	England			3m 18.38s
2014	I	4 x 400m	2	Wales			3m 22.01s
2014	I	4 x 400m	3	Ireland			3m 23.45s
2014	I	HJ	1	Keith Marks	Ireland		2.00m
2014	I	HJ	2	Lee Johnson	England	Bedfordshire & Lut	1.95m
2014	I	HJ	3	Lewis McGuire	Scotland		1.90m
2014	I	PV	1	Andrew Douglas	England	Hampshire	4.23m
2014	I	PV	2	Yuri Kanash	Ireland		4.03m
2014	I	PV	3	Craig Moriarty	Scotland		3.73m
2014	I	LJ	1	Patrick Sylla	England	Dorset	6.93m
2014	I	LJ	2	Matthew Miller	England	South Yorkshire	6.82m
2014	I	LJ	3	Daniel Ryan	Ireland		6.77m
2014	I	TJ	1	Kevin Metzger	England	Gtr. Manchester	14.59m
2014	I	TJ	2	Oladotun Saliu	England	Middlesex	14.07m
2014	I	TJ	3	Jordan Hoang	Ireland		13.49m
2014	I	SP	1	George Evans	Scotland		16.71m
2014	I	SP	2	Nathan Thomason	Wales		16.12m
2014	I	SP	3	William Knight	England	Staffordshire	16.03m
2014	I	DT	1	Eoin Sheridan	Ireland		55.43m
2014	I	DT	2	George Armstrong	England	West Yorkshire	54.92m
2014	I	DT	3	Andrew Barkley	Ireland		52.19m
2014	I	HT	1	Jake Norris	England	Berkshire	66.84m
2014	I	HT	2	Nathan Thomason	Wales		62.43m
2014	I	HT	3	George Marvell	England	Hertfordshire	60.11m
2014	I	JT	1	George Davies	England	North Yorkshire	70.07m
2014	I	JT	2	James Whiteaker	England	Kent	67.41m
2014	I	JT	3	Jack Magee	Ireland		58.56m
2015	I	100m	1	Kesi Oludoyi	England	Hertfordshire	10.66s
2015	I	100m	2	Camron Lyttle	England	Kent	10.70s
2015	I	100m	3	Drew McIntyre	Scotland		10.76s
2015	I	200m	1	Jona Efoloko	England	Gtr. Manchester	21.88s
2015	I	200m	2	Charles Hilliard	England	West Midlands	21.26s
2015	I	200m	3	Ben Paris	Wales		21.44s
2015	I	400m	1	Ellis Greatrex	England	Shropshire	48.83s
2015	I	400m	2	George Thomas	Wales		49.20s

2015	I	400m	3	Psalm Roberts-Nash	England	West Midlands	49.24s
2015	I	800m	1	Kevin McGrath	Ireland		1m 56.19s
2015	I	800m	2	Archie Davis	England	Sussex	1m 56.50s
2015	I	800m	3	Cameron Steven	Scotland		1m 56.73s
2015	I	1500m	1	Tom Dodd	England	West Midlands	4m 10.20s
2015	I	1500m	2	Benjamin Davies	England	Bedfordshire & Lut	4m 10.58s
2015	I	1500m	3	Robert Crowley	Ireland		4m 11.63s
2015	I	3000m	1	Adam Scott	Scotland		8m 57.03s
2015	I	3000m	2	Alasdair Kinloch	England	Kent	8m 58.24s
2015	I	3000m	3	Isaac Akers	England	Leicestershire & R	9m 00.45s
2015	I	100mH	1	Jason Nicholson	England	Northumberland	13.11s
2015	I	100mH	2	Daniel Ryan	Ireland		13.25s
2015	I	100mH	3	Harry Hillman	Wales		13.43s
2015	I	400mH	1	Joe Fuggle	England	Sussex	55.24s
2015	I	400mH	2	Alex Knibbs	England	Derbyshire	55.51s
2015	I	400mH	3	Declan Gall	Scotland		56.12s
2015	I	1500mST	1	Will Stockley	England	Wiltshire	4m 27.89s
2015	I	1500mST	2	James Beeks	England	Hampshire	4m 28.58s
2015	I	1500mST	3	Jamie McKinnon	Scotland		4m 33.02s
2015	I	3k Walk	1	Chris Snook	England	Surrey	13m 18.67s
2015	I	3k Walk	2	Tom Partington	England	Merseyside	13m 35.98s
2015	I	3k Walk	3	Geroid McMahon	Ireland		13m 58.29s
2015	I	4 x 100m	1	England			41.62s
2015	I	4 x 100m	2	Ireland(phy)			41.68s
2015	I	4 x 100m	3	Wales			42.35s
2015	I	4 x 400m	1	England			3m 18.13s
2015	I	4 x 400m	2	Wales			3m 26.72s
2015	I	4 x 400m	3	Ireland			3m 28.52s
2015	I	HJ	1	Ryan Carthy-Walsh	Ireland		2.07m
2015	I	HJ	2	Adam Jones	England	Hampshire	1.98m
2015	I	HJ	3	Joshua Hewett	England	Merseyside	1.92m
2015	I	PV	1	Andrew Douglas	England	Hampshire	4.40m
2015	I	PV	2	Craig Moriarty	Scotland		4.10m
2015	I	PV	3	Shane Martin	Ireland		4.10m
2015	I	LJ	1	Patrick Sylla	England	Dorset	7.29m
2015	I	LJ	2	Daniel Ryan	Ireland		6.96m
2015	I	LJ	3	Elliott Thorne	England	Berkshire	6.87mw
2015	I	TJ	1	Jude Bright-Davies	England	Middlesex	14.40m
2015	I	TJ	2	Osaze Aghedo	Wales		14.23m
2015	I	TJ	3	Jordan Hoang	Ireland		13.87m
2015	I	SP	1	Daniel Cartwright	England	West Midlands	17.37m
2015	I	SP	2	Leo Rowley	England	South Yorkshire	16.08m
2015	I	SP	3	James French	Ireland		15.01m
2015	I	DT	1	James Tomlinson	Wales		53.84m
2015	I	DT	2	Oliver Massingham	England	Norfolk	49.68m
2015	I	DT	3	Andrew Peck	Scotland		48.29m
2015	I	HT	1	George Marvell	England	Hertfordshire	65.74m
2015	I	HT	2	Brendan O'Donnell	Ireland		63.78m
2015	I	HT	3	Edward Jeans	England	Lancashire	62.97m
2015	I	JT	1	Fergus Cox	Ireland		58.85m
2015	I	JT	2	Ivan Tapper	Ireland		58.77m
2015	I	JT	3	Max Wyatt	England	Staffordshire	57.49m
2016	I	100m	1	Charles Hilliard	England	West Midlands	11.06s
2016	I	100m	2	Kaie Chambers-Brown	England	West Midlands	11.10s
2016	I	100m	3	David Murphy	Wales		11.14s
2016	I	200m	1	Romell Glave	England	Surrey	21.85s
2016	I	200m	2	William Hughes	England	Lincolnshire	22.06s
2016	I	200m	3	Ben Paris	Wales		22.09s
2016	I	400m	1	George Thomas	Wales		48.49s

2016	I	400m	2	Blaine Lewis-Shallow	England	Berkshire	49.21s
2016	I	400m	3	Anthony Odubote	Ireland		49.24s
2016	I	800m	1	Alex Botterill	England	North Yorkshire	1m 57.66s
2016	I	800m	2	Joshua Hulse	England	Suffolk	1m 59.29s
2016	I	800m	3	Sam Brown	Scotland		1m 59.89s
2016	I	1500m	1	Darragh McElhinney	Ireland		4m 07.15s
2016	I	1500m	2	Matthew Rawlings	England	Berkshire	4m 07.30s
2016	I	1500m	3	James Vincent	Wales		4m 08.07s
2016	I	3000m	1	Jack Goddard	England	Berkshire	8m 56.22s
2016	I	3000m	2	Matthew Willis	England	Cheshire	8m 58.73s
2016	I	3000m	3	Dominic Smith	Wales		9m 03.62s
2016	I	100mH	1	Tade Ojora	England	Berkshire	13.03s
2016	I	100mH	2	Sam Bennett	England	Essex	13.42s
2016	I	100mH	3	Sean Zygodlo	Wales		13.57s
2016	I	400mH	1	Ben Higgins	England	Leicestershire & R	54.53s
2016	I	400mH	2	Ben Lloyd	England	Hertfordshire	55.07s
2016	I	400mH	3	Anthony O'Connor	Ireland		56.10s
2016	I	1500mST	1	Finley McLearn	England	Devon	4m 31.81s
2016	I	1500mST	2	Chey Kemp	England	Berkshire	4m 32.82s
2016	I	1500mST	3	Ruarcane O'Gibne	Ireland		4m 33.88s
2016	I	3k Walk	1	Chris Snook	England	Surrey	13m 42.85s
2016	I	3k Walk	2	Andrew Carroll	Ireland		14m 19.69s
2016	I	3k Walk	3	Oisin Lane	Ireland		14m 51.01s
2016	I	4 x 100m	1	England			41.50s
2016	I	4 x 100m	2	Ireland			42.39s
2016	I	4 x 100m	3	Scotland			44.42s
2016	I	4 x 400m	1	England			3m 22.58s
2016	I	4 x 400m	2	Ireland			3m 26.52s
2016	I	4 x 400m	3	Wales			3m 27.70s
2016	I	HJ	1	Joshua Hewett	England	Merseyside	2.02m
2016	I	HJ	2	Jeremiah Keary	Ireland		1.99m
2016	I	HJ	3	Joseph McEvoy	Ireland		1.96m
2016	I	PV	1	Frankie Johnson	England	Bedfordshire & Lut	4.76m
2016	I	PV	2	Shane Martin	Ireland		4.16m
2016	I	PV	3	Lee Brown	England	Hertfordshire	4.06m
2016	I	LJ	1	Calum Henderson	Scotland		7.06m
2016	I	LJ	2	Elliott Thorne	Scotland		6.96m
2016	I	LJ	3	Alessandro Schenini	Scotland		6.87m
2016	I	TJ	1	Wesley Matsuka-Williams	England	Norfolk	15.43mw
2016	I	TJ	2	Teepee Princewell	England	Bedfordshire & Lut	15.05m
2016	I	TJ	3	Aidan Quinn	Ireland		14.05m
2016	I	SP	1	James Kelly	Ireland		17.07m
2016	I	SP	2	Thomas Hanson	Wales		16.20m
2016	I	SP	3	Victor Adebisi	England	Essex	15.49m
2016	I	DT	1	Alfie Scopes	England	Kent	51.82m
2016	I	DT	2	Jay Morse	Wales		48.26m
2016	I	DT	3	Andrew Peck	Scotland		46.67m
2016	I	HT	1	Bayley Campbell	England	Berkshire	69.08m
2016	I	HT	2	Jacob Roberts	England	Lancashire	63.83m
2016	I	HT	3	Andrew Costello	Scotland		58.81m
2016	I	JT	1	Liam Connaughton	Ireland		58.89m
2016	I	JT	2	Tom Hewson	England	Hampshire	56.37m
2016	I	JT	3	Paddy Dunne	Scotland		55.48m
2017	I	100m	1	Daniel Afolabi	England	Gtr. Manchester	11.00s
2017	I	100m	2	Jeremiah Azu	Wales		11.01s
2017	I	100m	3	Shevhone Lumsden	England	Middlesex	11.02s
2017	I	200m	1	Owain Lloyd Hughes	Wales		22.38s
2017	I	200m	2	Dylan Da Costa	England	Surrey	22.41s
2017	I	200m	3	Cameron Sprague	England	Avon	22.52s

2017	I	400m	1	Ethan Brown	England	Kent	48.01s
2017	I	400m	2	Lewis Davey	England	Lincolnshire	48.89s
2017	I	400m	3	Simon Ayers	Ireland		50.60s
2017	I	800m	1	Max Burgin	England	West Yorkshire	1m 52.37s
2017	I	800m	2	Oliver Dustin	England	Cumbria	1m 53.21s
2017	I	800m	3	Seamus Mackay	Scotland		1m 54.50s
2017	I	1500m	1	Darragh McElhinney	Ireland		3m 59.20s
2017	I	1500m	2	Yusuf Bizimana	England	Essex	4m 02.17s
2017	I	1500m	3	Remi Adebiyi	Wales		4m 04.05s
2017	I	3000m	1	Thomas Keen	England	Cambridgeshire	8m 40.92s
2017	I	3000m	2	Keelan Kilrehill	Ireland		8m 47.25s
2017	I	3000m	3	Joshua Cowperthwaite	England	Cleveland	8m 53.77s
2017	I	100mH	1	Joshua Zeller	England	Berkshire	no time
2017	I	100mH	2	Oliver Cresswell	England	Warwickshire	no time
2017	I	100mH	3	Tomos Slade	Wales		no time
2017	I	400mH	1	Ben Lloyd	England	Hertfordshire	53.35s
2017	I	400mH	2	Karl Johnson	England	Essex	54.22s
2017	I	400mH	3	Ciaran Carthy	Ireland		56.42s
2017	I	1500mST	1	Adam Searle	England	Northamptonshire	4m 28.17s
2017	I	1500mST	2	Ben Thomas	Wales		4m 29.31s
2017	I	1500mST	3	Lewis Pentecost	Scotland		4m 30.48s
2017	I	3k Walk	1	Oisin Lane	Ireland		13m 58.07s
2017	I	3k Walk	2	Liam McDonagh	Ireland		14m 58.07s
2017	I	3k Walk	3	George Wilkinson	England	Suffolk	15m 27.40s
2017	I	4 x 100m	1	England			41.59s
2017	I	4 x 100m	2	Wales			42.11s
2017	I	4 x 100m	3	Ireland			42.36s
2017	I	4 x 400m	1	England			3m 19.07s
2017	I	4 x 400m	2	Ireland			3m 26.14s
2017	I	4 x 400m	3	Scotland			3m 26.85s
2017	I	HJ	1	Benjamin Saunders	England	West Midlands	1.98m
2017	I	HJ	2	Ciaran Connolly	Ireland		1.95m
2017	I	HJ	3	Luke Okosieme	England	London	1.95m
2017	I	PV	1	Frankie Johnson	England	Bedfordshire & Lut	4.61m
2017	I	PV	2	Glen Quayle	England	Isle of Man	4.21m
2017	I	PV	3	Matt Chandler	Scotland		4.11m
2017	I	LJ	1	Dominic Ogbechie	England	London	7.33m
2017	I	LJ	2	William Adeyeye	England	Essex	7.15m
2017	I	LJ	3	Joel McFarlane	Scotland		7.05m
2017	I	SP	1	George Hyde	England	Cheshire	16.14m
2017	I	SP	2	Jay Morse	Wales		15.18m
2017	I	SP	3	Lewis Byng	England	Warwickshire	14.64m
2017	I	DT	1	Philip Bartlett	England	Surrey	52.57m
2017	I	DT	2	Jay Morse	Wales		52.54m
2017	I	DT	3	Sean Mockler	Ireland		50.13m
2017	I	TJ	1	Stephen Mackenzie	Scotland		14.22m
2017	I	TJ	2	Joel Townley	England	Gloucestershire	14.15m
2017	I	TJ	3	Tom Atkinson	Wales		14.22m
2017	I	HT	1	Ben Hawkes	England	Sussex	63.86m
2017	I	HT	2	Sam Mace	England	Surrey	63.08m
2017	I	HT	3	Robert Higgins	Ireland		53.00m
2017	I	JT	1	Tom Hewson	England	Hampshire	68.16m
2017	I	JT	2	Max Law	England	Essex	59.52m
2017	I	JT	3	Conor Cusack	Ireland		55.28m
2018	I	100m	1	Raphael Bouju	England	Bedfordshire & Lut	10.64s
2018	I	100m	2	Israel Olatunde	Ireland		10.88s
2018	I	100m	3	Toby Makoyawo	England	Hertfordshire	11.03s
2018	I	200m	1	Dominic Ogbechie	England	London	21.70s
2018	I	200m	2	Evan Blackman	England	Leicestershire & R	21.88s

2018	I	200m	3	Craig Strachan	Scotland		22.19s
2018	I	400m	1	Ben Pattison	England	Hampshire	47.79s
2018	I	400m	2	Max Leslie	Scotland		49.46s
2018	I	400m	3	Oliver Briars	England	Surrey	49.99s
2018	I	800m	1	Daniel Joyce	England	Durham	1m 52.86s
2018	I	800m	2	Louis O'Loughlin	Ireland		1m 53.42s
2018	I	800m	3	Kane Elliott	Scotland		1m 54.46s
2018	I	1500m	1	Cian McPhillips	Ireland		4m 06.94s
2018	I	1500m	2	Ethan Hussey	England	North Yorkshire	4m 07.30s
2018	I	1500m	3	Oliver Lill	England	Essex	4m 10.61s
2018	I	3000m	1	Sam Charlton	England	Northumberland	8m 46.48s
2018	I	3000m	2	Mohamed Ali	England	Middlesex	8m 50.30s
2018	I	3000m	3	Sean Donoghue	Ireland		9m 01.80s
2018	I	100mH	1	Joseph Harding	England	Essex	12.85s
2018	I	100mH	2	Jordan Ricketts	England	West Midlands	13.00s
2018	I	100mH	3	Iarlaith Golding	Ireland		13.44s
2018	I	400mH	1	Oscar Heaney Brufal	England	London	54.99s
2018	I	400mH	2	Adam Rowlands	England	Middlesex	55.34s
2018	I	400mH	3	Alan Miley	Ireland		56.61s
2018	I	1500mST	1	Kristian Imroth	England	Hertfordshire	4m 21.70s
2018	I	1500mST	2	Conall McGinnesss	Ireland		4m 30.86s
2018	I	1500mST	3	Tomos Rees	Wales		4m 35.44s
2018	I	3k Walk	1	Oisin Lane	Ireland		13m 36.43s
2018	I	3k Walk	2	George Wilkinson	England	Suffolk	14m 02.33s
2018	I	3k Walk	3	Matthew Glennon	Ireland		14m 24.52s
2018	I	4 x 100m	1	England			41.54s
2018	I	4 x 100m	2	Ireland			42.60s
2018	I	4 x 100m	3	Scotland			42.82s
2018	I	4 x 400m	1	England			3m 22.08s
2018	I	4 x 400m	2	Ireland			3m 23.91s
2018	I	4 x 400m	3	Scotland			3m 24.27s
2018	I	HJ	1	Sam Brereton	England	Cornwall	2.05m
2018	I	HJ	2	Harrison Thorne	England	Berkshire	1.99m
2018	I	HJ	3	Murray Fotheringham	Scotland		1.93m
2018	I	PV	1	Jacob Clark	England	Nottinghamshire	4.41m
2018	I	PV	2	Scott Brindley	Scotland		4.31m
2018	I	PV	3	Owen Heard	England	Surrey	4.31m
2018	I	LJ	1	Theo Adesina	England	Essex	7.05m
2018	I	LJ	2	Jami Schlueter	England	Somerset	7.01m
2018	I	LJ	3	Murray Fotheringham	Scotland		6.93m
2018	I	TJ	1	Miraji Ahmed	Scotland		14.26m
2018	I	TJ	2	Archie Yeo	England	Humberside	14.19m
2018	I	TJ	3	Josh Woods	England	Hertfordshire	14.17m
2018	I	SP	1	Lewis Byng	England	Warwickshire	19.40m
2018	I	SP	2	Andrew Knight	England	Northumberland	16.71m
2018	I	SP	3	Gergely Pap	Ireland		13.49m
2018	I	DT	1	Joshua Douglas	England	Hampshire	53.73m
2018	I	DT	2	Aran Thomas	England	West Yorkshire	47.99m
2018	I	DT	3	Harry Davies	Wales		45.22m
2018	I	HT	1	Kenneth Ikeji	England	Essex	67.29m
2018	I	HT	2	Sam Gaskell	England	Lancashire	65.58m
2018	I	HT	3	Sean Maher	Ireland		58.84m
2018	I	JT	1	Max Law	England	Essex	66.69m
2018	I	JT	2	Conor Cusack	Ireland		61.88m
2018	I	JT	3	Tom Dollery	England	Somerset	56.18m
2019	I	100m	1	Joel Pascall-Menzie	England	Essex	10.84s
2019	I	100m	2	Oliver Swinney	Ireland		10.94s
2019	I	100m	3	Henry Nwoke	England	Merseyside	10.96s
2019	I	200m	1	Jeriel Quainoo	England	London	21.74s

2019	I	200m	2	Jacob Spencer	England	Warwickshire	22.09s
2019	I	200m	3	Finlay Waugh	Scotland		22.21s
2019	I	400m	1	Alex Cooper	England	Nottinghamshire	48.84s
2019	I	400m	2	Oliver Briars	England	Surrey	49.58s
2019	I	400m	3	Brodie Young	Scotland		50.04s
2019	I	800m	1	Daniel Joyce	England	Durham	1m 51.69s
2019	I	800m	2	Charlie Roberts	England	Merseyside	1m 55.62s
2019	I	800m	3	Ben Sandilands	Scotland		1m 55.70s
2019	I	1500m	1	Ethan Hussey	England	North Yorkshire	3m 54.10s
2019	I	1500m	2	Oliver Bright	England	London	3m 56.15s
2019	I	1500m	3	Benjamin Reynolds	Wales		3m 56.39s
2019	I	3000m	1	Will Barnicoat	England	Surrey	8m 22.98s
2019	I	3000m	2	Osian Perrin	Wales		8m 23.64s
2019	I	3000m	3	Alex Melloy	England	Cambridgeshire	8m 41.96s
2019	I	100mH	1	Joseph Harding	England	Essex	13.21s
2019	I	100mH	2	Joseph Purbrick	England	Cambridgeshire	13.68s
2019	I	100mH	3	Reuben Nairne	Scotland		13.77s
2019	I	400mH	1	Pyers Lockwood	England	Sussex	54.63s
2019	I	400mH	2	Will Kong	England	Lincolnshire	55.43s
2019	I	400mH	3	Harry Nevin	Ireland		57.35s
2019	I	1500mST	1	Aaron Samuel	England	Essex	4m 32.17s
2019	I	1500mST	2	Jai Sispal	England	Warwickshire	4m 33.05s
2019	I	1500mST	3	Dafydd Jones	Wales		4m 34.15s
2019	I	3k Walk	1	Matthew Glennon	Ireland		13m 26.06s
2019	I	3k Walk	2	James Hanlon	Ireland		14m 28.87s
2019	I	3k Walk	3	Nick Hart	England	Hampshire	14m 45.49s
2019	I	4 x 100m	1	England			40.75s
2019	I	4 x 100m	2	Scotland			42.17s
2019	I	4 x 100m	3	Wales			42.56s
2019	I	4 x 400m	1	England			3m 18.72s
2019	I	4 x 400m	2	Ireland			3m 25.11s
2019	I	4 x 400m	3	Wales			3m 26.50s
2019	I	HJ	1	Sam Brereton	England	Cornwall	2.09m
2019	I	HJ	2	Charlie Knott	England	Cambridgeshire	1.91m
2019	I	HJ	3	Samuel Turnbull	Scotland		1.81m
2019	I	PV	1	Reuben Nairne	Scotland		4.46m
2019	I	PV	2	George Hopkins	England	Surrey	4.36m
2019	I	PV	3	Will Foot	England	Derbyshire	4.16m
2019	I	LJ	1	Archie Yeo	England	Humberside	6.90m
2019	I	LJ	2	Jerel Livingston	England	Gtr. Manchester	6.90m
2019	I	LJ	3	Murray Fotheringham	Scotland		6.79m
2019	I	TJ	1	Daniel Falode	England	London	15.21m
2019	I	TJ	2	Michael Anderson	England	Surrey	14.25m
2019	I	TJ	3	Joshua Knox	Ireland		13.63m
2019	I	SP	1	William Hobson	England	Surrey	15.65m
2019	I	SP	2	Chris Dymishi	England	Northamptonshire	15.30m
2019	I	SP	3	Gergely Pap	Ireland		14.63m
2019	I	DT	1	James Wordsworth	England	Northumberland	52.27m
2019	I	DT	2	Harry Davies	Wales		51.77m
2019	I	DT	3	Edward Fileman	England	Devon	51.70m
2019	I	HT	1	Alex Bernstein	England	Lancashire	68.01m
2019	I	HT	2	Toby Conibear	England	Avon	59.36m
2019	I	HT	3	Danny Gracie	Scotland		56.63m
2019	I	JT	1	Adam Lloyd	England	Shropshire	61.74m
2019	I	JT	2	Tadhg O'Muircheartaigh	Ireland		61.00m
2019	I	JT	3	Luke Robinson	England	North Yorkshire	60.29m
2020	I			NOT HELD			
2020	I			NOT HELD			
2020	I			NOT HELD			
2021	I	100m	1	Rusciano Thomas-Riley	England	West Midlands	10.68s

2021	I	100m	2	Callum Webb	Wales		10.81s
2021	I	100m	3	Dylan Morgan	Wales		10.86s
2021	I	200m	1	Dean Patterson	Scotland		21.63s
2021	I	200m	2	Jac Patterson	Wales		21.71s
2021	I	200m	3	Joel Houslin	England	Hertfordshire	21.95s
2021	I	400m	1	Calvin Smith	England	Norfolk	49.06s
2021	I	400m	2	Calum McKenzie	Scotland		49.24s
2021	I	400m	3	Ben Sinclair	England	Isle of Man	49.91s
2021	I	800m	1	Kai Crawford	Scotland		1m 53.16s
2021	I	800m	2	Christopher Perkins	England	Durham	1m 53.82s
2021	I	800m	3	Danny Raymond	England	Essex	1m 54.24s
2021	I	1500m	1	Daniel Galloway	England	Shropshire	3m 55.86s
2021	I	1500m	2	Sam Mills	England	Devon	3m 57.62s
2021	I	1500m	3	Harry Colbert	Ireland		3m 57.64s
2021	I	3000m	1	Edward Bird	England	Dorset	8m 25.74s
2021	I	3000m	2	Corey Campbell	Scotland		8m 29.42s
2021	I	3000m	3	Niall Murphy	Ireland		8m 30.47s
2021	I	100mH	1	Daniel Goriola	England	Kent	13.04s
2021	I	100mH	2	Jacob Blanc	England	Essex	13.31s
2021	I	100mH	3	Adam Nolan	Ireland		13.45s
2021	I	400mH	1	Jake Minshull	England	Warwickshire	52.55s
2021	I	400mH	2	Onyekachukwu Okoh	England	Essex	53.31s
2021	I	400mH	3	Ben Heron	Scotland		56.52s
2021	I	1500mST	1	Luke Birdseye	England	Berkshire	4m 23.93s
2021	I	1500mST	2	Benedict Maguire	England	Essex	4m 26.48s
2021	I	1500mST	3	Fraser Gilmour	Scotland		4m 31.29s
2021	I	3k Walk	1	Andrew Glennon	Ireland		13m 48.37s
2021	I	3k Walk	2	Christian Hopper	England	London	13m 51.26s
2021	I	3k Walk	3	Sam O'Sullivan	Ireland		13m 59.41s
2021	I	4 x 100m	1	Wales			41.60s
2021	I	4 x 100m	2	England			41.88s
2021	I	4 x 100m	3	Scotland			41.88s
2021	I	4 x 400m	1	England			3m 20.33s
2021	I	4 x 400m	2	Scotland			3m 23.80s
2021	I	4 x 400m	3	Ireland			3m 27.29s
2021	I	HJ	1	Luke Ball	England	Avon	2.09m
2021	I	HJ	2	Geoffrey Joy O'Regan	Ireland		2.09m
2021	I	HJ	3	Jakub Walecki	England	Essex	2.03m
2021	I	PV	1	William Trott	Wales		4.45m
2021	I	PV	2	Will Lane	England	South Yorkshire	4.35m
2021	I	PV	3	Glen Morris	England	Essex	4.25m
2021	I	LJ	1	James Taylor	England	Berkshire	7.06m
2021	I	LJ	2	Kieran Cooper	Ireland		6.70m
2021	I	LJ	3	Samuel Kane	Scotland		6.54m
2021	I	TJ	1	Daniel Akinradewo	England	Gtr. Manchester	14.25m
2021	I	TJ	2	Conrad Winter	England	Norfolk	13.74m
2021	I	TJ	3	Evan Hallinan	Ireland		12.84m
2021	I	SP	1	Isaac Delaney	England	Lancashire	18.43m
2021	I	SP	2	Dafydd Pawlett	Wales		17.44m
2021	I	SP	3	Liam Shaw	Ireland		16.55m
2021	I	DT	1	Michael Jenkins	Wales		51.65m
2021	I	DT	2	Joshua Schrijver	England	Avon	47.39m
2021	I	DT	3	Caden Uzoigwe	England	Gtr. Manchester	47.15m
2021	I	HT	1	Kai Barham	England	Kent	61.56m
2021	I	HT	2	Dylan Menhennet	England	Hereford & Worcs	55.53m
2021	I	HT	3	Calum Hendry	Scotland		53.56m
2021	I	JT	1	Theo Spurrell	England	Wiltshire	69.59m
2021	I	JT	2	Aryan Padaruth	England	Middlesex	62.48m
2021	I	JT	3	Diarmuid Duffy	Ireland		59.47m

2022	I	100m	1	Yaw Afirifah-Mensah	England	Derbyshire	10.97s
2022	I	100m	2	Euan Cunningham	Scotland		11.00s
2022	I	100m	3	Mekhi Spence-Forde	England	Middlesex	11.02s
2022	I	200m	1	Dean Patterson	Scotland		21.86s
2022	I	200m	2	Kaylan Taylor	England	Middlesex	22.38s
2022	I	200m	3	Dannon Long	Ireland		22.48s
2022	I	400m	1	Otis Irwin	England	Berkshire	49.71s
2022	I	400m	2	Harry McPhee	Scotland		50.22s
2022	I	400m	3	Jack Organ	Wales		50.32s
2022	I	800m	1	Miles Waterworth	England	Sussex	1m 53.99s
2022	I	800m	2	Oakley Denson	England	Buckinghamshire	1m 54.09s
2022	I	800m	3	Jack Organ	Wales		1m 54.43s
2022	I	1500m	1	Henry Dover	England	Suffolk	3m 51.64s
2022	I	1500m	2	Oliver Patton	Scotland		3m 54.46s
2022	I	1500m	3	Will Rabjohns	England	Dorset	3m 54.89s
2022	I	3000m	1	Corey Campbell	Scotland		8m 25.70s
2022	I	3000m	2	James Dargan	England	Hampshire	8m 33.58s
2022	I	3000m	3	Darragh Mulrooney	Ireland		8m 50.35s
2022	I	100mH	1	Jaiden Dean	England	Norfolk	12.73s
2022	I	100mH	2	Noah Hanson	England	Essex	12.89s
2022	I	100mH	3	Finn O'Neill	Ireland		13.29s
2022	I	400mH	1	Samael Lunt	England	Cheshire	51.55s
2022	I	400mH	2	Fintan Dewhirst	Ireland		52.67s
2022	I	400mH	3	Ben Heron	Scotland		52.67s
2022	I	1500mST	1	Samuel Riley	England	Essex	4m 18.39s
2022	I	1500mST	2	Reiss Marshall	Scotland		4m 18.93s
2022	I	1500mST	3	Dylan Stoneman	England	Avon	4m 21.40s
2022	I	3k Walk	1	Patrick Hyland	Ireland		13m 31.26s
2022	I	3k Walk	2	Seamus Clarke	Ireland		13m 35.45s
2022	I	3k Walk	3	Ellis Simmonds	England	South Yorkshire	15m 29.52s
2022	I	4 x 100m	1	England			42.18s
2022	I	4 x 100m	2	Ireland			42.47s
2022	I	4 x 100m	3	-	-	-	-
2022	I	4 x 400m	1	England			3m 20.73s
2022	I	4 x 400m	2	Wales			3m 22.07s
2022	I	4 x 400m	3	Ireland			3m 23.00s
2022	I	HJ	1	Will Jackson	England	Lancashire	1.92m
2022	I	HJ	2	Matthew Tait	Scotland		1.92m
2022	I	HJ	3	Hayden Blunn	England	Cheshire	1.92m
2022	I	PV	1	Tobias Splain	England	Berkshire	4.25m
2022	I	PV	2	Rudi May	England	South Yorkshire	4.15m
2022	I	PV	3	Aharon Graham Mulvaney	Wales		3.85m
2022	I	LJ	1	Benjamin Patrick	Wales		7.01m
2022	I	LJ	2	D'mitri Varlack	England	Buckinghamshire	6.79m
2022	I	LJ	3	Samuel Wright	England	Essex	6.71m
2022	I	TJ	1	Jack Hilton	England	Lancashire	14.56m
2022	I	TJ	2	Emmanuel Nwachokor	England	Essex	13.98m
2022	I	TJ	3	Michael Kent	Ireland		13.24m
2022	I	SP	1	Liam Shaw	Ireland		16.45m
2022	I	SP	2	Travis Scottow	England	Hampshire	15.62m
2022	I	SP	3	Alastair Brown	England	Suffolk	15.52m
2022	I	DT	1	Teddy Gannon	England	Surrey	54.36m
2022	I	DT	2	Timi Babatunde	England	Kent	52.81m
2022	I	DT	3	Corey Scanlon	Ireland		47.78m
2022	I	HT	1	Charlie Elford-Pond	England	Hampshire	60.76m
2022	I	HT	2	Jabez Berry	England	Hereford & Worcs	58.31m
2022	I	HT	3	Callum Hendry	Scotland		58.06m
2022	I	JT	1	Lewie Jones	Wales		61.01m
2022	I	JT	2	Blaine Lynch	Ireland		54.33m
2022	I	JT	3	Andrew Scanlon	Ireland		53.36m

2023	I	100m	1	Matthew Ajayi	England	Oxfordshire	11.07s
2023	I	100m	2	David Ellington	England	Middlesex	11.16s
2023	I	100m	3	Russell Veikune	Ireland		11.17s
2023	I	200m	1	Ebuka Nwokeji	England	Northamptonshire	21.55s
2023	I	200m	2	Matthew Smart	England	Nottinghamshire	22.14s
2023	I	200m	3	Joseph Berry	Wales		22.14s
2023	I	400m	1	Stan Chevous	England	Suffolk	47.85s
2023	I	400m	2	Mickey Ayling	England	Suffolk	48.29s
2023	I	400m	3	Omar Bajo	Scotland		48.64s
2023	I	800m	1	Tom Waterworth	England	Cambridgeshire	1m 53.84s
2023	I	800m	2	Caolan McFadden	Ireland		1m 55.12s
2023	I	800m	3	Senan O'Reilly	Ireland		1m 55.71s
2023	I	1500m	1	Aldan Collier	England	Buckinghamshire	3m 57.04s
2023	I	1500m	2	Matthew Clark	England	Lancashire	3m 58.52s
2023	I	1500m	3	Conor Sherwin	Ireland		4m 02.51s
2023	I	3000m	1	Craig Shennan	Scotland		8m 35.62s
2023	I	3000m	2	Noah Harris	Ireland		8m 38.45s
2023	I	3000m	3	Gianleo Stubbs	England	Hertfordshire	8m 39.04s
2023	I	100mH	1	Rayhan Mourtada	England	Kent	13.40s
2023	I	100mH	2	Trey Corlis	England	London	13.56s
2023	I	100mH	3	Cameron Eley	Wales		13.87s
2023	I	400mH	1	Cheyne West	England	Kent	53.91s
2023	I	400mH	2	Nicolas Macguzowski1	England	Devon	54.54s
2023	I	400mH	3	Osian Parry	Wales		54.60s
2023	I	1500mST	1	Dillon Millard	England	Somerset	4m 16.98s
2023	I	1500mST	2	Andrew Baird	Scotland		4m 19.56s
2023	I	1500mST	3	Matthew Holden	Scotland		4m 24.31s
2023	I	3k Walk	1	Matthew Newell	Ireland		12m 35.66s
2023	I	3k Walk	2	Luke Fitzmaurice	Ireland		14m 33.09s
2023	I	3k Walk	3	Ellis Simmonds	England	South Yorkshire	14m 42.64s
2023	I	4 x 100m	1	England			41.20s
2023	I	4 x 100m	2	Wales			41.90s
2023	I	4 x 100m	3	Ireland			42.38s
2023	I	4 x 400m	1	England			3m 19.32s
2023	I	4 x 400m	2	Wales			3m 24.32s
2023	I	4 x 400m	3	Ireland			3m 26.36s
2023	I	HJ	1	Callum Newton	Scotland		1.90m
2023	I	HJ	2	Dylan Calvey	England	Sussex	1.90m
2023	I	HJ	3	Jack Holmes	England	West Yorkshire	1.85m
2023	I	PV	1	Rudi May	England	South Yorkshire	4.25m
2023	I	PV	2	Angus Brown	England	Hertfordshire	4.25m
2023	I	PV	3	Alex Neff	Ireland		3.85m
2023	I	LJ	1	Luca Phillips	Wales		7.15m
2023	I	LJ	2	Louis Whyte	Scotland		7.04m
2023	I	LJ	3	D'mitri Varlack	England	Buckinghamshire	6.86m
2023	I	TJ	1	Luca Phillips	Wales		14.39m
2023	I	TJ	2	David Ola	England	Kent	14.00m
2023	I	TJ	3	Louis Whyte	Scotland		13.81m
2023	I	SP	1	George Leite	England	Avon	16.52m
2023	I	SP	2	Sonny Hatch	England	Kent	15.91m
2023	I	SP	3	Thomas Hanlon	Ireland		14.81m
2023	I	DT	1	Corey Scanlon	Ireland		49.95m
2023	I	DT	2	Godwin Mutandwa	England	Hertfordshire	47.69m
2023	I	DT	3	Debare Alade	England	Kent	47.45m
2023	I	HT	1	Thomas Williams	Ireland		64.50m
2023	I	HT	2	Wyatt Larkins	England	Essex	58.90m
2023	I	HT	3	Sebastian Simpson	England	Berkshire	56.96m
2023	I	JT	1	Lewie Jones	Wales		61.34m
2023	I	JT	2	Tom Rutter	England	Hertfordshire	60.83m

2023	I	JT	3	Andrew Scanlon	Ireland		58.74m
2024	I	100m	1	Max Evans	Wales		10.85s
2024	I	100m	2	Bright Otiora	England	Middlesex	11.04s
2024	I	100m	3	Sean O'Donnell	England	Leicestershire & R	11.13s
2024	I	200m	1	Max Evans	Wales		21.43s
2024	I	200m	2	Sean Appiah	England	Essex	21.54s
2024	I	200m	3	Leon Francis	England	Surrey	21.97s
2024	I	400m	1	Rowan Whittaker	England	North Yorkshire	48.86s
2024	I	400m	2	Tobenna Okoro	England	Berkshire	48.95s
2024	I	400m	3	Rory Taylor-Young	Scotland		49.21s
2024	I	800m	1	Joshua Mungin	Scotland		1m 51.37s
2024	I	800m	2	Rafferty Mirfin	England	West Yorkshire	1m 52.15s
2024	I	800m	3	Alistair Street	Scotland		1m 53.19s
2024	I	1500m	1	Jacob Hurrell	England	Essex	3m 53.20s
2024	I	1500m	2=	Matthew Clark	England	Lancashire	3m 55.60s
2024	I	1500m	2=	Angus Wilkinson	Scotland		3m 55.60s
2024	I	3000m	1	Michael Clark	England	Norfolk	8m 32.08s
2024	I	3000m	2	Tom Webb	England	Somerset	8m 32.61s
2024	I	3000m	3	James Alexander	Scotland		8m 36.35s
2024	I	100mH	1	Lewis Shaw	England	Merseyside	12.94s
2024	I	100mH	2	Luca Phillips	Wales		13.02s
2024	I	100mH	3	Tobechi Azodoh	England	Kent	13.56s
2024	I	400mH	1	Desmond O'Neill	Ireland		54.25s
2024	I	400mH	2	Jack Keating	Ireland		54.92s
2024	I	400mH	3	Max Leon	England	Surrey	55.44s
2024	I	1500mST	1	Andrew Baird	Scotland		4m 18.98s
2024	I	1500mST	2	Harrison Stokes	England	Lancashire	4m 21.07s
2024	I	1500mST	3	Andrew Adesanya	England	Essex	4m 28.46s
2024	I	3k Walk	1	John Glennon	Ireland		13m 52.98s
2024	I	3k Walk	2	Evan Walsh	Ireland		14m 14.72s
2024	I	3k Walk	3	Fraser Higginson	Wales		15m 31.95s
2024	I	4 x 100m	1	Wales			42.03s
2024	I	4 x 100m	2	England			42.35s
2024	I	4 x 100m	3	Ireland			42.50s
2024	I	4 x 400m	1	England			3m 20.44s
2024	I	4 x 400m	2	Scotland			3m 21.54s
2024	I	4 x 400m	3	Ireland			3m 23.20s
2024	I	HJ	1	Taejan Blake	England	Nottinghamshire	1.99m
2024	I	HJ	2	Caleb McFadden	Ireland		1.94m
2024	I	HJ	3	Finley Powell	England	West Midlands	1.89m
2024	I	PV	1	Oscar Naughton	Ireland		4.03m
2024	I	PV	2	Finn Williams-Stein	England	Warwickshire	3.93m
2024	I	PV	3	Nathan Mobbs	Scotland		3.83m
2024	I	LJ	1	Luca Phillips	Wales		7.12m
2024	I	LJ	2	Daniel Emegbor	England	Hertfordshire	6.69m
2024	I	LJ	3	Jonathan Hooper	Scotland		6.46m
2024	I	TJ	1	Melchisedec Berkoh-Gyamfi	England	Essex	13.99m
2024	I	TJ	2	William Langridge	England	Dorset	13.79m
2024	I	TJ	3	Sebastian Mitchell-Fofana	Wales		13.59m
2024	I	SP	1	Lawson Capes	England	Lincolnshire	18.53m
2024	I	SP	2	Thomas Hanlon	Ireland		18.37m
2024	I	SP	3	Kieran Keane	Ireland		14.81m
2024	I	DT	1	Moyo Stumpenhusen	England	Northamptonshire	46.98m
2024	I	DT	2	Godwin Mutandwa	England	Hertfordshire	45.67m
2024	I	DT	3	Jacob McKinlay	Scotland		43.57m
2024	I	HT	1	Joshua Reibbitt	England	Cumbria	60.21m
2024	I	HT	2	Bobbie Gleeson	Ireland		55.41m
2024	I	HT	3	Soham Das	England	Berkshire	51.97m
2024	I	JT	1	Henry Watson	England	Gloucestershire	58.77m

2024	I	JT	2	Charlie Mason	England	Gloucestershire	56.81m
2024	I	JT	3	Austin Adair	Ireland		54.86m
2025	I	100m	1	Divine Iheme	England	Oxfordshire	10.47s
2025	I	100m	2	Owen Keenlyside	England	Middlesex	10.59s
2025	I	100m	3	Harry McIlwaine	Ireland		10.89s
2025	I	200m	1	Oluwatobi Ogundeko	England	Essex	21.79s
2025	I	200m	2	Ethan Heggarty	England	West Yorkshire	22.11s
2025	I	200m	3	Ben Thompson	Scotland		22.55s
2025	I	400m	1	Rowan Whittaker	England	North Yorkshire	47.55s
2025	I	400m	2	Charlie Tong	England	Middlesex	48.16s
2025	I	400m	3	Ethan Carr	Ireland		49.23s
2025	I	800m	1	Magnus Riddell	England	Northumberland	1m 53.73s
2025	I	800m	2	Ewan Sparey	England	Avon	1m 54.18s
2025	I	800m	3	Ray Taylor	Scotland		1m 54.26s
2025	I	1500m	1	Evan Grime	England	Gtr. Manchester	3m 56.70s
2025	I	1500m	2	Alistair Street	Scotland		3m 57.88s
2025	I	1500m	3	Ewan Withnall	England	Derbyshire	4m 00.12s
2025	I	3000m	1	Joseph Scanes	England	Kent	8m 38.90s
2025	I	3000m	2	Pio Aron	England	Gtr. Manchester	8m 49.08s
2025	I	3000m	3	Calum Dick	Scotland		8m 51.25s
2025	I	100mH	1	Hans Nmaju	England	Kent	13.04s
2025	I	100mH	2	Wojciech Fraczek	Ireland		13.35s
2025	I	100mH	3	Hugo Douglas-Reeves	England	Durham	13.61s
2025	I	400mH	1	Elijah Olaleye	England	London	52.95s
2025	I	400mH	2	Daniel Downey	Ireland		53.76s
2025	I	400mH	3	Brian Cullinane	Ireland		55.20s
2025	I	1500mST	1	Harry Klein	England	Surrey	4m 21.81s
2025	I	1500mST	2	Aaron Reid	Scotland		4m 23.44s
2025	I	1500mST	3	Stanley Wyatt	England	Avon	4m 24.39s
2025	I	3k Walk	1	Evan Walsh	Ireland		13m 51.09s
2025	I	3k Walk	2	Daniel Glennon	Ireland		14m 39.22s
2025	I	3k Walk	3	Trejan Checheku-Boamah	England	Kent	15m 37.17s
2025	I	4 x 100m	1	England			41.66s
2025	I	4 x 100m	2	Ireland			42.53s
2025	I	4 x 100m	3	Wales			43.35s
2025	I	4 x 400m	1	England			3m 17.29s
2025	I	4 x 400m	2	Ireland			3m 19.55s
2025	I	4 x 400m	3	Wales			3m 24.21s
2025	I	HJ	1	Daniel Obike	England	Kent	1.92m
2025	I	HJ	2	Eli Adams	England	Northumberland	1.92m
2025	I	HJ	3	Babatunde Smith	Ireland		1.89m
2025	I	PV	1	Max Merriman	England	Surrey	4.35m
2025	I	PV	2	Nathan Mobbs	Scotland		4.25m
2025	I	PV	3	Liam Nicholls	England	Cheshire	4.05m
2025	I	LJ	1	William Launder	England	Dorset	7.08m
2025	I	LJ	2	Daniel Emegbor	England	Hertfordshire	7.06m
2025	I	LJ	3	Ryan Onoh	Ireland		6.85m
2025	I	TJ	1	Tito Odunaike	England	Middlesex	15.52m
2025	I	TJ	2	Harley Henry	England	Bedfordshire	15.20m
2025	I	TJ	3	Daniel Sangodele	Ireland		13.60m
2025	I	SP	1	Lawson Capes	England	Lincolnshire	18.38m
2025	I	SP	2	Harry Beard	England	South Yorkshire	16.48m
2025	I	SP	3	Liam Rohan	Ireland		15.36m
2025	I	DT	1	Moyo Stumpenhusen	England	Northamptonshire	61.48m
2025	I	DT	2	Oliver Coulibaly	England	Hampshire	49.55m
2025	I	DT	3	Liam Rohan	Ireland		48.72m
2025	I	HT	1	Aaron Axtell	England	Hampshire	57.45m
2025	I	HT	2	Jack Hancock	England	Northamptonshire	56.85m
2025	I	HT	3	Gethin Brown	Wales		54.03m

2025	I	JT	1	Ned Scott	England	Hampshire	60.72m
2025	I	JT	2	Kevin O'Shea	Ireland		57.56m
2025	I	JT	3	Henry Jones	England	Wiltshire	56.89m
2026	I	100m	1	Piers Spencer-Simms	England	Surrey	10.83s
2026	I	100m	2	Cameron Kennedy	Scotland		10.97s
2026	I	100m	3	Jayden-Roberts-Edwards	England	Essex	11.02s
2026	I	200m	1	Grindan Abrahams	England	Middlesex	21.67s
2026	I	200m	2	Lucca Tardeivel	Wales		21.95s
2026	I	200m	3	Brendan Ndambira	Ireland		21.97s
2026	I	400m	1	Victor Lamph	Ireland		48.32s
2026	I	400m	2	Jacob Narhkom	England	Essex	48.75s
2026	I	400m	3	George Connery	England	Cheshire	49.16s
2026	I	800m	1	Ewan Sparey	England	Avon	1m 52.99s
2026	I	800m	2	Nate Greig	Wales		1m 53.41s
2026	I	800m	3	Samuel Conkie	England	Cheshire	1m 53.64s
2026	I	1500m	1	Joseph Osuji	England	Cheshire	4m 02.27s
2026	I	1500m	2	Ewan Withnall	England	Derbyshire	4m 03.43s
2026	I	1500m	3	Darragh Whelan	Ireland		4m 04.81s
2026	I	3000m	1	Ruby Devereaux	Ireland		8m 26.72s
2026	I	3000m	2	Tom Ford	England	Hertfordshire	8m 36.82s
2026	I	3000m	3	Louie Muir	Scotland		8m 43.94s
2026	I	100mH	1	Emile Morti	England	Buckinghamshire	13.05s
2026	I	100mH	2	Caleb Green	England	Gloucestershire	13.11s
2026	I	100mH	3	Kyle Byrne Ward	Ireland		13.56s
2026	I	400mH	1	Elliot Cox	England	Wiltshire	54.91s
2026	I	400mH	2	Erlgean Appiahkorang--Mensah	England	Oxfordshire	56.47s
2026	I	400mH	3	Ronan Scullion	Ireland		57.09s
2026	I	1500mST	1	Teddy Murphy	England	Hertfordshire	4m 13.93s
2026	I	1500mST	2	Toby Pritchard	England	Hertfordshire	4m 25.05s
2026	I	1500mST	3	Theo Duffy	Ireland		4m 26.08s
2026	I	3k Walk	1	Timothy Perry	England	Isle of Man	13m 49.22s
2026	I	3k Walk	2	Conor Brennan	Ireland		15m 04.96s
2026	I	3k Walk	3	Sean Walsh	Ireland		15m 13.64s
2026	I	4 x 100m	1	England			41.22s
2026	I	4 x 100m	2	Ireland			41.44s
2026	I	4 x 100m	3	Scotland			43.51s
2026	I	4 x 400m	1	England			3m 20.84s
2026	I	4 x 400m	2	Ireland			3m 24.44s
2026	I	4 x 400m	3	Wales			3m 25.56s
2026	I	HJ	1	Joshua Akintolu	England	West Yorkshire	2.02m
2026	I	HJ	2	James Anderson	Scotland		1.96m
2026	I	HJ	3	Patryk Pucek	Ireland		1.90m
2026	I	PV	1	Stanley Shacklock	England	Hampshire	4.31m
2026	I	PV	2	Max Merriman	England	Surrey	4.21m
2026	I	PV	3	Fionn Naghton	Ireland		4.21m
2026	I	LJ	1	Zac Elston	England	Surrey	7.20m
2026	I	LJ	2	Kalle McKay	Scotland		7.09m
2026	I	LJ	3	Joseph Lanahan	Scotland		7.00m
2026	I	TJ	1	Jomiloju Hughes	England	London	14.65m
2026	I	TJ	2	Bryan Ikechukwu-Chime	England	Kent	14.65m
2026	I	TJ	3	Abraham Lanahan	Scotland		14.49m
2026	I	SP	1	Michael Graham	England	Northamptonshire	16.24m
2026	I	SP	2	Ameer Salaam	England	Essex	15.27m
2026	I	SP	3	Joshua Crosby	Ireland		14.28m
2026	I	DT	1	Obinna Aniebo	England	Kent	54.79m
2026	I	DT	2	Turkay Altuntas	England	Wiltshire	50.93m
2026	I	DT	3	Sam Grossmith	Ireland		42.46m
2026	I	HT	1	Rory Witcombe	England	Kent	59.72m
2026	I	HT	2	Daniel Murphy	Ireland		57.91m

2026	I	HT	3	Joshua Babalola	England	Essex	56.74m
2026	I	JT	1	Finley Dines	England	Suffolk	56.72m
2026	I	JT	2	Charlie Cook	England	Warwickshire	55.86m
2026	I	JT	3	Aidan Angilletta	Wales		48.40m

Event History

From its introduction in 1961 to 1973 the meeting was for Senior (S) age-group competitors. Since 1974 it has been solely for Intermediate (I) age-group athletes with 2 athletes from each country.

For the first 2 years only England, Scotland and Wales competed. Northern Ireland entered the competition in 1963 and, in 1968, the Irish team became an All-Ireland Schools one. England did not take part in 1982 and 1983.

In 1973, 1976 to 1981, and 1987 and 1988 A and B races were run in the races with distances of 200m to 400m.

Introduction of Events

- 1961100y, 220y, 440y, 880y, 1 mile, 120yH, 200yH, 4 x110y, HJ, PV, LJ, TJ, SP, DT, HT, JT
- 19662000mST
- 1969100m, 200m, 400m, 800m, 1500m, 100mH (to 1973), 4 x 100m - Metrification
- 1969400mH and 5000m
- 19743000m - replaced the 5000m
- 1974100mH - replaced the 110mH, 4 x 400m
- 19973k Walk